







ICMART-iSAMS 2018

ICMART XXXIII. WORLD CONGRESS ON MEDICAL ACUPUNCTURE
INTERNATIONAL SCIENTIFIC ACUPUNCTURE AND MERIDIAN SYMPOSIUM

SEPTEMBER 7-9, 2018
MUNICH, GERMANY

Sep 6, 2018
Pre-Congress
Workshops

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 Traducción en sala plenaria
 Übersetzung im Plenarsaal
Veranstaltungen mit Übersetzung
ab Seite 88



THE WORLD OF
MEDICAL ACUPUNCTURE MEETS IN MUNICH
Program



WELCOME

To the World of Medical Acupuncture in Munich

The ICMART-iSAMS 2018 will be an extraordinary and unique event which will bring together the most renowned researchers, health professionals, educators as well as medical students, stakeholders and clinical providers of acupuncture, TCM and related techniques from all over the world.

Excellent key note lectures, high quality scientific Symposia, interactive sessions, video demonstrations, workshops, panel discussions, free oral and poster presentations from sunrise to dawn will ensure your clinical and scientific update on the highest level.

Over and above, it is time to show the power of acupuncture to the world!

Acupuncture, TCM and related techniques need worldwide recognition in health systems, acceptance by policy makers and integration into best clinical practice in order to advance patient care all around the globe. This congress aims to assemble and disseminate the scientific rationale and the mindset necessary to reach this goal.

We invite you to be part of this exciting process, to support and to shape the future of the integration and implementation of acupuncture and TCM in the medical society.

The wonderful town of Munich will be the perfect place to cultivate and enjoy friendship, to exchange clinical experience, to facilitate the scientific debate and to form networks in a particularly friendly and warm atmosphere.

Welcome to Munich, the metropolis with heart.
Sincerely, your hosts and co-chairs

Dominik Irnich
Munich, Germany
Co-Chair LMU



Pan Dong Ryu
Seoul, Korea
Co-Chair iSAMS



Hedi Luxenburger
Aachen, Germany
Co-Chair DÄGfA



Konstantina Theodoratou
Athens, Greece
Co-Chair ICMART



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and speakers and chairs

ICMART-iSAMS 2018
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The local organizing team of ICMART-iSAMS Congress 2018 will take no responsibility for cancellations or postpones of individual events, change of lecturers or other kind of program changes. All information is correct to the best of our knowledge, but we cannot guarantee its accuracy and completeness. Furthermore the advertising companies take the responsibility for the content of their adverts. Reprint, duplication and electronic storage are only allowed upon approval by the publisher (July 2018).

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Dear Participants,

The German Medical Acupuncture Association DÄGfA, founded 1951 in Munich, is proud to welcome you all and to take responsibility of the ICMART-iSAMS 2018 World Congress on Medical Acupuncture.



DÄGfA is a non-profit organization which aims to foster the cultivation and promotion of medical acupuncture and TCM in science, medical education and clinical practice as well as its application to promote maintenance of public health care. It is our deepest understanding that acupuncture can be seen as a model of bridging invaluable medical experience and modern science.

It can offer a synthesis between a holistic, empathic and patient-centered approach and the safe and physiologically grounded treatment of symptoms and diseases.

In that regard, we hope sincerely that this congress will be a milestone to underscore the importance of acupuncture and methods of TCM in the promotion of health and prevention of diseases.

We wish all participants an exciting congress, enriching discussions, new ideas and experiences and in particular lots of enjoyable moments and success.

PD Dr. med. Dominik Irnich, President DÄGfA
Gabriela Huemer, MD, Vice President DÄGfA



German Medical Acupuncture Association
Deutsche Ärztegesellschaft für Akupunktur e.V. - DÄGfA
Wuertalstr. 54 · 81375 Munich · Germany

Dear Colleagues,

It is our great pleasure to welcome conference attendees to the ICMART-iSAMS 2018 Congress to be held in Munich, Germany, September 7-9, 2018.

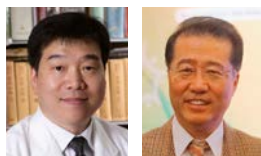


The goal of the conference is to assemble top scientists and students from all around the world in different research areas of acupuncture and herbal therapy, who will present their latest findings in clinical and experimental researches.

Through this event, we hope that complementary and conventional medicine practitioners can have a good chance to work together to open a new medical paradigm leading the 21st century to overcome incurable diseases.

We warmly welcome all attendees to Germany the first weekend of September 2018.

O.M.D. PhD Byung-Soo Ahn, President KPI
In-Jung Kang, President MAPI



Korean Pharmacopuncture Institute (KPI)
Medical Association of Pharmacopuncture Institute (MAPI)
4F, AKOM B/D, 91, Heojun-ro, Gangseo-gu, Seoul 07525 South Korea
www.pharmacopuncture.co.kr/main_eng/main.html · isams.kpi@gmail.com

Dear Colleagues,

Dear Ladies and Gentlemen,

on behalf of the Department of Anaesthesiology, University Hospital, LMU Munich I would like to welcome you warmly to the ICMART-iSAMS Congress 2018 hosted by ICMART, iSAMS, DÄGfA and LMU Munich in our hometown Munich.



Acupuncture has proven to be effective in certain conditions, but there is still need to take a deeper scientific look into mechanisms and clinical effectiveness.

This international congress will provide an excellent stage to present latest research results and to exchange experiences for researchers, health professionals, educators, medical students, stakeholders and clinical providers of Medical Acupuncture, TCM and related techniques from all over the world aiming to foster health of our patients.

I wish all of you an exciting congress and a pleasant stay in Munich.

Prof. Dr. Bernhard Zwißler
Director Department of Anaesthesiology
LMU Munich



Department of Anaesthesiology
Hospital of the Ludwig-Maximilians-University (LMU) Munich
Pettenkoferstr. 8a · 80336 Munich

It is my privilege to welcome you to the ICMART-iSAMS congress 2018. It is in fact the 33rd ICMART World Congress on Medical Acupuncture. An impressive cast of speakers has been assembled to cover a range of diverse topics.



Peruse the program and you will find there is something for everyone, whether you are an expert, an accomplished practitioner or a neophyte acupuncturist at the beginning of your career.

Cutting edge research will be presented to further your understanding of acupuncture. Clinicians will benefit from the practice orientated sessions. Munich is the home of Oktoberfest and BMW, both are iconic and add to the attraction of the city.

Look forward to meeting you at the Congress

Dr. Chin Chan
General Secretary ICMART



International Council of Medical Acupuncture and Related Techniques – ICMART
Secretary@icmart.org · GeneralSecretary@icmart.org · info@icmart.org

EUROCAM

is very pleased to see that this congress is apparently intending to blend the holistic approach of traditional medicine of the East with the more research-based approach of the West.

In China you can see that cross-fertilisation and this congress is a showcase of a similar development in the West, which is illustrated by the presentations „Acupuncture without borders“ and „Can TCM be global?“

We wish that all participants will be inspired by this approach.

Ton Nicolai, MD FFHom(Hon)
Eurocam spokesperson



As key representatives of the **European Society of Integrative Medicine** (ESIM e.V.), it is our great pleasure to welcome and greet you at the ICMART-iSAMS congress 2018.

We are happy to support this international congress, which is very important for the development of Integrative Medicine and Health in Germany and worldwide. In recent years, Integrative Medicine and especially medical acupuncture have become more and more important in patient care worldwide.

We wish you all many new insights and inspiring contacts and wonderful days in the great city of Munich.

Prof. Dr. Stefan Willich, MD, and
Prof. Dr. Benno Brinkhaus, MD
ESIM President and Treasurer



The **European CAMDOC Alliance**,

which is an umbrella organisation of CAM related doctors associations, is looking forward to welcome many doctors at the ICMART-iSAMS congress 2018.

These congresses are always an excellent opportunity to exchange with international colleagues and learn about the latest scientific research on acupuncture and related techniques.

Dr. Susanne Schunder-Tatzber,
Chairperson ECPM & Member of CAMDOC

**Dear participants of the ICMART XXIII. World Congress on Medical Acupuncture,**

on behalf of the DGfAN, I would like to welcome you to the ICMART-iSAMS Congress 2018 in Munich.

This congress is mainly organized by the DÄGfA, with whom we are linked in the ICMART board and in friendship. It is an honor for us to actively support this event as a cooperation partner and to welcome the world of acupuncture and the „Related Techniques“ in Munich. I wish you and us a wonderful congress and a fruitful exchange of knowledge!

May many old friends meet here again and many new friendships arise!

Yours **Dr. Siddhartha Papat**, MD MA
President of the DGfAN

**Dear friends, dear colleagues of acupuncture and Chinese medicine,**

on behalf of the International Society for Chinese Medicine (SMS) we are also pleased to welcome you at the ICMART-ISAMS Congress 2018 in Munich!

We congratulate PD Dominik Irrnich and his team to the exciting program that offers high-ranking speakers and lectures for both, the clinically active physician and the scientist.

Especially so because for the first time a panel and workshops are offered about Chinese herbal therapy.

Best regards
Dr. med. Rainer Nögel, President of the SMS and
Dr. Josef Hummelsberger, Vice-president of the SMS

**Dear congress participants,**

this year's congress with numerous lectures on auriculo-medicine is bringing the characteristics of this micro-system attention to the experts.

The options of pain relief and pain management in a quick and simple manner will be explained as well as innovative techniques used to detect therapeutic impediments and further on the use of implantat needles will be shown.

We hope you'll enjoy the lectures and have a lively exchange with the experts.

Dr. Bernd Ramme, MD, President of the DAA e. V.



Dear Ladies and Gentlemen,

The Icmart Congress 2017 in Mexico City was a very special scientific event. Due to the outstanding congress program of ICMART-iSAMS Congress 2018 in Munich we do expect it to be a unique event and a highlight of 2018. For those medical experts who like to intensify their knowledge, we highly recommend to participate in the congress in the heart of Munich.

Board of the German Acupuncture Society

Dr. med. Gabriel Stux
Dr. med. Jürgen Wismach

**I congratulate the organizers**

for planning such a large international congress with scientists from many countries and many cultures. As a related technique, Neural Therapy is also involved in the event with several contributions.

I wish all participants much success concerning the state of knowledge in medicine and many beautiful human encounters during the congress.

Remaining with best regards

Dr. Wolfgang Ortner, MD
President of IFMANT

**Dear Friends and Colleagues,**

It is my pleasure to participate in this great event that brings together acupuncturists from all over the world.

ICMART congresses are an excellent platform to share and exchange knowledge and experiences that enrich research and teaching of acupuncture, contributing to its better dissemination, recognition and strengthening, thus, promoting its integration into health systems worldwide and the consequent benefit to mankind.

It is an honor for the **Latin American Federation of Medical Acupuncture Societies (FILASMA)** to be part of this important scientific event and to contribute with a grain of sand to its success.

We thank and congratulate the organizers of ICMART-iSAMS Congress 2018 for the effort made, confident that all its objectives will be fulfilled.

Francisco Lozano MD, PhD, President of FILASMA

**The International Society for Japanese Kampo Medicine (ISJKM)**

is honoured to act as partner for the ICMART-iSAMS Congress 2018 on Medical Acupuncture and congratulates the organizing team to this splendid event in Munich.

Japanese Kampo Medicine is the Japanese variance of East Asian Herbal Therapy and is continuously spreading in Western countries. Our society aims to deepen the understanding of Kampo Medicine worldwide and to promote international scientific cooperation.

We wish you a successful conference and an inspiring exchange of ideas.

Dr. Heidrun Reissenweber-Hewel, MD, PhD
President of the International Society for Japanese Kampo Medicine (ISJKM)

**Dear participants of the international ICMART-iSAMS 2018,**

We are very happy that the Medical Society for Qigong Yangsheng e.V. has got the chance to participate in shaping the international ICMART-iSAMS 2018 in Munich.

Within the Related Techniques, also Qigong exercises are related to acupuncture – Qigong exercises, often named the „active part of Chinese Medicine“, are targeting self-healing energies, which exist to varying degrees in every human being.

We are sure that there will be an intense exchange on synergistic effects of the different therapeutical modalities within the field of Chinese Medicine and we hope that the congress will be a tremendous success.

Dr. Elisabeth Friedrichs
Board member of Medizinische Gesellschaft für Qigong Yangsheng e. V.



NADA is looking forward to the 33th world congress on Medical Acupuncture in Munich. Acupuncture is using the extensive ability of the organism to regulate itself.

NADA is aiming to share this medicine with as many people as possible, who are suffering in this world. Needles can become „tools for hope“ for body and soul, without borders.

NADA is hoping for us all and for you from ICMART iSAMS 2018, that acupuncture is taking a matter of course and a serious position within medicine worldwide.

Thank you for organizing this congress.

Ralph Raben, President of NADA Deutsche Sektion e.V.



Congress Presidents

Dominik Irnich	Co-Chair LMU
Pan Dong Ryu	Co-Chair iSAMS
Hedi Luxenburger	Co-Chair DÄGfA
Konstantina Theodoratou	Co-Chair ICMART
In memoriam John Longhurst †	iSAMS

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Ho Seub Song	South Korea

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Klaus Trinczek	Germany
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Astrid Bauss
Katja Hanley
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Sonja Marić

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Josef Hummelsberger	Germany
Dominik Irnich (chair)	Germany
Francisco Lozano	Mexico
Hedi Luxenburger	Germany
Vitaly Napadow	USA
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Petja Piehler	Austria
Siddhartha Popat	Germany
Ralph Raben	Germany
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Ho Seub Song	South Korea
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Claudia Witt	Switzerland
Christa Zumfelde-Hüneburg	Germany

Poster Commission / Chairs

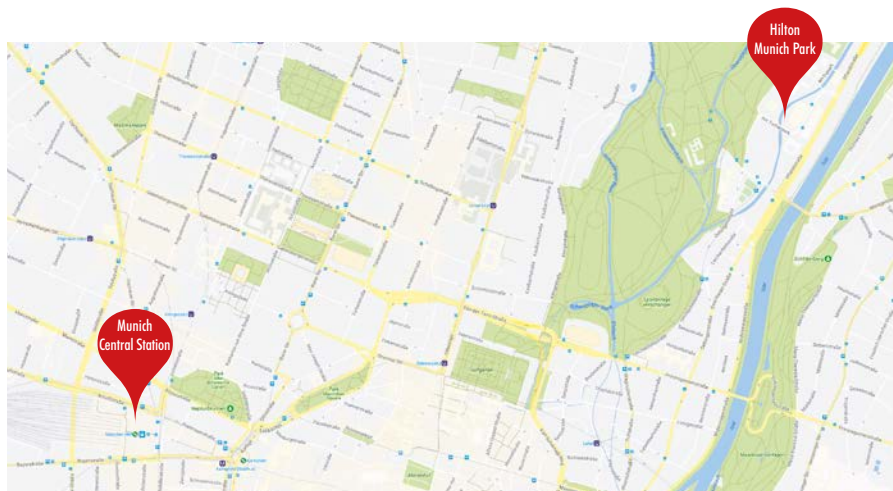
M. Hossein Ayati	Iran
Jürgen Bachmann	Germany
Winfried Banzer (chair)	Germany
Petra Bäuml	Germany
Michaela Bijak	Austria
David Carr	USA
Tomas Dawid	Uruguay
Kyeong Han Kim	South Korea
Myeong Song Lee	South Korea
Helmut Liertzer	Austria
Francisco Lozana	Mexico
Huseyin Nazlikul	Turkey
Siddhartha Popat	Germany
Raymund Pothmann	Germany
Lia Díaz Rojas	Mexico
Patrick Sautreuil	France
Marcia Yamamura	Brazil
Junsang Yu	South Korea

ICMART Award Jury

Chin Chan	Australia
Tomas Dawid	Uruguay
Dominik Irnich	Germany
Chun Lee Oei-Tan	The Netherlands
Hedi Luxenburger	Germany
Konstantina Theodoratou	Greece

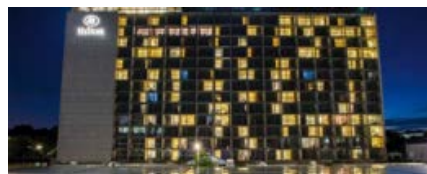
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Congress at the Hilton Munich Park

Am Tucherpark 7
80538 Munich
Tel: +49 89 3 84 50
Fax: +49 89 3 84 52 588



Hotel Information

Check-in: 16:00
Check-out: 12:00

Smoking:

Non-Smoking
This property is 100% non-smoking. A fee of up to 150 EUR will be assessed for smoking in a non-smoking room. Please ask the Front Desk for locations of designated outdoor smoking areas.

Parking:

Self parking: 28.00 (per day)
Valet: 28.00 (Valet available)

Pets:

Service animals allowed: Yes
Pets allowed: Yes
Deposit: 40.00 €(Non-Refundable)

DIRECTIONS

By train:

From Munich Central Station (Hauptbahnhof), take tram line 16 in the direction of Effnerplatz/St. Emmeram and exit at Tivolistrasse. The journey takes approximately 20 minutes. Hilton Munich Park is just a 3-minute walk from the station.

Or you can take bus No. 58 from Hauptbahnhof Nord and get off at Tivolistrasse. The journey takes approximately 19 minutes (12 stops). From here follow the signs to Hilton Munich Park, which will be a three-minute walk.

From Munich East Station (Ostbahnhof), take bus No. 54 in the direction of Münchener Freiheit. Alight at Am Tucherpark, which is directly in front of the hotel's ballroom entrance. The journey takes approximately 21 minutes.

By car from the Airport Franz Josef Strauss:

All major highways lead to the „Mittlere Ring“ road. In the north-eastern part of the ring road take exit „Tucherpark“. Follow the street app. 200 meters and turn right at the first traffic lights.

Distance from Hotel: 35 km.
Drive Time: 30 min.

By public transport from the Airport Franz Josef Strauss

To reach the hotel by public transport from the airport, follow green signs to the S-Bahn suburban railway and take train S 8 towards Munich. Exit at Munich East Station (Ostbahnhof) after approximately 30 minutes. Take bus No. 54 in the direction of Münchener Freiheit and exit at station Tucherpark. The journey takes 21 minutes and the bus stops directly in front of the hotel's ballroom entrance.

Reception at the Residenz München

Thursday, Sep 6, 2018, 19:30 - 21:30

- 19:30 **Welcome Cocktail**
- 19:45 **Bavarian Ministry of Research**
- 20:00 **The University of Munich and its Department of Anaesthesiology**
Prof. Dr. P. Conzen, LMU
- 20:15 **Traditional Korean Medicine**
iSAMS
- 20:30 **Medical Acupuncture as a Tool of Lifestyle Medicine**
Dr. K. Theodoratou, ICMART
- 20:45 **Pain: The Search for Relief**
DÄGfA



Get Together at Hilton Munich Park

Friday, Sep 7, 2018

19:00 - 23:00

Am Tucherpark 7
80538 Munich



Gala Dinner at the Nockherberg, Historic Brewery

Saturday, Sep 8, 2018

19:00

Join us in celebrating a successful ICMART-iSAMS 2018 at the congress Gala Dinner. Enjoy Bavarian culture live at one of the oldest breweries of Munich, the PAULANER at Nockherberg. Be enchanted by its traditional yet modern flair and experience Bavarian tradition with Dirndl, Lederhosen, beer and its well-known hospitality.



- Shuttle buses from the congress venue (main entrance of Hilton Munich Park) to the Nockherberg will depart at 18:30
- Shuttle buses from the Nockherberg back to the congress hotel are available between 22:00 and 01:00



ICMART Science Award in Acupuncture and Related Techniques 2018

This is the main award of ICMART, which will be presented at each ICMART-congress. It recognizes an outstanding scientific contribution in the field of acupuncture, TCM and related techniques. Submission requires innovative and excellent scientific projects either in basic research or in clinical research published in a peer reviewed journal. The ICMART Science Award is valued at 1.000 Euro. In addition, ICMART will cover travel costs of up to 500 Euro and the congress fee for one author.



ICMART Science Award Winner Lecture at ICMART-iSAMS 2018 Symposium 20 – The Best Way to Do Research

on Saturday, September 8, 2018, 15:20

Submission for ICMART Science Award 2019 Australia

The ICMART Science Award 2019 will be presented at the upcoming ICMART congress in Australia, Gold Coast. Submission deadline is the 1st of August, 2019. Please submit the required documents to science@icmart.org.

ICMART-3B Young Scientists Travel Award 2018 (4 awards)

The Young Scientists Travel Award is supposed to encourage young researchers of promise on whom the progress in the field of acupuncture, TCM and related techniques depends. It recognizes four science projects addressing any topic related to acupuncture, TCM or related techniques – whether it is etiology, pathophysiology, diagnosis or therapy of symptoms or diseases. All submitted abstracts compete for a limited number of 4 Travel Grants.

Each of the four Young Scientists Travel Awards is valued at 500 Euro in order to cover travel costs to the ICMART-congress. In addition, the awardees have free congress admission. Physicians, scientists, medical students and other healthcare providers currently in residency or fellowship programs or no more than three years after obtaining their final degree are eligible for application.

Winner at ICMART-iSAMS 2018

- **S. Blum, Austria:** Skin Temperature of Neonates Undergoing Laser Acupuncture at Large Intestine 4 Using Thermography. **Friday, September 7th, 2018 14:20 in Symposium 11**
- **G. Schultz, Germany:** Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students- A Randomized Controlled Trial. **Saturday, September 8th, 2018 11:55 in Symposium 13**
- **M. Elsheik, Egypt:** Effect of Laser Acupuncture on Exhaled Inflammatory Bio-markers in Chronic Bronchial Asthma. **Saturday, September 8th, 2018 11:40 in Symposium 17**
- **M. Tesfaye, Ethiopia:** Acupuncture versus Patient Education: a Nonrandomized, Open-Label, Controlled, Longitudinal Observational Study **Sunday, September 9th, 2018 12:40 in Symposium 25**

ICMART Poster Awards

8 Poster Awards 2018 offered at ICMART-iSAMS 2018

- 2 DÄGfA Poster Awards 2018 sponsored by the German Medical Acupuncture Association
 - 2 KPI Poster Awards 2018 sponsored by the Korean Pharmacopuncture Institute
 - 2 MAPI Poster Awards 2018 sponsored by the Medical Association of Pharmacopuncture Institute
 - 1 IFMANT Poster Award 2018 sponsored by the International Federation of Medical Associations for Neural Therapy
 - 1 SAMAG Poster Award 2018 sponsored by the Scientific Association of Medical Acupuncture in Greece
- Each of the eight poster awards is valued at 250 Euro.

Poster awards will be presented at the closing ceremony of the ICMART-iSAMS 2018.
Sunday, September 9th, 2018

Awardees must be present at this ceremony.
In case of absence the respective award will not be attributed.

General Information on ICMART awards and submission at the ICMART homepage:
www.icmart.org and at science@icmart.org

Friday, September 7, 2018 8:00 - 19:00

Saturday, September 8, 2018 8:00 - 19:00

Sunday, September 9, 2018 8:00 - 16:00

Demonstration and Practice Room

Use the Demonstration and Practice Room to show your most successful techniques or try new ones. In this room you will find benches, acupuncture material and safety equipment. Sabine Schierl and Klaus Trinczek, cooperative heads of the Education Centre of the German Medical Acupuncture Association (DÄGfA), and their team will be ready to provide assistance.

The Demonstration and Practice Room will be open from 8:00 to 19:00 on Friday and Saturday (Sep. 7-8, 2018) and from 8:00 to 16:00 on Sunday (Sep 9, 2018).

09:00	Students Day 09:00 - 13:00 Ballroom C Hua, Drebinger, Irnich, Fleschutz, Koutoulaki, Streifler	W1 09:00 - 13:00 Ballroom B The Art of Triggerpoint Acupuncture Irnich, Behrens, Colling	W2 09:00 - 13:00 Van Gogh LIQUIDAKUPUNKTUR – schnell gegen Schmerzen Ramme	W3 09:00 - 13:00 Picasso/Dalí Healing with Spiritual Acupuncture Stux	W4 09:00 - 13:00 Ballroom A Nü Zi Qigong – Qigong for Women 女子气功 Mietzner	W5 09:00 - 13:00 Cezanne „Quick Response Acupuncture in Common Acute Conditions: Effective Tools for Your Clinic and Acute Care Facilities“ Lozano, Díaz Rojas, Dawid, Chaibún, Yamamura,
13:00						
14:00	Students Day 14:00 - 18:00 Ballroom C Hua, Drebinger, Tutors of DÄGfA	W6 14:00 - 18:30 Ballroom B Microsystems – from Head to Toe Gleditsch, Behrens, H.P. Ogal, Riehl, Arnstadt	W7 14:00 - 18:30 Van Gogh Chinesische Phytotherapie bei chronisch-entzündlichen Darmerkrankungen (CED) Brommer	W8 14:00 - 18:30 Ballroom A Qigong Exercises from the „Frolics of the 5 Animals“ by Jiao Guorui Friedrichs	W9 14:00 - 18:30 Picasso/Dalí Introduction to Neural Therapy Liertzer, Piehler, Popat	W10 14:00 - 18:30 Cezanne How to Treat Children with „Integrative“ Acupuncture – Having Fun and Rapid Success M. Ogal
19:00	Reception (19:30 - 21:30) Munich Residenz					



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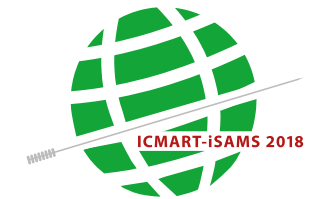
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KRONEN APOTHEKE WUPPERTAL
 APOTHEKE UND MANUFAKTUR FÜR INDIVIDUELLE MEDIZIN

Spezialgebiete
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 Traditionelle Japanische Medizin • Pao Zhi • Hydrophile Konzentrate • Proteomik

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07:30	B1 07:30 - 08:45 Cezanne Treating Disorders of the Locomotor System and Raynaud`s Syndrome Liertzer, Popat, Reljanović, Enev, Behrens, Alp	B2 07:30 - 08:45 Van Gogh History and Application Fields of Acupuncture and TCM Revisited Ots, Bäumlner, Fiala, Stübinger, Luzina-Chju, Fiorini	Q1 07:30 - 08:30 Terrace/Ballroom A Qigong Mietzner
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M1 07:30 - 08:30 Picasso/Dalí Meditation
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09:00	S1 09:00 - 10:30 Ballroom A Regulation and Standards of Education in Medical Acupuncture Watanabe, Chan, Theodoratou, Elenkova, Genschow, Trincekz, Burgoon, Chan	S2 09:00 - 10:30 Ballroom B The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain Audette, Dobos, Kohl, Hau, Irnich	S3 09:00 - 10:30 Ballroom C Diversity of Acupuncture-Related Techniques – Laser Acupuncture Banzer, Piehler, Bahr, Ayati, Langhorst, Reininger
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S4 09:00 - 10:30 Cezanne Acupuncture in Psychiatry – Evidence and Innovations Musil, Martin, Schottdorf, Zwinczewska, Bidon	S5 09:00 - 10:30 Van Gogh Korean Medicine and Pharmacupuncture Luxenburger, Ryu, K.H. Kim, Yu, Song	S6 09:00 - 10:30 Picasso/Dalí Nonspecific and Specific Effects of Qigong in the Treatment of Symptoms and Disorders? Friedrichs, Bijak, Hildenbrand, Winkler
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10:30 Coffee Break 10:30 - 11:00

11:00 **Opening Ceremony 11:00 - 12:30**
Room: Ballroom A/B/C

12:30	PO1 12:30 - 13:00 Rumford Acupuncture and Herbal Medicine – Indications Beyond Pain	PO2 12:30 - 13:00 Rumford Safety Aspects in
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12:30 **Acupuncture Practice**

PO3 12:30 - 13:00 Rumford Acupuncture in Neonates, Pregnancy Care and Labor
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13:00 Lunch Buffet 13:00 - 14:00

14:00	S7 14:00 - 15:45 Ballroom A Acupuncture in International Health Strategies Luxenburger, Theodoratou, Ahn, Burgoon, Chan, Choi, Lozano, Irnich, Nicolai, Zhang Qi	S8 14:00 - 15:45 Ballroom B Highly Sensitive Patients: Can Science Teach Us to Treat Them with Acupuncture? Treede, Harris, Audette, Kong, Cuignet, Bäumlner	S9 14:00 - 15:45 Ballroom C New Studies and Experiences in Musculoskeletal Disorders (Musculoskeletal I) Bachmann, Mazzanti, Ayati, Simma, Ural, Popat, Liertzner
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13:15 - 13:45 **Akupunktur und Recht** Picasso/Dalí

S10 14:00 - 15:45 Cezanne Allergy - Experience, Evidence and New Horizons Brinkhaus, Meyer, Hauswald, Kretschmann, Marić, Mücher	S11 14:00 - 15:45 Van Gogh Acupuncture and TCM for Optimizing Pediatric Care M. Ogal, Stockert, Pothmann, Blum, Zwinczewska, Amarell, Siedentopp	S12 14:00 - 15:45 Picasso/Dalí Basic Research Ryu, Torres Rosas, Chizhykova, In, Santana, Hong, Saputra, B.H. Lee
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15:45 Coffee Break 15:45 - 16:15

16:15 **P1** Plenary 1 · 16:15 - 17:00 Ballroom A/B/C
Acupuncture and Related Techniques in the Face of the Opioid Crisis Dobos

17:15 **P2** Plenary 2 · 17:15 - 18:00 Ballroom A/B/C
Can Acupuncture Influence Consciousness? Chapman

18:00 ICMART General Assembly 18:00 - 19:30 Ballroom A/B/C

19:00 **Get-Together 19:00 - 23:00**

19:00 **Get-Together 19:00 - 23:00**



07:30	B3 07:30 - 08:45 Cezanne Anaesthesia – Acupuncture and Related Techniques in the Perioperative Care Setting Conzen, Usichenko, Reiter, Chaibún, Reither, Amarell	B4 07:30 - 08:45 Van Gogh Measuring the Physiological Response to Acupuncture Yu, Saha, Kovalenko, Santana, Kang, Stamer	B5 07:30 - 08:45 to be announced Breakfast Together with the Editors-in-Chief of JAMS, EUJIM, AIM and DZA Ryu, Carr, Robinson, Ots
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Q2 07:30 - 08:30 Terrace/Ballroom A Qigong Mietzner	M2 07:30 - 08:30 Picasso/Dalí Meditation
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09:00	P3 Plenary 3 · 09:00 - 09:45 Ballroom A/B/C Can TCM Be Global? Unschuld	
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09:45	P4 Plenary 4 · 09:45 - 10:30 Ballroom A/B/C Acupuncture, Evidence and Clinical Practice Guidelines – Is There Synergy? Robinson	
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10:30 Coffee Break 10:30 - 11:00

11:00	S13 11:00 - 12:30 Ballroom A Excellence in Ear Acupuncture – Innovations and Open Questions Bahr, Ots, Volf, Shelev, Schulz, W. Stör	S14 11:00 - 12:30 Ballroom B Acupuncture in Anaesthesiology – Implementation and New Horizons Zwißler, Chapman, Usichenko, Irmich, Xing, Torres Rosas	S15 11:00 - 13:00 Ballroom C Innovations and Reports – A Trip Around the World Genschow, Chan, Dawid, Hor, H.J. Lee, Luxenburger, Stockert, Tehrani, Theodoratou
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S16 11:00 - 12:30 Cezanne Diabetes as an Inflammatory Disease: Evidences in Treatment and Management with TCM Lozano, Schaible, Panhofer, Díaz-Rojas, Yamamura, Carr	S17 11:00 - 12:30 Van Gogh Hot Topic: Randomized Controlled Trials in Polyneuropathy, Piriformis Syndrome, Fibromyalgia and Asthma Bronchiale M.S. Lee, Audette, J. Stör, Cabioğlu, Elsheikh, Nazlikul	S18 11:00 - 13:00 Picasso/Dalí Chinese Herbal Medicine – Efficacy and Safety Oei-Tan, Hummelsberger, Wiebrecht, Lao, Truong Tan Trung
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12:30	PO4 12:30 - 13:00 Rumford Acupuncture as a Component of Integrative Healthcare	PO5 12:30 - 13:00 Rumford Discovering the Efficacy of
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Acupuncture in Neuropathic Pain	PO6 12:30 - 13:00 Rumford Distinct Acupuncture Stimulation Techniques a. Influence of Expectation
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13:00 Lunch Buffet 13:00 - 14:00

QZ-Meeting 13:00 - 14:00 Room:TBA · Editorial Board Meeting DZA 13:00 - 14:00 Room: TBA

14:00	S19 14:00 - 15:45 Ballroom A Bringing the Autonomic Nervous System into Balance Schaible, Lao, J. Zhang, Minguell Martin	S20 14:00 - 15:45 Ballroom B The Best Way to Do Research Witt, Napadow, Carr, M.S. Lee	S21 14:00 - 15:45 Ballroom C Overcoming Obstacles and Pitfalls in Acupuncture Lozano, Hummelsberger, Strittmatter, Burgoon, Chaibún, Dawid, Osztovcics
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S22 14:00 - 15:45 Cezanne Musculoskeletal Disorders II and Migraine K.H. Kim, Behrens, Bachmann, Ong, Mazzanti, Popat, Stephan	S23 14:00 - 15:45 Van Gogh Strengthening the Middle: Japanese Kampo Medicine in Gastroenterology Reissenweber-Hewel, Watanabe, Cameron	S24 14:00 - 15:45 Picasso/Dalí Acupuncture Can Improve Neuropathic Pain Ayati, Reith, Pollmann, Sautreuil, Chan, S. Lee, Poini
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15:45 Coffee Break 15:45 - 16:15


16:15	P5/6/7 Plenary P5/6/7 · 16:15 - 18:00 Room: Ballroom A/B/C „George Lewith Memory Lecture“ Brinkhaus, Witt, Linde	
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19:00 **Gala Dinner 19:00 Nockherberg**



07:30	B6 07:30 - 08:45 Cezanne High Level of Experience – New and Old Opportunities of Acupuncture Behrens, Cuignet, Reith, Fildan, Günter, Nepp	B7 07:30 - 08:45 Van Gogh Traditional Chinese and Korean Medicine Meets Modern Science Nazlikul, Song, Yoo, Yu, Ozerkan, Muraközy, Kara	Q3 07:30 - 08:30 Terrace/Ballroom A Qigong Mietzner
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M3 07:30 - 08:30 Picasso/Dalí Meditation
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09:00	P8/9/10 09:00 - 10:30 Ballroom A/B/C  Traces of Acupuncture in the Brain Napadow, Harris, Beissner
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10:30 Coffee Break 10:30 - 11:00

11:00	S25 11:00 - 13:00 Ballroom A Integration and Modulation of Acupuncture for Better Health Care Chan, Theodoratou, H.J. Lee, Ots, Siedentopp, Behrens, Tesfaye	S26 11:00 - 12:30 Ballroom B  Digging Deep in the Tradition of Acupuncture and TCM Pothmann, Dawid, Unschuld, Engelhardt, Hammes	S27 11:00 - 13:00 Ballroom C Acupuncture Without Borders – How to Improve Health after Disasters Raben, Luxenburger, Wenus, Pimentel-Paredes, Takayama, Friedrichs, Henry
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S28 11:00 - 12:30 Cezanne Acupuncture in Gynecology and Reproduction Medicine Lozano, J. Stör, Pelletier-Lambert, Cayir, Martin	S29 11:00 - 12:30 Van Gogh New Insights into Neural Therapy Saha, Piehler, Nazlikul, Haller, Ural	S30 11:00 - 12:30 Picasso/Dalí Acupuncture Science: From Mechanism towards Clinical Effectiveness Banzer, Audette, Raith, Bäumlner, Moldenhauer
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12:30	PO7 12:30 - 13:00 Rumford Advances in Diagnosis a. Treatment of Musculoskeletal Disorders	PO8 12:30 - 13:00 Rumford Applications of Acupuncture
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PO9 12:30 - 13:00 Rumford New Trends in Research on Acupuncture a. Traditional Herbal Medicine

13:00 Lunch Buffet 13:00 - 14:00

Berufsverband Deutscher Akupunktur-Ärzte 13:00 - 14:00 to be announced

14:00 **Closing Ceremony and Awards 14:00 - 15:00 Room: Ballroom A/B/C**

15:00	MW1 15:00 - 16:30 Ballroom A Neural Therapy for Acupuncture Non-Responders – Headache Conference Wander	MW2 15:00 - 16:30 Ballroom B Microsystems and Beyond – The Trauma-Dissolving Approach Gleditsch	MW3 15:00 - 16:30 Ballroom C Auricular Causative Diagnosis: Approach for The Treatment of Acute and Chronic Locomotor Conditions Volf
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MW4 15:00 - 16:30 Cezanne Leitbahnergetik Hempten	MW5 15:00 - 16:30 Van Gogh TBA TBA
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16:30 **Fingerfood and Music 16:30 -17:30**

Thursday, September 6, 2018 · 09:00 – 18:00
Students Day

The Students Day aims to foster exchange of students, who are active or interested in acupuncture, TCM and related technics.

Impulse lectures, experiences and interactive workshops will serve as basis of discussion which aims to implement complementary methods and holistic thinking into students' activity. The main questions will be "How to enforce acupuncture at my university?", "How to build up interest groups?" and "How can I be successful in promoting teaching and research in my clinic as a young doctor?".

An important part will be interactive workshops to share important content-related and methodological experiences and to learn together.

Organized by Kevin Hua and Daniel Drebingler, medical students and tutors at the German Medical Acupuncture Association (DÄGfA)



Thursday, September 6, 2018 · 09:00 – 18:00
Students Day

Time	Topic	Speaker
09:00	Welcome	Kevin Hua, Germany Daniel Drebingler, Germany
09:05	Overcoming Barriers in Promoting, Teaching and Research in Acupuncture at the University, as a Student, as a Young Resident and as a Professor – Report from 30 Years of Experience	Dominik Irnich, Germany Co-Chair ICMART-iSAMS 2018
09:30	Plenum Discussion: Clinical Education in Acupuncture	Plenum
10:00	Lecture 1: Impressions of the Course „Pain and Acupuncture“ at the University of Erlangen-Nuremberg	Kathrin Fleschutz, Germany
10:30	Lecture 2: Perception of Acupuncture in Greece and Sweden	Emmanouela Koutoulaki, Greece
11:00	Coffee Break	
11:15	Lecture 3: Acupuncture for Postoperative Pain after Abdominal Surgery for Gynecological Diseases: Lessons Learnt from conduction of a RCT	Wing Lok Lam, Hong Kong
11:45	Workshop 1: Qi-Gong, Acupressure	Daniel Drebingler, Germany Kevin Hua, Germany
12:30	Lecture 4: Insomnia and Chronobiology in Traditional Chinese Medicine	Antje Streifler, Germany
13:00	Lunch Break	
14:00	Workshop 2: How to Solve Pain Problems	Daniel Drebingler, Germany
15:15	Lecture 4: Case Report	Tutors of DÄGfA
15:45	Coffee Break	
16:00	Qi-Gong	Daniel Drebingler, Germany Kevin Hua, Germany
16:30	Closing Discussion	
17:00	Social Program	

Room: Workshop 1
Ballroom B 09:00 - 13:00

W1 The Art of Triggerpoint Acupuncture

Workshop of the German Medical Acupuncture Association (DÄGfA)
N. Behrens, C. Colling, D. Irnich

It is a successful and recognized form of therapy for myofascial pain and limited mobility. The causes and pathophysiology of trigger point formation, the diagnostic procedure, anatomical functional relationships, parallels to classical acupuncture and psychosomatic aspects are discussed. The associated needle technique of dry needling is practiced. The therapy of the most important trigger points is demonstrated with examination techniques and muscle stretches.

We will also cover the subject "The Art of Trigger Point Acupuncture". This includes optimizing patient-doctors relationship, reading the language of each muscle or muscle group, mastering different technics of dry needling, and understanding muscle, fascia and respective posture as an individual expression of an individual human being. This goes far beyond simple triggerpoint acupuncture.

Room: Workshop 2
Van Gogh  09:00 - 13:00

W2 LIQUIDAKUPUNKTUR – schnell gegen Schmerzen

Workshop of the German Academy for Acupuncture (DAA)
Workshop in German, no translation
B. Ramme

Handschriftenbeschreibung nutzt das wissenschaftlich belegte Prinzip der der Ohrakupunktur zu Grunde liegenden Reflexlokalisationen. Damit wird dem Arzt ein Verfahren an die Hand gegeben, das speziell bei Patienten mit akuten und chronischen Schmerzzuständen überraschend schnellen Erfolg bringt. Zum Einsatz kommen dabei je nach Beschwerdebild des Patienten geeignete Lokalanästhetika oder spezifische homöopathische Komplexpräparate. Das Verfahren ist auf Grund seiner einfachen Handhabung schnell erlernbar, lässt sich auch im stark frequentierten Praxisbetrieb gut integrieren, ist auch im Hausbesuch anwendbar und wird von den Patienten gerne angenommen. Die Erfolgsquoten liegen nach ein bis drei Behandlungen je nach Akuität beziehungsweise Chronizität der Krankheitsfälle zwischen 75 bis 90 Prozent.

Im Workshop wird das konkrete Vorgehen in Patientendemonstrationen gezeigt und häufige Punktlokalisationen werden vermittelt.

Room: Workshop 3
Picasso/Dalí 09:00 - 13:00

W3 Healing with Spiritual Acupuncture

Workshop of the German Acupuncture Society (DGA)
G. Stux

This workshop draws on more than 40 years of experience in acupuncture and Chinese Medicine and 30 years of experience in working with different modalities of Energy Healing. The main intention of this spiritual healing practice is to bring soul and body together and deeply connect the soul with the heart space. Additionally, awareness is directed to the flow of energy, focusing on the light level of the life forces. When the crown chakras has been opened, in the first step light and energy can flow from the soul, the eighth chakra into the heart space and through the whole body. As the chakras progress from the highest levels to the lowest, they govern increasingly spiritual functions. The lightfull awareness exemplifies the spiritual application of the different healing modalities. Of these healing modalities, different ways of using Qigong and meditation are the most essential.

Room: Workshop 4
Ballroom A 09:00 - 13:00

W4 Nü Zi w – Qigong for Women 女子气功

A. Mietzner

In this workshop Anna Mietzner is going to introduce some parts of Nü Zi Qigong – Women's Qigong. It belongs to the system of the Nei Yang Gong – Internal Cultivation Qigong, which is nowadays represented by Liu Ya Fei. She received the genuine tradition of Nei Yang Gong through instruction from her father, Liu Gui Zhen, who laid the foundation stone for medical Qigong in modern China. The exercises are structured in harmony with the particular physiological characteristics of women, and they possess an especially high practical value both in the prevention and curing of women's diseases as well as for the general care and maintenance of good health.

Room: Workshop 5
Cezanne 09:00 - 13:00

W5 Quick Response Acupuncture in Common Acute Conditions: Effective Tools for Your Clinic and Acute Care Facilities

Workshop of FILASMA (Iberic-Latin American Federation of Medical Acupuncture Societies)
F. Lozano, R.A. Díaz Rojas, G. Chaibún, M.L. Yamamura

During the Workshop we will explain and have active demonstration of different acupuncture techniques suitable to be used in specific and frequent clinical conditions. Using minimum acupuncture points and other techniques, we can provide our patients an immediate relief, offering them a therapeutically effective option. Some of the conditions to analyse include different types of pain, nausea, herpes zoster, dermatitis, flu, and more.

Room:
Ballroom B

Workshop 6
14:00 - 18:30

W6 Microsystems – From Head to Toe

Workshop of the German Medical Acupuncture Society (DÄGfA)
J. Gleditsch, N. Behrens, H.P. Ogal, G. Riehl, N. Arnstadt

14:00 - 16:00

MAPS (Micro-Aku-Point-System), Very Point Technique®

J. Gleditsch, Germany
N. Behrens, Germany

Yamamoto New Scalp Acupuncture (YNSA)

H. P. Ogal, Germany

Somatotop „Arm“

G. Riehl, Germany

Chinese Scalp Acupuncture

N. Arnstadt, Germany

16:30 - 17:30 **Hands On**

MAPS, Very Point Technique – Yamamoto New Scalp Acupuncture (YNSA)

H. P. Ogal, Germany

17:30 - 18:30 **Hands On**

Somatotop „Arm“ – Chinese Scalp Acupuncture

N. Arnstadt, Germany

Room:
Ballroom B

Workshop 6
14:00 - 18:30

Content:

MAPS therapy and body acupuncture are by no means in competition with each other, but complement each other in an optimal way, especially in pain therapy and disorders of the musculoskeletal system. MAPS (Micro-Aku-Point-Systems) have been mainly discovered and elaborated in the recent decades in the West. They have a short history in comparison to TCM. Only the Chinese SCALP-Acupuncture was developed since the 1950`s in China combining a specific needling technique with the reflex somatotopic system of the scalp. It has shown to be effective for both: acute and chronic neurological conditions and pain problems and often shows immediate results.

You will get a hands on introduction in our workshop with **Dr. med. Nike Arnstadt**.

For the MAPS, the breakthrough came with the decoding of a cartography on the auricle by the Lyon physician Paul Nogier in the early 1950s. In the 70s and 80s further MAPS were broken down and spread rapidly. This led to oral acupuncture, which has its particularly effective therapy points inside the upper and lower wisdom teeth, i.e. in the retromolecular region. We owe the systematization and further research of MAPS, especially oral acupuncture, to **Dr. med. Jochen Gleditsch** (Honorary President of DÄGfA, ENT and dentist). Together with **Dr. med. Nicolas Behrens** (lecturer at DÄGfA, private clinic in Munich) they will introduce MAPS.

The Yamamoto New Scalp Acupuncture (YNSA) was founded in the sixties by Dr. Toshikatsu Yamamoto (Ph.D.). During the treatment of patients suffering from pain and paralysis he discovered painful points on the skull showing somatoforn assignments of the entire body. He systemized this new reflex therapeutic acupuncture form and refined it further in the last 40 years. YNSA is a fast and efficient treatment of pain syndromes, functional disorders of the internal organs and neurological disorders. His assistant and longtime companion **Dr. med. Hans P. Ogal** (lecturer at DÄGfA, specialist for anaesthesiology and pain therapy, Integrative Medicine Inner Switzerland AG, Switzerland) will present this system and new highlights in the workshop.

Over the past 10 years, **Dr. med. Gerhard Riehl** (lecturer at the DÄGfA, specialist for general medicine, based in his own practice in Wilnsdorf) has discovered a very successful micro-system on the upper and lower arm that has proven itself especially in the therapy of pain and functional disorders of the movement system. It can be used quickly even at the sitting patient, only the arm must be accessible. A simple "pyonex" needle-tape at the arm often is sufficient to take off pain. It is of advantage to use several MAPS in one therapy session to combine the specific effects of each technique. One of the MAPS usually show the clearest point activation and thus the most effective therapy opportunity, very often to be seen in the same session. However, analog points of other systems usually supplement and improve the therapeutic effect. We are looking forward to a 4-hour MAPS trip together.

Education in Medical Acupuncture in English



We will offer certified education in Medical Acupuncture (200 hrs) according to the DÄGfA standards and recognized by the German Medical Chamber at Frankfurt and/ or Amsterdam (cooperation SWERF/WAVAN) by 2019.

Further information at the congress or at www.daegfa.de by November 2018.

Room:
Van Gogh 

Workshop 7
14:00 - 18:30

W7 Chinesische Phytotherapie bei chronisch-entzündlichen Darmerkrankungen (CED)

Workshop of the International Society for Chinese Medicine (SMS)
Workshop in German, no translation
S. Brommer

CED sind häufig, ihre Therapie mit westlicher Medizin ist limitiert und oft mit Nebenwirkungen verbunden, die Beschwerden sind häufig chronisch rezidivierend.

Aufgrund langjähriger klinischer Erfahrungen mit der Chinesischen Medizin (CM) und den traditionellen chinesischen Arzneimitteln können diese als Ergänzung zur konventionellen Therapie oder als alternative Behandlung erfolgreich mit eingesetzt werden. In diesem Workshop sollen die Prinzipien der Chinesischen Arzneimittellehre und für die CED ein konkretes Therapiebeispiel vorgestellt werden.

Room:
Ballroom A

Workshop 8
14:00 - 18:30

„Light as a Bird, Earthy Like a Bear“

W8 Qigong Exercises from the „Frolics of the 5 Animals“ by Jiao Guorui

Workshop of the Medizinische Gesellschaft of Qigong Yangsheng e.V.
E. Friedrichs

The “Frolics of the 5 Animals” describe one of the earliest recorded Chinese exercise systems, with its application in therapy dating back, according to tradition, to the famous physician and scholar Hua Tuo (2nd c CE) and with roots probably reaching to the legendary origins of Chinese culture.

In the shape given to the Animal Frolics by Jiao Guorui (1923-1997) grace, strength and character of bear, crane, tiger, deer and monkey come to life. The aspect of simplicity (自然 zìrán) and unity of form, gesture and facial expression are especially emphasized in the “Frolics of the 5 Animals.”

An assignment of the five animals to the five phases (五行 wǔxíng) of Chinese medicine characterizes the shape of the animal frolics and underlines the close relationship to emotions, feelings and inborn capabilities. By “borrowing” the power and originality of these 5 animals, we as modern people can reach back to the natural forces within us and simultaneously connect to the forces of nature. And the slow, harmonious movements of these exercises offer the opportunity to find inner peace, relaxation and strength, in order to promote a balance of stress and relaxation, of yin and yang – as a compensation for all the diverse outside requirements to be met. Developed by Jiao Guorui, different exercise modes for the “Frolics of the 5 Animals” allow for the individual constitution of the practitioner in a special way.

Room:
Picasso/Dalí

Workshop 9
14:00 - 18:30

W9 Introduction to Neural Therapy

Workshop of DGfAN and IFMANT
P. Piehler, H. Liertzner, S. Popat

The workshop aims to promote neural therapy as a complete system for diagnosis and therapy. Reflective symptoms in case of disturbed internal organs can be investigated by palpation of the different tissue layers. Neurophysiological explanations for three possible pathways resulting in such reflective signs of the internal organs as well as segmental treatment of internal diseases with local anaesthetics will be presented.

The workshop will also focus on the importance of the interference field, on therapy strategies, demonstration of techniques and clinical examples. The systemic therapy with procaine and the importance of the neural therapy in the global anti-inflammatory concept will be discussed.

Participants will be provided with skills which can immediately be applied in daily clinical practice.

Room:
Cezanne

Workshop 10
14:00 - 18:30

W10 How to Treat Children With „Integrative“ Acupuncture – Having Fun and Rapid Success

M. Ogal

Treating children with acupuncture is mostly rewarded by a rapid success - much quicker than treating adults. One of the most important factors is the creation of a „children’s comfort zone“, a „Fit“-situation in which the child feels confident. In this workshop I will offer you a variety of different skills to enhance the child’s comfort during the treatment. These skills are related to medical hypnosis, pediatric comfort care, phytotherapy and especially different acupuncture techniques. We definitely will have fun together!

At the historical site of Munich Residenz

19:30 – 21:30

Reception

We are honored to welcome you to the congress with a festive Reception at the Royal Residence of Munich on Thursday evening, September 6, 7:30 - 21:30. Toast with us to an inspiring congress at this magnificent palace. The early night might tempt you to end the day with a stroll through the adjacent gardens, extending into town.



ICMART

International Council of Medical Acupuncture and Related Techniques



Leading global network for **Medical Acupuncture and Related Techniques** since 1983

ICMART is an international non-profit organization comprising about 80 Medical Acupuncture associations and colleges worldwide. It includes over 35.000 doctors practising acupuncture and related techniques.

ICMART aims to propagate Medical Acupuncture worldwide

ICMART is an international non-profit organization, registered in Brussels.

ICMART was founded 1983 in Vienna/Austria.

ICMART is the only umbrella organization which represents Medical Acupuncture and Related Techniques worldwide.

ICMART is the leading international organization for Medical Acupuncture.

ICMART is representing a global network.

ICMART comprises about 80 Medical Acupuncture associations and colleges worldwide.

ICMART represents over 35,000 physicians practising acupuncture and related techniques.

ICMART promotes the concept of evidence-based medicine regarding efficacy, safety and cost effectiveness in acupuncture and related techniques.

ICMART has chapters for special tasks.

MEDICAL ACUPUNCTURE

ICMART, the first address for Medical Acupuncture.

ICMART aims to propagate Medical Acupuncture worldwide:

- Medical Acupuncture is a new paradigm of acupuncture in the west, established and developed by western physicians about sixty years ago in Europe, spreading later over the whole world by integration into the medical practice.
- Medical Acupuncture is implementing standards of modern western medicine in theory, practice and research.
- Medical Acupuncture is based on traditional roots, in respecting also critical and constructive evaluation.
- Medical Acupuncture is fostering dual training of physicians in western medicine and acupuncture.
- Medical Acupuncture is applying the concept of evidence-based medicine considering aspects of efficacy, safety and cost effectiveness.
- Medical Acupuncture is orientated towards medical pluralism and integrative medicine.

Since 1983, more than **30 World Congresses** have been under the direct patronage of **ICMART**. Congress Committee: congress@icmart.org



ICMART Accreditation Chapter

- ICMART standards of education
- Accreditation of congresses
- Accreditation of member educational systems

Chair: Konstantina Theodoratou
accreditation@icmart.org



ICMART Scientific Chapter

- Publication of studies
- International networking
- ICMART prizes

Chair: Dominik Imich
science@icmart.org



ICMART European Chapter

- EU representation, Brussels
- CAMDOC, camdoc.eu
- EUROCAM, cam-europe.eu

Chair: Hedi Luxenburger
eu@icmart.org



ICMART Lexicon of Education Chapter

- National training systems of ICMART members

Chair: Siddhartha Popat
education@icmart.org



ICMART Veterinary Chapter

- National training systems of ICMART members

Chair: F. Minguell
veterinary@icmart.org

Room:
Cezanne

Breakfast Symposium
07:30 - 8:45

B1 Treating Disorders of the Locomotor System and Raynaud`s Syndrome – Beyond Standards

Chairs: H. Liertzer, Austria
S. Popat, Germany

This breakfast session contains encouraging clinical examples of how very particular acupuncture and related techniques are successfully used to treat painful complaints of the locomotor system. We dare a look at parasite frequencies, at fractals and at body mind experiences of extraordinary vessels in the treatment of the locomotor system. In addition, one case report about the relief of Raynaud`s syndrome after acupuncture will be presented.

07:30 **Get Your Breakfast**

07:45 **Treatment of Back Pain by Using the Fundamental Nogier Frequencies and Parasite Frequencies**

K. Reljanović, Croatia

08:00 **Fractals Nature of Acupuncture Channels and the Vacuum Treatment Massage as a Method for Increase of Effectiveness of Acupuncture**

E. Enev, Bulgaria

08:15 **Extraordinary Vessels (EoV) – Experience Their Function**

N. Behrens, Germany

08:30 **Application of Acupuncture in Raynaud`s Syndrome**

H. Alp, Turkey

Room:
Terrace (sunshine)/ Ballroom A (rain)

Qigong
07:30 - 8:30

Q1 Qigong in the Morning

A. Mietzner

Why don't you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qi-gong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.

Room: Breakfast Symposium
Van Gogh 07:30 - 08:45

B2 History and Application Fields of Acupuncture and TCM Revisited

Chairs: P. Bäuml, Germany
T. Ots, Austria

Does Acupuncture really originate from China? Or did the world famous Ötzi, an Austrian mountain man who lived between 3400 and 3100 BC, already know about the healing effects of acupuncture point stimulation? We invite you to approach this and other provocative questions during this multifaceted session.

Irrespective of these historical aspects, is acupuncture and TCM used to its full potential? A rather novel field of application is introduced: The treatment of young bulls in order to improve their semen quality to save them from the butcher (including video presentation). Subsequently, an example of expedient integration of TCM into rehabilitation medicine is provided. The session closes with a demonstration of secret needling skills.

07:30 **Get Your Breakfast**

07:45 **European Roots of Acupuncture – Dispute About the European-Asian-African Root**
P. Fiala, Czech Republic

08:00 **The Effectiveness of Acupuncture in Improving Semen Quality of Genomically Proven Young Bulls – Study Protocol of a Randomized Controlled Trial**
T. Stübinger, Germany

08:15 **Clinical Observations in Patients with Sequelae of Injuries during Medical Rehabilitation with TCM methods**
L. Luzina-Chju, Russian Federation

08:30 **Secret Needling Skills**
G. Fiorini, Germany

Room: Meditation
Picasso/Dalí 07:30 - 8:30

M1 Meditation

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will help you to follow the lectures during the day more intensively, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.

Room: Symposium 1
Ballroom A 09:00 - 10:30

S1 Regulation and Standards of Education in Medical Acupuncture

Chairs: K. Theodoratou, Greece
C. Chan, Australia

Premium quality education on Medical Acupuncture should be one that provides all students with the capability to implement safe and effective treatments. Medical Acupuncture derives from traditional theories and has become an integral part of modern science. Therefore, by nature, it is an integrative discipline. We shall make every effort to ensure the premium quality of education.

09:00 **Traditional Medicine Chapter in WHO ICD-11**
K. Watanabe, Japan

09:20 **Definition Medical Acupuncture**
C. Chan, Australia

09:35 **UEMS: The Standardization of the Medical Specialties and Modalities**
K. Theodoratou, Greece

09:50 **How to Certify Your Education by ICMART?**
S. Elenkova, Bulgaria

10:00 **Presentation of Training Programs and Discussion**
C. Chan, Australian Medical Acupuncture College, AMAC
F. Genschow, Brazilian Medical College of Acupuncture, CMBA
K. Trinczek, German Medical Acupuncture Association, DÄGfA
T. Burgoon, American Academy of Medical Acupuncture, AAMA

Acupuncture training programs have similarities and differences worldwide. Some programs are officially recognized and accredited by the government, others by national medical associations and others by acupuncture medical associations. A short overview of the education standards in the US, Brazil, Australia and Germany will be followed by a discussion.

Room:
Ballroom B 

Symposium 2
09:00 - 10:30

S2 The Importance of Acupuncture, TCM and CAM in the Multimodal Treatment of Chronic Pain – Three Model Projects

Chairs: J. Audette, USA
G. Dobos, Germany

Chronic pain affects between 30% and 50% of the world's population. The WHO global burden of disease study clearly shows an increasing prevalence of pain conditions despite advances in modern medicine. Additionally, the International Association for the Study of Pain reports that there is still inadequate access to treatment of acute pain in large parts of the world, which again contributes to the high prevalence of chronic pain. At the same time, in the treatment of chronic pain the effectiveness of analgesic is not proven with regard to long term use.

In contrast, Acupuncture as well as selected methods of TCM and Complementary Medicine (CAM) achieved a high level of evidence in acute and chronic pain conditions and are consequently more and more recommended in national and international guidelines.

Gold standard in the treatment of chronic pain is the interdisciplinary multimodal pain therapy (IMPT) which is based on a bio-psycho-social understanding of pain. It comprises at least psychological and physiotherapeutic interventions and is often provided as a group program. It is, thus, a logical conclusion that Acupuncture, TCM and CAM methods can add value to IMPT due to their proven analgesic effects (e.g. Acupuncture), their capacity to improve physical fitness (e.g. Qigong, TaiChi, Yoga), their positive effects on the vegetative state, well-being and emotional disorders (e.g. body mind, meditation) and their ability to strengthen self-efficacy (e.g. acupressure, naturopathic compresses, packs and poultices).

This session will provide you with insights into 20 years of experience in implementation of Acupuncture, TCM and CAM into conventional interdisciplinary multimodal pain therapy of highest quality standard and its effectiveness. With regard to acute pain, a new door will be opened.

09:00 **Introduction: The Need for CAM in Pain Treatment**
J. Audette, USA

09:15 **Complementary and Integrative Pain Medicine – “The Essen Model”**
W. Kohl, Germany

09:40 **Integrated Chinese and Western Medical Therapies for the Treatment of Acute Low Back Pain in a Public Hospital in Hong Kong**
V. Hau, Hong Kong

10:05 **The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain – Concept and Long-Term Follow-Up**
D. Irnich, Germany

Room:
Ballroom C

Symposium 3
09:00 - 10:30

S3 Diversity of Acupuncture-Related Techniques – Laser Acupuncture

Chairs: W. Banzer, Germany
P. Piehler, Austria

There is a great variety of acupuncture-related techniques. However, identification of particularly effective methods takes great dedication and often decades of clinical experience and hard work. In this symposium four lecturers that have substantially contributed to the rise of public awareness for acupuncture and related techniques will present some of the most effective and innovative achievements in the field of acupuncture-related techniques. Regarding laser medicine and laser acupuncture experiences in the use of different wave lengths to treat pain syndromes will be reported, and latest research results of laser acupuncture in the treatment of obesity will be presented. A very new approach will be demonstrated which consists of endoluminal injection of local anaesthetics to avoid the development of visceral disturbing fields.

09:00 **Laser Acupuncture and Innovative Laser Medicine**
F. Bahr, Germany

09:20 **Is Laser Acupuncture an Effective Complementary Therapy for Obesity Management? A Systematic Review of Clinical Trials**
H. Ayati, Iran

09:40 **Endoluminal Neural Therapy**
J. Langhorst, Germany

10:00 **The field of Laser Acupuncture: Overview of Recent Developments in Evidence and Technique**
M. Reininger, Germany

10:20 **Discussion**

Room: Symposium 4
Cezanne 09:00 - 10:30

S4 Acupuncture in Psychiatry – Evidence and Innovations

Chairs: R. Musil, Germany
M. Martin, France

Psychiatry is one of the areas within acupuncture research with the highest knowledge gain in the last decade. In this symposium you will first be provided with an overview about the evidence for the effectiveness and limits for acupuncture in psychiatric diseases. Subsequently it continues with a presentation of an innovative approach of how acupuncture can be used to treat psychological trauma. Finally results of two recent trials on acupuncture for smoking cessation and the treatment of depression and anxiety in family care givers will encourage you, irrespective of your medical discipline, to integrate acupuncture for these indications in your daily clinical practice.

09:00 **Introduction to the Evidence of Acupuncture in Psychiatry**
R. Musil, Germany

09:10 **Acupuncture in Psychiatry – Time For a Change?**
R. Musil, Germany

09:30 **Psychological Trauma Therapy with 3-Steps Acupuncture-Based Exposition – A Novel Treatment Protocol**
J. Schottdorf, Germany

09:50 **Auricular Acupuncture for Smoking Cessation**
H. Zwinczewska, Poland

10:10 **Addictions, Neuroscience and Acupuncture**
S. Bidon



Room: Symposium 5
Van Gogh 09:00 - 10:30

S5 Korean Medicine and Pharmacopuncture

Chairs: P. Ryu, South Korea
H. Luxenburger, Germany

Pharmacopuncture is a form of therapy derived from the combination of herbal medicine and acupuncture therapy. Medical fluids containing various substances are injected in order to stimulate a specific part of the human body. Medical fluids are produced by extracting, refining, diluting, blending or converging pure herbs. These are applied at acupuncture points by injection into the skin, muscle, joint, intra-cavity, zang-fu, intravenous etc. Further forms of application include spreading on and burying under the skin.

09:00 **Current Status of Pharmacopuncture and Patients' Satisfaction in Korea**
K.H. Kim, South Korea

09:30 **Scientific Mechanism of Bee Venom Pharmacopuncture**
J.S. Yu, South Korea

10:00 **Co-Culture with NK-92MI Cells Enhanced the Anti-Cancer Effect of Bee Venom on NSCLC Cells by Inactivation of NF- B**
H.S. Song, South Korea

Room: Symposium 6
Dalí/Picasso 09:00 - 10:30

S6 Nonspecific and Specific Effects of Qigong in the Treatment of Symptoms and Disorders?

Symposium in collaboration with the Medical Association for Qigong Yangsheng, Bonn, Germany (Medizinische Gesellschaft für Qigong Yangsheng e.V.)

Chairs: E. Friedrichs, Germany
M. Bijak, Austria

There is increasing evidence for the effectiveness of Qigong in the treatment of different disorders and symptoms. However, there are challenges with regard to its implementation into daily practice and the understanding of its specific effects. Listeners will be updated on the evidence of Qigong and will get useful experience based advices.

09:00 **Qigong Yangsheng – Examples of "Therapeutic Dialogues" with the Vital Force (Qi)**
G. Hildenbrand, Germany

09:30 **„Regulating the Breath, Calming the Mind/Spirit“ – Long-Term Experiences in Acupuncture and Qigong as a Family doctor in Germany**
E. Friedrichs, Germany

10:10 **Healing by Qi – Sustainable Self-Regulation**
C. Winkler, France

Room:
Ballroom A/B/C 

11:00 - 12:30

Opening Ceremony

- 11:00 **Introduction**
- 11:10 **Openening Notes and Presentation of Congress Program**
K. Theodoratou, ICMART
H. Luxenburger, DÄGfA
P. Ryu, iSAMS
D. Irnich, LMU
- 11:20 **The Role of Acupuncture in the WHO Strategy of C&TM**
Zhang Qi, WHO Coordinator in C&TM
- 11:30 **The Role of Acupuncture in CAM in Europe**
T. Nicolai, Spokesman EUROCAM
- 11:40 **From Tradition to Enlightenment –
Some Ideas about Science and Humanities**
W. Stör, Past-president DÄGfA
- 11:50 **Opening Lecture**
- 12:20 **ICMART Award**
- 12:25 **Honorary Members ICMART**

Room:
Rumford

Guided Poster Session
12:30 - 13:00

PO1 Acupuncture and Herbal Medicine - Indications Beyond Pain

Chairs: W. Banzer, Germany
F. Lozano, Mexico

- PO1.1 Acupuncture Improves Symptoms in Patients with Mild to Moderate Atopic Dermatitis: a Randomized, Sham-Controlled Preliminary Trial**
K. Kim, S.H. Kang, Y.K. Kim, M. Yeom, H. Lee, H. Jang, H.J. Park,
K. Kim (South Korea)
- PO1.2 The Effects of Acupuncture in Patients with Phantasmia**
S. Seurig (Germany)
- PO1.3 The Efficacy and Safety of 12-week Hanslim in Obese Patients: Study Protocol for a Multicenter, Randomized, Placebo-controlled Phase IIb Trial**
H. Lee, S. Lee, Y. Cho, J. Kim, J.W. Kang, B.K. Seo, Y.H. Baek, K. Hee, J. D. Lee (South Korea)
- PO1.4 Perioperative Case Series of the Department of Anesthesiology at the University Hospital of Oral and Maxillofacial Surgery, LMU Munich**
T. Reiter, A. Reither (Germany)
- PO1.5 Demographic Data of Patients Who Apply to GETAT Center**
H. Alp (Turkey)

Room:
Rumford

Guided Poster Session
12:30 - 13:00

PO2 Safety Aspects in Acupuncture Practice

Chairs: P. Bäuml, Germany
T. Dawid, Uruguay

- PO2.1 A Study on the Accuracy and Safety of Ultrasound Guided Acupuncture Treatment for 'Shoulder Pain Point (BP-LE6)'**–
RCT, Pilot Study Protocol
J.U. Kim, J. Kim, T.H. Yook, B.Y. Song, Y.M. Choi (South Korea)
- PO2.2 Evaluation of Bleeding-Related Adverse Events Following Acupuncture Treatment in Patients on Anticoagulant or Antiplatelet Drugs**
S. Lee, M. Lee, E. Kim, Y.E. Choa, J. Kang (South Korea)
- PO2.3 Determining Safe Needling Depth to Cervical Artery Based on Anthropometric Measurements – Focusing on Acupuncture Point ST21**
S. Park, H. Chu, G. Kang, J. Kim, S. Lee (South Korea)

Room: Guided Poster Session
Rumford 12:30 - 13:00

PO3 Acupuncture in Neonates, Pregnancy Care and Labor

Chairs: L. Díaz-Rojas, Mexico
D. Carr, USA

PO3.1 Ear Acupuncture Points in Term and Late-Preterm Neonates: A Blinded, Controlled, Observational Trial

C. Flucher, J. Stadler, N. Tritschler, B. Urlesberger, W. Raith (Austria)

PO3.2 Management of Pregnancy with Cervical Shortening: Effectiveness of Zhaohai (KI 6) – A Case Report

E. Martinez Garcia (Spain)

PO3.3 Laser Acupuncture for Pain Prevention in Neonates: A Study Protocol for an Observer-Blinded, Randomised, Clinical Controlled Trial

J. Stadler, A. Avian, K. Posch, B. Urlesberger, W. Raith (Austria)

PO3.4 Acupuncture for Pain Control after Cesarean Section – A Randomised, Placebo-Controlled Investigation

B. Henkel, T. Hesse, C. Klausenitz, K. Hahnenkamp, A. Mustea, T. Usichenko (Germany)

Room: Sondervortrag
Picasso/Dalí  13:15 – 13:45

V1 Akupunktur und Recht

A. Eberz

Der Vortrag thematisiert wichtige Fragestellungen, insbesondere zu den Themen Aufklärung, Einwilligung, Haftung und GOÄ.

Herr Rechtsanwalt Dr. Eberz, Mainz, ist bundesweit ausschließlich auf Arztseite tätig. Seit vielen Jahren beschäftigt er sich auch mit akupunkturspezifischen Rechtsfragen.

Room: Symposium 7
Ballroom A 14:00 - 15:45

S7 Acupuncture in International Health Strategies

Chairs: H. Luxenburger, Germany
K. Theodoratou, Greece

How can health care be improved around the world by making acupuncture and related techniques integral parts of health strategies?

Learn about experiences and ideas of leading political representatives and decision makers promoting acupuncture and TCM at the EU level, in the US, in South American Nations and within the WHO.

This unique session is composed of short introductions on chances and challenges of the use of acupuncture in high and low resource health care settings followed by an open panel discussion.

Join this vital platform of debate and contribute to framing the future role of acupuncture in global health care.

On the panel will be among others:

Dr. Konstantina Theodoratou, President ICMART, Greece

Dr. Zhang Qi, Coordinator Complementary and Traditional Medicine, WHO, Switzerland

Dr. Thomas Burgoon, American Academy of Medical Acupuncture, USA

Ton Nicolai, Spokesman EUROCAM, Belgium

Dr. Francisco Lozano, President FILASMA, Ibero Latin American Medical Acupuncture Association, Mexico

Hedi Luxenburger, ICMART EU Chapter, DÄGfA board, Germany

PD Dr. Dominik Irnich, President DÄGfA, Germany

Dr. Chin Chan, ICMART General Secretary, Australia

Dr. Moon-seok Choi, Vice President, The Association of Korean Medicine

Dr. Byung Soo Ahn, President, Korean Pharmacopuncture Institute, South Korea

Room:
Ballroom B 

Symposium 8
14:00 – 15:45

S8 Highly Sensitive Patients: Can Science Teach Us to Treat Them with Acupuncture?

Chairs: R.D. Treede, Germany
R. Harris, USA

Any physician knows these pain patients: They are highly sensitive to any sensory stimulus. Is it recommendable to treat them with acupuncture? And if yes, which form of stimulation optimizes treatment success? In this session these questions will be approached from a scientific point of view. First, Joseph Audette from the Harvard Medical School will provide an overview on how acupuncture provides an effective method of addressing both myofascial pain as well as down regulating pain facilitation in the central nervous system. Following, Jiang-Ti Kong from the Stanford University will illustrate the relationship between the pressure pain threshold and other clinical outcomes in pain patients. She also will share her latest research results on the predictive value of different modalities of sensory perception for clinical effects of electroacupuncture in low back pain patients. Then Olivier Cuignet, president of the Belgian Association for Medical Acupuncture will present insights gained about superiority of electro-acupuncture over manual acupuncture in the treatment of myofascial low back pain as well as on the predictive value of the pressure pain thresholds for treatment success. Finally, an overview about the research on sensory thresholds as indicators and predictors for the analgesic effect of acupuncture conducted at the Multidisciplinary Pain Center, Department of Anaesthesiology, Hospital of the Ludwig Maximilians Universität, Munich will be provided by Petra Bäumlér.

This symposium will be chaired by Richard Harris, Director for Neuroimaging at the Chronic Pain and Fatigue Research Center, University Michigan and Rolf-Detlef Treede, past-president of the International Association for the Study of Pain (IASP).

- 14:00 **Introduction into Central Hypersensitivity**
R.D. Treede, Germany
- 14:15 **Myofascial Pain and Central Sensitization: An Evidence Based, Acupuncture Approach to Treatment**
J. Audette, USA
- 14:40 **Exploring the Roles of Quantitative Sensory Testing: Biomarker of Chronic Pain and Predictor of Clinical Response to Acupuncture**
J.T. Kong, USA
- 15:05 **The Effects of Electroacupuncture of Myofascial Trigger Points on the Pain and the Sensory Thresholds in Chronic Low Back Pain**
O. Cuignet, Belgium
- 15:25 **Sensory Thresholds as Indicators and Predictors for the Clinical Effectiveness of Acupuncture**
P. Bäumlér, Germany

Room:
Ballroom C

Symposium 9
14:00 - 15:45

S9 New Studies and Experiences in Musculoskeletal Disorders (Musculoskeletal I)

Chairs: J. Bachmann, Germany
U. Mazzanti, Italy

Musculoskeletal disorders are a major cause of global burden of disease. There is convincing evidence for acupuncture in the treatment of low back pain, shoulder pain and osteoarthritis from latest systematic meta-analyses. However, in order to optimize treatment and to integrate acupuncture into health strategies we still need more insight. In this symposium lecturers will share latest research results and experience-based knowledge to improve the outcome in the management of musculoskeletal disorders.

- 14:00 **Comparison of the Cost-Utilities Analysis of Electroacupuncture and Nonsteroidal Antiinflammatory Drugs in the Treatment of Chronic Low Back Pain**
M.H. Ayati, Iran
- 14:20 **Cranio-mandibular Disorders: Muscular Diagnostics and Acupuncture – a Retrospective Analysis of 887 Treatments**
I. Simma, Austria
- 14:40 **Ultrasonographic Evaluation of Acupuncture Effect on Common Extensor Tendon Thickness in Patients with Lateral Epicondylitis**
F.G. Ural, Turkey
- 15:00 **The Treatment of Calcanea Spurs and Achillodynia Using the Descending Muscle Chain Starting at Gb 30**
S. Popat, Germany
- 15:20 **Sonographic Studies of Trigger Points/ Acupuncture Points. Are There Benefits of Using Neural Therapy? Practical Proceedings**
H. Liertzer, Austria

Room: Symposium 10
Cezanne 14.00 - 15.45

S10 Allergy

Chairs: B. Brinkhaus, Germany
A. Meyer, Switzerland

The World Allergy Organization (WAO) reports that approximately one of five people suffers from some form of allergic disease such as allergic rhinitis (AR), asthma, conjunctivitis, eczema, food allergies, drug allergies and other severe allergic reactions. Incidences of allergic diseases have been substantially rising around the world in both developed and developing countries.

Allergy, as a severe and frequent health problem, has become a great concern of both governments and individuals. Allergy has been called "the twenty-first century disease." There is an urgent need for effective and affordable treatments. Among the different allergic diseases allergic rhinitis is estimated to affect between 10-30% of the total population on a global basis. In the last decade various randomized controlled trials have been conducted to explore whether patients with allergic rhinitis benefit from acupuncture. There are promising results. However, systematic reviews of the evidence on the specific effects of acupuncture are still inconclusive.

There are few research institutions which focus continuously and systematically on the clinical effects of acupuncture in allergic rhinitis. Two of them, the Institute for Social Medicine, Epidemiology and Health Economics, Charité Universitätsmedizin Berlin, and the Department of Otorhinolaryngology, Allergology, Carl Gustav Carus Faculty of Medicine, Technical University Dresden will present their study results and will put them in context with their clinical experience. Then we will take a deeper look into the TCM pathomechanisms of allergic diathesis based on experience and careful observation. Finally, an outline of the constitutional approach with Tibetan Medicine for the treatment of allergies will be presented.

At the end of this symposium you will be updated scientifically at first hand and will have experienced new horizons from outstanding experts as the title of this symposium promises.

- 14:00 **Acupuncture in Allergic Rhinitis – From Experience to Evidence**
B. Brinkhaus, Germany
- 14:20 **Acupuncture in Allergic Rhinitis (AR) - RCTs and Experience of the University of Dresden**
B. Hauswald, Germany
- 14:40 **Efficacy of Acupuncture for Non-Allergic-Rhinitis (NAR) – A Randomized Controlled Trial**
D. Kretschmann, Germany
- 15:00 **TCM Pathomechanisms of Allergic Diathesis as a Foundation for Implementing a Successful Herbal Therapy**
J. Mücher, Germany
- 15:25 **Allergies - A Constitutional Approach with Tibetan Medicine**
S. Marić, Germany

Room: Symposium 11
Van Gogh 14.00 – 15.45

S11 Acupuncture and TCM for Optimizing Pediatric Care

Chairs: M. Ogal, Switzerland
K. Stockert, Austria

Application of acupuncture in pediatric care is still far from being a main stay. In this symposium experienced pediatricians will present innovative approaches of how to integrate acupuncture in pain treatment, ophthalmology and primary care. They will share observational data suggesting that acupuncture is effective, safe and feasible in children with headache and eye complaints. In addition, a study awarded with the ICMART 3B Young Scientist Travel Award will provide you with some late-breaking insights on pediatric laser acupuncture.

- 14:00 **Softlaser Scalp-Acupuncture According to Yamamoto for Treating Muscular Dysfunction of the Upper Cervical Movement in School Children with Headache**
R. Pothmann, Germany
- 14:20 **Skin Temperature of Neonates Undergoing Laser Acupuncture at Large Intestine 4 Using Thermography**
ICMART-3B Young Scientists Travel Award 2018
S. Blum, Austria
- 14:40 **The Influence of Anti-Stress Acupuncture on Eye Complaints in Young Adults**
W. Zwinczewska, Poland
- 15:00 **Integration of Acupuncture into a Primary Care Children Hospital for Inpatients and Outpatients**
C. Amarell, Germany
- 15:20 **Thyroid Diseases - Importance of Nutrition and Chinese Dietetics**
U. Siedentopp, Germany
- 15:40 **Discussion**

Room: Symposium 12
Picasso/Dalí 14:00 – 15:45

S12 Basic Research

Chairs: P. Ryu, South Korea,
R. Torres Rosas, Mexico

We still aim to better understand what happens during acupuncture to improve the outcome. This counts for morphological aspects as well as for objectifying acupuncture effects by different methods and technologies. In this symposium latest developments and hypotheses are presented by international experts using a wide range of measurement techniques. Their observations may lead to a more comprehensive understanding of acupuncture and stimulate further research to strengthen the underlying hypotheses.

- 14:00 **Anemia-Induced Erythropoiesis in Organ Surface Primo Vascular System in Rats**
P. Ryu, South Korea
- 14:15 **Ultrasound Duplex Sonography Control of the Effectiveness of Acupuncture in the Complex Treatment of Patients with Cerebrovascular Pathology**
M. Chizhykova, Ukraine
- 14:30 **Enhanced Therapeutic Treatment of Colorectal Cancer Using Nanoporous Acupuncture Needles**
S. In, South Korea
- 14:45 **Acupuncture Meridians as Evidenced by Infrared Thermoimaging: A Pilot Study**
A. Santana, Brazil
- 15:00 **Therapeutic Effects of Fermented Flax Seed Oil on NC/Nga Mice with Atopic Dermatitis-like Skin Lesions**
S. Hong, South Korea
- 15:15 **Acupuncture for Stimulation High Growth of Body**
K. Saputra, Indonesia
- 15:30 **Acupuncture at HT 7 Inhibits Reinforcing Effects of Meth-Amphetamine**
B.H. Lee, South Korea

Room: Plenary Lecture 1
Ballroom A/B/C  16:15 - 17:00

P1 Acupuncture and Related Technics in the Face of the Opioid Crises

G. Dobos, Germany
chaired by S. Popat, Germany

Acupuncture and related methods offer effective ways of dealing with chronic pain. They deliver sustainable strategies of interventional as well as long-time therapies, reducing the need of opioid drug treatment. In the talk the evidence and clinical experience of acupuncture and related methods, such as Neural Therapy, Tuina, Guasha, Taiji, and Qigong, as major components of the Complementary and Integrative Pain Medicine (CIPAM), are introduced.

Room: Plenary Lecture 2
Ballroom A/B/C  17:15 - 18:00

P2 Can Acupuncture Influence Consciousness?

C.R. Chapman, USA
chaired by H.J. Ebell, Germany

Somatic awareness and well-being are aspects of consciousness, which are constantly changing. Consciousness is the product of deep background processing that draws upon autonomic nervous system (blood flow, organ function), hypothalamus-pituitary-adrenal-cortical axis and the immune system, which produces cytokines. Dysregulation in these systems can cause or exaggerate existing sensory discomforts or sickness. Acupuncture can alter and sometimes help re-regulate unconscious deep background processes with consequent alterations in conscious somatic awareness.

Room: 18:00 - 19:30
Ballroom A/B/C

ICMART General Assembly

Get-together at the Congress Hotel Munic Parc 19:00 - 23:00

Review the day with a good glass of wine, some snacks and live background music at the foyer or at the terrace in the evening sun on Friday, September 7 at 19:00.

Old friends of ICMART and iSAMS may give a greeting note ...



University Hospital
Großhadern

Anaesthesiology

- Anaesthesia
- Intensive Care
- Emergency Medicine
- Pain Therapy

Intensiv care

- 40 ICU beds (full responsibility)
- 30 ICU beds (coop. responsibility)
- ECMO center

Research

- 14 working groups
- 35 National and International Cooperations

Staff and Location

- 225 MD
- Campus Großhadern
- Campus City Center
- Augustinum



University Hospital
City Center

Anaesthesia

- > 100 Anaesthesia OR's
- > 100 Transplantations/y

Qualitymanagement

- Standardised medical education
- Additional qualifications

Patients

- 45.000 Anaesthesia
- 100.000 hrs attendance time
- 80% risk/high risk
- 7% less 4 years

MULTIDISCIPLINARY PAIN CENTER

University Hospital – City Center

PD Dr. D. Irnich, Department of Anaesthesiology
(Dir.: Prof. Dr. B. Zwißler)

Dr. A. Winkelmann, Department of Orthopedics and PMR
(Dir.: Prof. Dr. Dipl. Ing. V. Jansson)

University Hospital – Großhadern

Prof. Dr. S.C. Azad, Department of Anaesthesiology
(Dir.: Prof. Dr. B. Zwißler)

PD Dr. D. Kraft, Department of Orthopedics and PMR
(Dir.: Prof. Dr. Dipl. Ing. V. Jansson)

In House

- Acute Pain Service
- Counselling

Outpatient Clinic

- Multimodal group program
- Individual ambulatory care

Education

- Inhouse education
- Medical students (MeCuM®)
- Curriculum for physicians, nurses, nurses for elderly

Research

- Clinical
- MOCAM, acupuncture, CAM
- Pre-clinical
- Nociception, sensory system
- myofascial

Diagnostics

- Interdisciplinary Assessment (3 disciplines)
- QST, Nerve blocks, TCM/CAM

Patients

- Inhouse
- Acute pain 2100/y
- Counselling 1300/y
- Outpatients Clinic
- Out-patients 1400/y
- MOCAM 130/y

Treatment

- Multidisciplinary
- Multimodal
- Conventional Medicine
- CAM/TCM

Staff

- 8 MD, 2 psychologist,
- 3 nurses, 2 physiotherapists
- 1 scientist, 8 doct. students
- 1 study nurse
- 2 documentation ass.
- 12 trainer and teacher

MOCAM

- Munich Outpatient Program
- in CAM for Chronic Pain
- 17 groups of 8 patients
- Two or four weeks

These services refer to the Multidisciplinary Pain Center at the City Center. The Pain Center in Großhadern offers similar services and facilities.

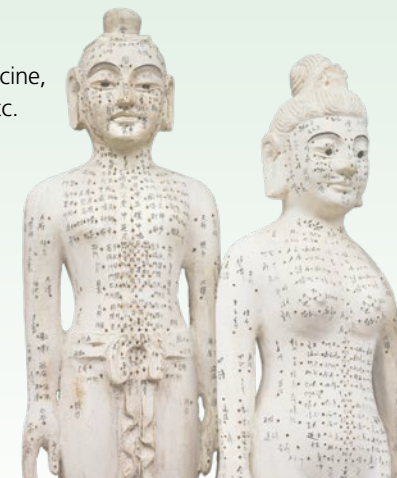


Interdisziplinäre Schmerzambulanz, Klinik für Anaesthesiologie, Klinikum der Universität München
Campus Innenstadt, Pettenkoferstr. 8A, 80336 München, Tel.: +49 (0) 89 4400 57508

Multidisciplinary Pain Centre, Department of Anesthesiology, University Hospital – City Center
Pettenkoferstr. 8A, D-80336 Munich www.schmerzambulanz-muenchen.de

Competence and Experience in Acupuncture and Chinese Medicine since 1951

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- 8.500 members
- Non-profit, industry-free and independent
- 500 full day courses per year
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- Postgraduate (“Meister der Akupunktur DÄGfA” und „Meister der Ost-Asiatischen Medizin DÄGfA“)
- Diploma in Qigong, Chinese Herbal Medicine, Japanese Kampo Medicine, Japanese Acupuncture, Chinese Dietetics, Tibetan Medicine
- Symposia on special subjects
- More than 30 senior faculty members
- Deutsche Zeitschrift für Akupunktur – DZA (German Medical Acupuncture Journal), circulation of 15.000
- Science Center for member support, library, funding of research projects (> EUR 700,000 since 1997)
- National and international cooperations: ICMART, ECPM, EUROCAM, CAMDOC Alliance, Acupuncture societies, TCM and Complementary Medicine, medical institutions, health insurances, stakeholder, etc.
- Free Info-hotline under + 49 / 89 / 710 05 11 (daily between 8 a.m. and 8 p.m.)
- Physician portal for patients, www.daegfa.de, (> 500 searches per day)
- Initiatives in quality and safety: support of > 70 quality circles in Germany, support of CTCA - Center for Therapy Safety in Chinese Medicine



Room: Breakfast Symposium
Cezanne 07:30 - 08:45

B3 Anaesthesia – Acupuncture and Related Techniques in the Perioperative Care Setting

Chairs: U. Kreimeier, Germany
T. Usichenko, Germany

In the 1980s miraculous stories about performing operations under acupuncture came from China and spread around the world. However, it soon became obvious that acupuncture is not able to substitute modern anesthetic procedures. Since then acupuncture has been banned from the operating room with few exceptions. However, in the last decade acupuncture has been rediscovered because studies showed convincing evidence for the prevention of post-operative nausea and vomiting. From this date on anesthetists restarted to gain experience in additional indications in the perioperative settings. In this clinical breakfast experts will present case reports as a basis for discussion about possibilities and limits of acupuncture in anaesthesia. In addition you will discuss the implementation of anti-emetic acupuncture in a children hospital which was established in all children older than 1 year receiving surgery.

07:30 **Get Your Breakfast**

07:45 **Facilitation of Fibertopic Intubation in Difficult Airway Under Auriculotherapy and Acupuncture of Ren24**
T. Reiter, Germany

08:00 **Surgical Analgesia During Dental Extractions**
G. Chaibún, Uruguay

08:15 **Management of Acute Postoperative Agitation with Auriculotherapy**
A. Reither, Germany

08:30 **Implementing a Standard Protocol for Acustimulation of Pericardium 6 to Prevent Postoperative Nausea and Vomiting in a Primary Care Children Hospital**
C. Amarell, Germany

Room: Breakfast Symposium
Van Gogh 07:30 - 08:45

B4 Measuring the Physiological Response to Acupuncture

Chairs: J.S. Yu, South Korea
F. Saha, Germany

How does acupuncture work? This session provides you with answers to this question that cannot yet be found in classical text books. Presenters will explain the importance of neuro-physiological effects of acupuncture for your daily clinical practice, the physiological basis of moxibustion, how acupuncture effects can be visualized by thermoimaging and why combining neural and ozone therapy makes sense from a physiological point of view.

07:30 **Get Your Breakfast**

07:45 **The Phenomenon of Neuroplasticity and Neurophysiological Aspects of Acupuncture in the Clinical Practice**
O. Kovalenko, Ukraine

08:00 **Follow-Up of Acupuncture Treatments with the Aid of Infrared Thermoimaging: A Pilot Study**
A.C. Santana, Brazil

08:15 **The Psychophysical and Psychophysiological Responses to Heat Stimulation of Electric Moxibustion**
B. Kang, South Korea

08:30 **The Combination of Neural and Ozone Therapy – An Overview**
N. Stamer, Germany

Room: Editors Breakfast
to be announced 07:30 - 08:30

B5 Breakfast Together With the Editors-in-Chief of JAMS, EUJIM, AIM and DZA

How can journals of acupuncture and integrative medicine influence the direction of research? Which topics should be focused on in the near future: basic research, efficacy, comparative effectiveness research, health services research, public standing?

Have a breakfast with:

Pan Dong Ryu, South Korea: Journal of Acupuncture and Meridian Studies (JAMS)

David Carr, USA: Acupuncture in Medicine (AIM)

Nicola Robinson, UK: European Journal of Integrative Medicine (EUJIM)

Thomas Ots, Germany: German Journal of Acupuncture and Related Techniques (DZA)

Room: Qigong
Terrace (sunshine)/ Ballroom A (rain) 07:30 - 8:30

Q2 Qigong in the Morning

A. Mietzner

Why don't you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qigong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.

Room: Meditation
Picasso/Dalí 07:30 - 08:30

M2 Meditation

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state. Exercising this morning will

help you to follow the lectures during the day more intensively, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.

Room:
Ballroom A/B/C 

Plenary Lecture 3
09:00 - 09:45

P3 Can TCM Be Global?

P.U. Unschuld

chaired by W. Stör, Germany

In a way, TCM is global. It is practiced in many countries on all continents.

But this is not sufficient to truly make TCM a global medicine, comparable to the global presence of so-called Western medicine.

The community of Western medicine is a global community. All members of this community have access to the same resources and the same knowledge, past and present, and they share one identical terminology. All members, regardless of their cultural and geographical background, are legitimized to contribute to the progress of Western medicine.

This is not the case for the world-wide community of TCM practitioners. No standardized internationally acknowledge terminology has been agreed upon. Chinese TCM practitioners rarely, if ever, acknowledge findings from non-Chinese researchers and practitioners. Access to historical sources is limited to those capable of reading classical Chinese. Translations of classical sources into Western languages by Chinese writers are philologically inadequate and often disguise the true nature of classical Chinese medicine. The motives why people are interested in TCM differ greatly. There are those who seek an alternative to Western medicine, and there are others who declare TCM to be part of modern bio-medicine. Hence, the global reality of TCM is one of diverse pockets of different qualities and different understanding. It is to be hoped that ICMART-iSAMS 2018 in Munich in September 2018 will provide stimuli to move forward toward a genuine globalization of TCM.

Room:
Ballroom A/B/C 

Plenary Lecture 4
09:45 - 10:30

P4 Acupuncture, Evidence and Clinical Practice Guidelines – Is There Synergy?

N. Robinson, UK

Evidence based medicine relies on published research to identify effective treatment approaches. Therefore, systematic reviews and meta-analyses examining the relative effectiveness of an intervention are used to identify and grade the priorities for specific interventions which provide evidence based recommendations to clinicians in the form of clinical practice guidelines (CPGs). CPGs are developed worldwide, by different organizations, with different stakeholders and with access to different health care resources. However, guideline development groups come to very different conclusions, presumably using the same evidence base? Acupuncture research on effectiveness and safety has increased exponentially, particularly over the last twenty years. If research evidence indicates that acupuncture should be offered as a treatment option and when other effective interventions for are limited for a specific condition, it follows that it should be considered, particularly given it is a low cost intervention. However, various problems appear to be operating which affect patient choice and acupuncture may be ignored or discouraged as a treatment option. The evidence cited in CPGs may not be the most recent or most appropriate as identified in a recent scoping of stroke and acupuncture CPGs. The updating cycle of CPGs is often slow, guideline development groups rarely include an acupuncture expert and may exert biased opinions in their interpretation of the evidence (such as in the case of non specific low back pain and sciatica in and osteoarthritis the UK). There has also been an emphasis on efficacy rather than clinical effectiveness focusing on comparisons of acupuncture with placebo rather than routine care. Recent evidence suggests that there may be far more positive recommendations about acupuncture in CPGs than previously thought and medical, research and acupuncture communities are largely unaware.

Room: Symposium 13
Ballroom A 11:00 - 12:30

S13 Excellence in Ear Acupuncture – Innovations and Open Questions

Chairs: F. Bahr, Germany
T. Ots, Austria

Ear acupuncture and auriculomedicine are well established, but development and innovation can still be observed. First of all, it will be shown how constitutional weakness can be strengthened by needle implantation in a comparable way to homeopathic constitutional treatment. Then another innovative approach will be explored. Auricular Causative Diagnosis (ACD) aims to determine the inner causes underlying the development of pathologic conditions in order to treat the real root and not only the symptom. It is based on visualization and analysis of the pathologic visual marks at Auricular Points (APs). The ear is innervated by three different parts of the nervous system: parasympathetic fibers, sympathetic fibers and afferents from the peripheral nervous system. Is this the reason why vegetative dysfunctions are such a promising target for ear stimulation? It seems so if we follow a long term observation in patients suffering from migraine including intolerance of light, discoordination and disorientation. This counts also for anxiety as you can learn from a well-designed three armed RCT winning the ICMART Young Scientists Travel Award 2018.

The ear is the most prominent example of a microsystem. Micro Acu Point Systems resemble maps as the totality of points within a microsystem which reflects a functional cartography of the organism. Under this assumption the Very point Technique® according to Jochen Gleditsch reveals within minutes the individual points that open access not only to treatment by needling but also to the underlying emotional trauma.

- 11:00 **Homoeopathic Treatment for Sceptics: Needle Implantation Instead of Globuli to Strengthen Constitutional Weakness**
F. Bahr, Germany
- 11:20 **Auricular Causative Diagnosis - Finding the Root of the Disease**
N. Volf, France
- 11:40 **To Check the Results of the Treatment with Auriculotherapy of the Migraines Headache**
K. Shelev, Switzerland
- 12:00 **Auricular Acupuncture vs. Progressive Muscle Relaxation and vs. no Intervention for Exam Anxiety in Medical Students – A Randomized Controlled Trial**
G. Schultz, Germany
ICMART-3B Young Scientists Travel Award 2018
- 12:15 **Very Point ® Needling: A Unique Acupuncture Technique to Identify Individual Points Opening Access to Body and Emotions - Introduction and Video presentation**
W. Stör, Germany

Room: Symposium 14
Ballroom B  11:00 - 12:30

S14 Acupuncture in Anaesthesiology – Implementation and New Horizons

Chairs: B. Zwißler, Germany
R. Chapman, USA

Acupuncture plays an increasing role in anaesthesiology. In prevention of postoperative nausea and vomiting (PONV) acupuncture has achieved EBM level 1A and there is a growing number of studies showing that acupuncture effectively reduces postoperative pain. In these two indications we are facing the challenge to implement acupuncture into a running system. In addition, new and exciting indications and effects of acupuncture are subject of high profile research, basic as well as clinical. Firstly, anti-inflammatory effects of acupuncture suggests that acupuncture could be suitable to control inflammation and improve organ function in case of sepsis; making it a potential treatment tool in the intensive care unit. Secondly, empirically based knowledge about protective effects of acupuncture on cardiac function gain more and more scientific basis.

- 11:00 **Introduction**
B. Zwißler, Germany
- 11:10 **Acupuncture in Perioperative Analgesia: Evidence and Practice**
T. Usichenko, Germany
- 11:30 **Implementation of P6 Acupuncture in the Perioperative Setting**
D. Irnich, Germany
- 11:50 **Comparative Effectiveness of Acupuncture and Antiarrhythmic Drugs for the Prevention of Cardiac Arrhythmias: A Systematic Review and Meta-analysis of Randomized Controlled Trials**
Y. Xing, China
- 12:10 **Acupuncture in Sepsis Model - From the Peripheral Neuronal Stimulation to the Anti-Inflammatory Effect**
R. Torres Rosas, Mexico

Room: Symposium 15
Ballroom C 11:00 - 13:00

S15 Innovations and Reports - A Trip Around the World

This symposium contains a trip around the world of medical acupuncture. Leading officers from all continents will inform you about latest developments in the use of acupuncture.

Chairs: K. Theodoratou, Greece
F. Genschow, Brazil

- 11:00 **The International Council of Medical Acupuncture and Related Techniques (ICMART): Brief History, Its Evolution and Current Status**
C. Chan, Australia
- 11:15 **Acupuncture in Latinamerica**
T. Dawid, Uruguay
- 11:30 **The Development of Medical Acupuncture in China**
T. Hor, China
- 11:45 **Review on Korean Medicine Clinic at Polyclinic During PyeonChang 2018 Olympic Winter Games**
H.J. Lee, South Korea
- 12:00 **Legal and Juridical Aspects of Acupuncture Practice in Brazil**
F. Genschow, Brazil
- 12:15 **Germany, Acupuncture Arrived Within the National Health System**
H. Luxenburger, Germany
- 12:30 **Acupuncture in Vienna: Data from the Outpatient Clinic of the Austrian Acupuncture Society on the Occasion of Its 60th Anniversary**
K. Stockert, Austria
- 12:45 **The first Cooperative Sino-German Postgraduate Master Program in TCM at a Medical University in Germany**
B. Tehrani, Germany

Room: Symposium 16
Cezanne 11:00 - 12:30

S16 Diabetes as an Inflammatory Disease: Evidence and Research in the Management with TCM

Symposium in Collaboration with the Iberic-Latin American Federation of Medical Acupuncture Societies (FILASMA)

Chairs: F. Lozano, Mexico
H.G. Schaible, Germany

This symposium takes diabetes mellitus (DM) as a central subject which is one of the most prevalent diseases worldwide without cure. DM is closely related to the so-called Obesity, Metabolic Syndrome and lead to what we call the Type 2 Diabetes Mellitus Pandemic. It will be reported about the latest evidence for the effectiveness of Traditional Chinese Medicine in the management of DM and results will be put in context with the current knowledge from basic research. The innate components of the immune system such as inflammation play a preponderant role in the physiopathology of DM. Consequently important targets of basic research are the role of cytokines and how they can be modulated.

Another crucial research questions is the impact of acupuncture on markers of insulin sensitivity, glycaemia and other metabolic markers, as well as molecular pathways. A state-of-the-art summary of the emerging evidence for acupuncture in the treatment of insulin resistance in humans and animals will be presented. Both, the obesity, metabolic syndrome and type 2 diabetes mellitus, confer an increased risk of coronary heart disease and cardiovascular disease (CVD). With regard to obesity it is estimated that over 1 billion persons worldwide are overweight, more than 300 million of whom are clinically obese. Do these patients have interest in acupuncture and complementary medicine? You will hear the answer.

Visiting this symposium means understanding that TCM and acupuncture are promising approaches to handle this chronic and inflammatory disease offering patients a better quality of life.

- 11:00 **Introduction**
F. Lozano, Mexico
- 11:10 **Influencing Citokines in Diabetes by Laser Acupuncture**
R. Díaz Rojas, Mexico
- 11:30 **Diabetes Approach With Distinct, Curious and Main Meridians. Nasal and Sternum Bone Acupuncure Techniques(Yamamura´s Acupuncture System)**
M. Yamamura, Brazil
- 11:50 **Acupuncture and Insulin Sensitivity**
D. Carr, USA
- 12:10 **BARBQTCM: BARIatric Basic Questionnaire for TCM: Interest in Complementary Medicine of 2331 Overweight Patients from Germany, Switzerland & Austria**
P. Panhofer, Austria

Room: Symposium 17
Van Gogh 11:00 - 13:00

S17 Hot Topic: Randomized Controlled Trials in Polyneuropathy, Piriformis Syndrome, Fibromyalgia and Asthma Bronchiale

Chairs: M.S. Lee, Korea
J. Audette, USA

The gold standard of all clinical studies is still the randomized controlled trial (RCT), since it has the potential to minimize selection bias and to control for setting effects. If well designed, they provide a proof of principle that a given intervention bears benefits and protects us from overestimating treatment effects. Efficacy measures estimated from RCTs are the basis for evidence based decision making and, therefore, also for the recommendation of acupuncture in clinical guidelines. Thus, RCTs on acupuncture and related techniques are much more than an issue of the academic ivory towers; they are the most important political tool to foster implementation of acupuncture in health care and to support reimbursement by sickness funds. In this session you will learn about the results of four most recent RCTs on the efficacy of acupuncture in the treatment of chemotherapy induced polyneuropathy in breast cancer patients, fibromyalgia and asthma bronchiale as well on the efficacy of neural therapy in piriformis syndrome. The benefits that acupuncture and neural therapy can achieve in these indications are still underestimated in public awareness. These studies close important research gaps and are one step more towards an integration of acupuncture and related techniques in health care.

- 11:00 **Acupuncture in Peripheral Neuropathy After Chemotherapy with Taxan – Results of a Randomised Controlled Trial**
J. Stör, Germany
- 11:20 **Quantitative Data for Transcutaneous Electrical Nerve Stimulation and Acupuncture Effectiveness in Treatment of Fibromyalgia Syndrome**
M.T. Cabioğlu, Turkey
- 11:40 **Effect of Laser Acupuncture on Exhaled Inflammatory Bio-markers in Chronic Bronchial Asthma**
M. Elsheikh, Egypt
ICMART-3B Young Scientists Travel Award 2018
- 12:00 **Evaluation of Neural Therapy Effect in Patients with Piriformis Syndrome**
H. Nazlıkul, Turkey
- 12:20 **Discussion**

Room: Symposium 18
Picasso/Dalí 11:00 - 12:30

S18 Chinese Herbal Medicine – Efficacy and Safety

Symposium Organized in Collaboration with the International Society for Chinese Medicine (SMS)

Chairs: C.L. Oei-Tan, The Netherlands
J. Hummelsberger, Germany

Chinese herbal medicine is well accepted in China, but in Western countries it does not yet have the importance its merits. There are multiple reasons such as unclear scientific evidence reflected by a lack of rigorous trials for many indications, unsolved safety issues and unsatisfactory availability.

In order to meet these challenges multiple efforts are undertaken. The idea that weighting of risks and benefits of Chinese herbal medicine needs highly trained specialists has reasonably been realized by installing the Center for Pharmacovigilance of German Speaking Countries (CTCA). A report about 15 years of experience at the CTCA will be given by Axel Wiebrecht who serves as director of the CTCA. Josef Hummelsberger, board member of the SMS will address the issue of quality and availability of Chinese herbs by presenting lessons learned during cultivation of Chinese herbs in Germany for 20 years.

Efforts to evaluate the efficacy of Chinese herbal medicine in randomized, controlled trials frequently lead to surprisingly negative results. What can we learn from these negative studies? By using two RCTs in Chinese medicines as examples, Lixing Lao will discuss the challenges in CAT research and possible strategies for future clinical trials.

- 11:00 **Cultivation of Chinese Herbs in Germany Since 20 Years – A Project Overview**
J. Hummelsberger, Germany
- 11:30 **Risks and Safety of CAT – 10 Years of German Safety Center (CTCA)**
A. Wiebrecht, Germany
- 12:00 **Challenges of Chinese Medicine Clinical Trials: How to Interpret the Data From „Negative“ RCTs?**
Lixing Lao, Hong Kong
- 12:30 **An Acupuncture Database and an Online Directory for Practice and Research**
H.Y. Truong Tan Trung

Room: Guided Poster Session 4
Rumford 12:30 - 13:00

PO4 Acupuncture as a Component of Integrative Healthcare

Chairs: M. Bijak, Austria
R. Pothmann, Germany

PO4.2 The Munich Outpatient Program in Complementary and Alternative Medicine (MOCAM) for Chronic Pain - A Long-Term Follow-Up

A. Häusler, P. Bäuml, D. Irnich (Germany)

PO4.3 Acupuncture as Part of a Multidimensional Regulative Approach in Depression

E. Katardjieva (Germany)

PO4.4 A Comparative Study with Regard to the Attitudes and Knowledge of People

E. Koutoulaki, A. Polyzoi, C. Artemis, I. Kiourtidou, C. Kazazis (Greece)

PO4.5 Acupuncture and Massage Therapies for Disaster Victims

S. Takayama, M. Masataka, S. Kaneko, T. Ishii (Japan)

PO4.6 Refugees Welcome – NADA Acupuncture with Refugees and for Everyone in Germany

E. Friedrichs, U. Alban (Germany)

Room: Guided Poster Session 5
Rumford 12:30 - 13:00

PO5 Discovering the Efficacy of Acupuncture in Neuropathic Pain

Chairs: H. Nazlikul, Turkey
J. Bachmann, Germany

PO5.1 Scalp Electroacupuncture(SEA) Attenuates Pain Intensity and Improves Functional Activity in Patients with Complex Regional Pain Syndrome (CRPS)

M. Ogata, H. Tetsuji, K. Takashi (Japan)

PO5.2 Application of Acupuncture in Neuropathic Pain

H. Alp (Turkey)

PO5.3 Acupuncture for Acute Herpes Zoster – Secondary Outcomes of a Randomized Controlled Non-inferiority Trial

C. Stratmann, P. Bäuml, K. Kramer, F. Fleckenstein, D. Irnich (Germany)

PO5.4 Neuromodulation in Pain Therapy of Mononeuropathies – Why not by Acupuncture?

U. Kock, S. Sator-Katzenschlager (Austria)

PO5.5 Acupuncture and Neural Therapy for Trigeminal Neuralgia and Tension Type Headache

F. Ural, H. Nazlikul (Turkey)

PO5.6 Sensory-Testing ‚on Site‘: Integrating Very Point Technique (VPT) from Acupuncture into Diagnosing and Handling Neuropathic Phenomena

U. Kock, S. Sator-Katzenschlager (Austria)

9.-12. Mai 2019

14. Münchner Akupunktur-Tage

DÄGfA in Kooperation mit der Klinik für Anaesthesiologie, LMU München



May 9-12, 2019

14th Munich Acupuncture Days

DÄGfA in cooperation with Department of Anaesthesiology, LMU Munich

Very Point Technik© Mikrosystem Akupunktur Yamamoto New Scalp Acupuncture / Ohrakupunktur / Chinesische SchädelAkupunktur / MundAkupunktur Moxibustion Dry Needling Segmentale Akupunktur Triggerpunkt-Akupunktur Qigong Elektrische Stimulationsakupunktur Japanische Akupunktur – Palpation Style Psychotonik

Room: Guided Poster Session 6
Rumford 12:30 - 13:00

PO6 Distinct Acupuncture Stimulation Techniques and Influence of Expectation

Chairs: J.S. Yu, South Korea
H. Liertzer, Austria

PO6.1 Clinical Effect of Subcutaneous Floating Needling and Cupping–Bleeding on the Painful Syndrome (Bi Tong Zheng)

Y. Hou, F. Xu (Canada)

PO6.2 Therapeutic Effect of Cutaneous Needling and Cupping–Bleeding the Acupuncture Points on the Numbness and Pain of Blood Stagnation

Y. Hou, F. Xu (Canada)

PO6.3 The Role of Context Effects in Acupuncture Practice: A Qualitative Study Based on Semi-structured Interviews with Acupuncturists in Private Practice in Three Different Locations

S. Theiss, F. Moir (UK)

PO6.4 Expectations of Physiological Response Can Change the Somatosensory Experience of Acupuncture Stimulation

H. Song, H.S. Song, Y. Chae (South Korea)

PO6.5 The 5 Layers of BIAO of Chinese Medicine and Their Correspondences in the Scientific Understanding of Modern Acupuncture

R. Wagner (Germany)

PO6.6 Alternative Approach Using OPC (Objective Performance Criteria) Instead of Control Group in Clinical Trials: The French Experience in Obstetrics

J. Stephan, T.N. Brignol (France)

Room: to be announced 13:00 - 14:00

Editorial Board Meeting German Medical Acupuncture Journal (DZA)

Room: to be announced 13:00 - 14:00

Meeting DÄGfA Qualitätszirkel

Room: Symposium 19
Ballroom A 14:00 - 15:45

S19 Bringing the Autonomic Nervous System in Balance

Chairs: H.G. Schaible, Germany
L. Lao, Hong Kong

This outstanding symposium starts with a lecture of Prof. Dr. Hans-Georg Schaible, Institute of Physiology, FSU Jena, Germany, who is one of the most renowned neurophysiologists and has substantially contributed to the current knowledge of mechanisms underlying inflammatory and chronic pain. He will talk about the autonomic nervous system and interactions with sensory and immune functions. After this update on the physiology and pathophysiology Prof. Jianbin Zhang approaches the question whether acupuncture may have a clinically relevant influence on the autonomic nervous system. Prof. Jianbin Zhang, Nanjing University of Chinese Medicine, PR China, has published key papers on the effect of acupuncture and moxibustion on the autonomic nervous system. You will be provided with an overview of the current state of evidence for the effectiveness of acupuncture in both gastrointestinal as well as sleeping problems and how the underlying mechanisms are interrelated.

Insomnia is a great challenge to the physical and mental health of individuals. Prof. Lixing Lao, Director of the School of Chinese Medicine, The University of Hong Kong and Adjunct Professor of Family Medicine and the Director of Traditional Chinese Medicine Research Program in the Center for Integrative Medicine, University of Maryland, Baltimore (UMB), USA will present current data on the effect of acupuncture in patients suffering from primary insomnia. Last but not least we want to start thinking outside the box. Francesc Minguell-Martin, President of the Veterinary Acupuncturists of Mediterranean (V.A.M) and Board Member of ICMART show us that some digestive disorders in small animals can be treated with TCM methods. As there are evident parallels with human diseases, and success rates in small animals are elevated, why not to treat human using the same therapeutic approach?

This symposium opens a fascinating perspective on how acupuncture can improve health and wellbeing.

14:00 The Autonomic Nervous System: Physiology, Evaluation of Functions and Interactions with Sensory and Immune Functions.

H.G. Schaible, Germany

14:30 Acupuncture and Moxibustion for Regulation of Digestion and Sleep: The Current State of Evidence

J. Zhang, China

15:00 Efficacy and Safety of Acupuncture Treatment on Primary Insomnia: A Randomized Controlled Trial

L. Lao, Hong Kong

15:30 Digestive Disorders in Small Animal's Clinically Related to Human Diseases

F. Minguell-Martín, Spain

Room:
Ballroom B 

Symposium 20
14:00 - 15:45

S20 The Best Way to Do Research

Chairs: C. Witt, Switzerland
V. Napadow, USA

Searching for “acupuncture” in pubmed, the leading database for medical research, results in more than 28.000 references. A search for the term “research methodology” produces more than 120.000 hits. This leaves anyone who is not deeply into research with nothing but helplessness, and many questions remain open.

How to evaluate the quality of studies? How can results be interpreted? What is the reason why results of high quality clinical trials cannot be transferred to routine care? How strong is the influence of the trial design on the outcome? Does clinical experience and simple observation still play a role nowadays?

To answer these questions you need the best knowledge in acupuncture as well as in research methodology and much experience in designing, performing and publishing clinical trials.

Accordingly, the session will be rounded up by an outstanding contribution to high quality research.

We will present to you the study winning the ICMART Science Award 2018!

- 14:00 **Efficacy and Effectiveness Studies – Where Do We Stand and What is Needed?**
C. Witt, Switzerland
- 14:25 **Quasi-Experimental and Observational Studies of Acupuncture: How to Get Published?**
D. Carr, USA
- 15:50 **Acupuncture in Sham Device Controlled Trials May Not Be as Effective as Acupuncture in the Real World: A Preliminary Network Meta-Analysis**
M.S. Lee, South Korea
- 15:15 **ICMART Science Award 2018**
Presentation of the awarded research project
Laudatio by D. Irnich, Germany

Room:
Ballroom C

Symposium 21
14:00 - 15:45

S21 Overcoming Obstacles and Pitfalls in Acupuncture

Chairs: F. Lozano, Mexico
J. Hummelsberger, Germany

Medical acupuncturists are facing obstacles and pitfalls in daily practice. These may diminish acupuncture effects and its reputation in the medical community. Among others Dr. Beate Strittmatter from the German Academy of Acupuncture (DAA) will show the importance of disturbance fields in acupuncture and how to eliminate them. Dr. Thomas Burgoon, past president of the American Academy of Medical Acupuncture (AAMA), will put together a coherent answer to sceptics, who doubt about the effectiveness of acupuncture. Subsequently, Dr. Guillermo Chaibun, current president of the Uruguayan Acupuncture Association, will approach the question whether there are acupuncture points that should be avoided in pregnant women. Then, last but not least, Dr. Tomas Dawid, director at large and Chair of the Latinamerican Chapter of ICMART, will elaborate on the public health consequences of rejecting persons who received acupuncture from blood donation.

- 14:00 **Importance of Dissolving Disturbance Fields for Overcoming Therapy Resistance**
B. Strittmatter, Germany
- 14:20 **How to Explain to Sceptics that Acupuncture Works**
T. Burgoon, USA
- 14:40 **Hazardous Acupuncture Points in Pregnancy – True or False? A Review**
G. Chaibun, Uruguay
- 15:00 **Acupuncture and Blood Donation**
T. Dawid, Uruguay
- 15:20 **TPCI Test Parameter Checked Infiltration of Local Anaesthetics – A Diagnostic Tool in Neural Therapy to Improve the Diagnostic and Therapeutic Outcome**
J. Osztovcics, K. Gold-Szklarski, Austria

Room: Symposium 22
Cezanne 14:00 - 15:45

S22 Musculoskeletal Disorders II and Migraine

Chairs: N. Behrens, Germany
K.H. Kim, South Korea

As before said musculoskeletal disorders are a major health problem and acupuncture was proven effective as a treatment. The same accounts for migraine for which acupuncture was shown to be as effective as standard drug treatment. However, in some patients clinical relevant improvements are hard to achieve and treatment approaches need to be more complex. Outstanding experts will illustrate their approaches developed over decades of clinical work. This starts with tuina which as one of the pillars in TCM can complement modern manual medicine. The session then continues with a presentation on a particularly systematic form of dry needling, the Gunn Intramuscular Stimulation and takes a look at indications like scoliosis, orbitopathy, mononeuritis and motor neuron disease. Subsequently, the chances arising from an integration of acupuncture, osteopathy and neural therapy in the treatment of knee pain and migraine are outlined. Finally, the potential of jing bie electroacupuncture and chrono acupuncture for the prevention of migraine are illustrated by means of two clinical cases.

14:00 **TuiNa – Chinese Contributions to Manual Medicine**
J. Bachmann, Germany

14:20 **Gunn Intramuscular Stimulation (Gunn IMS) – Beyond Neuropathic Pain**
T. Ong, Malaysia

14:40 **Integration of Acupuncture and Osteopathy in the Treatment of Lateral Knee Pain**
U. Mazzanti, Italy

15:00 **A New Strategy for Migraine Patients: The Combination of Neural Therapy, Acupuncture and Osteopathy**
S. Popat, Germany

15:20 **Prevention of Migraines by Treatment of Jing Bie, Electroacupuncture and Chrono Acupuncture: Synthetic Study About Two Clinical Cases**
J.M. Stephan, France

Room: Symposium 23
Van Gogh 14:00 - 15:45

S23 Strengthening the Middle: Japanese Kampo Medicine in Gastroenterology

Symposium in collaboration with the International Society for Japanese Kampo Medicine (ISJKM)

Chairs: H. Reissenweber-Hewel, Germany
K. Watanabe, Japan

Kampo Medicine has its roots in ancient Chinese Medicine, and has developed since. Recent decades saw a revival of Kampo accompanied by its scientific reevaluation and critical examination of its potential in modern integrative health care. Medical doctors in Japan, who are educated in a Western medical system, can use this evidence-based medicine complementary to their daily practice.

For example well-defined evidence-based and controlled prescriptions of the traditional phytotherapy, Kampo Medicine, are used within the modern health system to complement tumor therapy.

You will be provided with examples illustrating that Kampo medicine has achieved a high level of scientific evidence. The Kampo prescription Daikenchuto (DKT) has traditionally been used for abdominal pain or abdominal fullness especially if patients were exposed to a cold environment. Today there is convincing evidence that Daikenchuto can support recovery in patients undergoing visceral surgery.

Functional gastrointestinal disorders (FGIDs) like functional dyspepsia (FD) or irritable bowel syndrome (IBS) are among the most preferred target indications for a treatment with herbal Kampo prescriptions.

This symposium will give an overview of the current state of research and will provide pragmatic first-hand information for the practitioner.

14:00 **The Role of Kampo in Gastrointestinal Oncology**
S. Cameron, Germany

14:30 **Japanese Kampo Medicine in the Management of Patients with Functional Gastrointestinal Disorders**
H. Reissenweber-Hewel, Germany

15:00 **The Japanese Herbal Kampo Formula Daikenchuto Reduces Hospitalization after Colon Cancer Surgery**
K. Watanabe, Japan

15:30 **Discussion**

Room: Symposium 24
Picasso/Dalí 14:00 - 15:45

S24 Acupuncture Can Improve Neuropathic Pain

Chairs: H. Ayati, Iran
M. Reith, Germany

Neuropathic pain is pain that arises as a direct consequence of a lesion or diseases affecting the somatosensory system. Pain with neuropathic characteristics is generally more severe and is associated with worse health in every measured dimension compared to non-neuropathic pain (IASP fact sheets). Standard analgesics are relatively ineffective in neuropathic pain. Recommended approaches show a high rate of side effects or effect sizes are relatively low. Hence, there is a need for complementary approaches. In this symposium experienced acupuncturists report about their observations and exploratory studies which lead to the conclusion that acupuncture seems to be a promising option.

14:00 Functional Physiology in Acupuncture and Verification Using the Example of Polyneuropathy Treatment

A. Pollmann, Germany

14:20 Amputation Stump Pains and Acupuncture

P. Sautreuil, France

14:40 Application of High Frequency Electro-acupuncture in Treating Post Herpetic Neuralgia

C. Chan, Australia

15:00 Evaluation of the Effectiveness and Safety of Electroacupuncture in Patients with Intractable Neuropathic Pain

S. Lee, South Korea

15:20 Acupuncture for Chemotherapy-Induced Peripheral Neuropathy (CIPN) in Breast Cancer: ACU-CIPN a Pilot Study

A. Poini, Italy

Room: Plenary Lecture 5/6/7
Ballroom A/B/C  16:15 - 18:00

P5/6/7 Acupuncture Trialists' Collaboration: The World Largest Data Base on Acupuncture and Pain – We show you all the results

George Lewith Memory Lecture

Chairs: B. Brinkhaus, Germany
D. Irnich, Germany

The Acupuncture Trialists' Collaboration (ATC) established the most substantial evidence for the effectiveness of acupuncture in the treatment of chronic pain by elegantly synthesizing data from large high quality randomized controlled trials. Directly learn from these outstanding researchers about their groundbreaking results, and how they translate to daily clinical practice. This plenary lecture is intended to honor the memory of George Lewith, one of the key founding members of the ATC and pioneer of acupuncture research.

16:15 Introduction and Memoriam to George Lewith

B. Brinkhaus, Germany

16:30 General Results of the Latest Update

K. Linde, Germany

17:15 Influence of Patients, Practitioners and Control Group

C. Witt, Switzerland

At the Bavarian Brewery Nockherberg

19:00

Gala Dinner

Join us in celebrating a successful ICMART-iSAMS 2018 at the congress Gala Dinner.

Enjoy Bavarian culture live at one of the oldest breweries of Munich, the PAULANER at Nockherberg. Be enchanted by its traditional yet modern flair and experience Bavarian tradition with Dirndl, Lederhosen, beer and its well-known hospitality.



INTERNATIONAL SCIENTIFIC ACUPUNCTURE & MERIDIAN SYMPOSIUM

The International Scientific Acupuncture and Meridian Symposium (ISAMS) was established to provide a platform exchanging information and having discussion between scholars to enhance the quality of Oriental medicine research and to form an international research network. The ISAMS is intended to be a dynamic meeting that focuses on bringing together the most up-to-date information and the experiences of researchers, practitioners in the field of integrative medicine, and the public.

Trend

To exchange information in each area of alternative medicine, to foster collaboration and to present the way forward for recent research trend

Life

To prevent, diagnose, and treat diseases in human beings and eventually to improve the quality of life



Vision

To share up-to-date knowledge on advanced Korean Medicine and to propose a new vision for its application

The ISAMS has been held yearly on a different continent and is recognized as the premier international conference in the rapidly growing field of pharmacopuncture because of the prominence of its attendees, the quality of the research presented and discussed at the meetings, and it's being held on a different continent each year. Scholars from all over the world have participated in the annual conferences, and various lectures have been given. Please join with us.

HOME PAGE: <http://yakchim.org>

Room:
Cezanne

Breakfast Symposium
07:30 - 08:45

B6 High Level of Experience - Discovering New and Old Opportunities of Acupuncture

Chairs: N. Behrens, Germany
O. Cuignet, Belgium

In this clinical breakfast you will be able to meet four specialists for acupuncture and related techniques with an outstanding level of clinical experience. They will present cases which illustrate the still underestimated opportunities of acupuncture and related techniques. First, you will learn about an exciting case in which electroacupuncture assisted the recovery from a serious injury of the sciatic nerve. Subsequently, you may learn about an innovative approach in which acupuncture and collagen injections are combined to restore and reinforce damaged anatomical structures and consequently improve pain and function in patients suffering from musculoskeletal disorders. Then the remarkable effects of neural therapy in combination with ozone in the treatment of synovitis related joint pain will be shown. The session closes with a study from one of the leading experts in the application of acupuncture in eye complaints which objectified the stress reduction after acupuncture in patients suffering from dry eye syndrome.

07:30 **Get Your Breakfast**

07:45 **Acupuncture after Traumatic Lesion of the Sciatic Nerve as a Highly Important Part of Multimodal Pain Management**
M. Reith, Germany

08:00 **Simultaneous Use of Acupuncture and Collagen Injections in the Treatment of the Musculoskeletal System**
L. Fildan, Czech Republic

08:15 **Neural Therapy Combined with Ozone in Cases with Shoulder or Knee Pain due to Synovitis**
U. Günter, Germany

08:30 **Stress Reaction and Acupuncture in Dry Eye Syndrome**
J. Nepp, Austria

Room:
Terrace (sunshine)/ Ballroom A (rain)

Qigong
07:30 - 08:30

Q3 Qigong in the Morning

A. Mietzner

Why don't you start your day by mobilizing your body and calming your mind? For that purpose I would be very glad to practice some Qigong exercises together with you. The movements are all part of the training system Nei Yang Gong – Internal Cultivating Qigong, and especially good for maintaining or regaining physical health and bringing along inner joy and calmness.

Room: Breakfast Symposium
 Van Gogh 07:30 - 08:45

B7 Traditional Chinese and Korean Medicine Meets Modern Science

Chairs: H.S. Song, South Korea
 H. Nazlikul, Turkey

In clinical practice we often forget about the basic and epidemiological science to which we owe some of the most groundbreaking advances in medicine. This is even true for traditional Chinese and Korean medicine. Their acceptance and attention in the modern medical society is mainly based on the knowledge gained from studies about its underlying mechanisms and its effectiveness. This symposium aims to update you on some of the latest results of basic research on Ginseng and the relationship between meridians and connective tissue. An encouraging example of the success of a multimodal treatment integrating acupuncture in TCM for treating rheumatic diseases, psychosomatic and pain syndromes will be given. The session closes with an overview on a science based explanation of why acupuncture can effectively assist to reduce obesity.

07:30 **Get Your Breakfast**

07:45 **Anti-Fatigue Properties of Cultivated Wild Ginseng Pharmacopuncture and Its Active Component Panaxyd**
 H. Yoo, South Korea

08:00 **Intravenous Pharmacopuncture of Mountain Ginseng**
 J.S. Yu, South Korea

08:15 **The Relationship of Acupuncture and Meridians to Connective Tissue**
 K. Ozerkan, Turkey

08:30 **Complex Role of Acupuncture and TCM in the Management of PN(E)I / Psycho-Neuro-(Endocrino)-Immunological Disorders – A Database of a Long Time Study**
 H. Muraközy, Germany

08:45 **An Alternative Method of Obesity Treatment: Acupuncture**
 H. Kara, Turkey

Room: Meditation
 Picasso/Dalí 07:30 - 08:30

M3 Meditation

Meditation has proven to be one of the most effective ways to foster health and well-being and to achieve a mentally clear and emotionally calm state.

Exercising this morning will help you to follow more intensively the lectures during the day, to reduce stress if you have to give a talk or convince your discussion partner in a relaxed fashion.

Room: Plenary Lecture 8/9/10
 Ballroom: A/B/C  09:00 - 10:30

P8/9/10 Traces of Acupuncture in the Brain

Chairs: Y. Chae, South Korea
 T. Burgoon, USA

Functional and chemical brain imaging has fundamentally contributed to understanding mechanisms of acupuncture. Three outstanding researchers in the field will provide an up-to-date overview on how acupuncture impacts neuroplasticity and regulates the autonomic nervous system, and how these insights can help to optimize treatment.

09:00 **Rewiring the Primary Somatosensory Cortex in Carpal Tunnel Syndrome With Acupuncture**
 V. Napadow, USA

Neuroplasticity, also known as brain plasticity and neural plasticity, is the ability of the brain to change throughout an individual's life, e.g., brain activity associated with a given function can be transferred to a different location, the proportion of grey matter can change, and synapses may strengthen or weaken over time. Groundbreaking studies will be presented on the example of carpal tunnel syndrome, which show the ability of acupuncture to influence neuroplasticity.

09:30 **Self-Acupressure for Pain and Co-Occurring Symptoms in Cancer Survivors: Efficacy and Mechanisms**
 R. Harris, USA

Many cancer survivors exhibit so called sickness behavior, persistent pain, fatigue, mood, sleep, and cognitive disturbance. Emerging data suggest that functional and chemical brain imaging can allow researchers and clinicians to understand what brain factors drive these symptoms and how acupressure treatments can be individually tailored.

10:00 **Effects of Acupuncture on the Autonomous Nervous System – Evidence From Brain Imaging**
 F. Beissner, Germany

How does a somatosensory signal as a needle stimulus during acupuncture trigger a therapeutic effect? Neuroscience has approached this question during the last decades, and traditional theories were translated to neurophysiological mechanisms. Like to other research methodology, brain imaging has assisted to prove acupuncture's capacity to balance the autonomic nervous system.

Room: Symposium 25
Ballroom A 11:00 - 13:00

S25 Integrating and Modulation of Acupuncture for Better Health Care

Chairs: C. Chan, Australia
H.J. Lee, South Korea

Acupuncture and TCM have an almost unlimited number of areas of application in health care. This is mainly due to the fact that it can be used to treat pain and to balance the autonomous nervous system which is beneficial in almost any disease, disorder or simply impaired wellbeing. Furthermore, the treatment setting of TCM therapies inherently bears the possibility to form a unique patient-therapist relationship which is the basis for a holistic therapeutic approach. This may even include other psychophysical or psychotherapeutic treatment elements. Such a treatment setting however needs to be adapted to the given environment and to the cultural background of both patients and therapists. The speakers in this symposium will provide you with their longstanding clinical experience about how acupuncture and TCM, either alone or in combination with other treatment approaches, can assist lifestyle changes and can even relieve and prevent psychiatric diseases. Finally, a late breaking study on whether acupuncture is beneficial in the post-operative care setting in an Ethiopian hospital will be presented.

- 11:00 **Medical Acupuncture as a Tool of Lifestyle Medicine**
K. Theodoratou, Greece
- 11:25 **The Treatment of Panic Disorder with Acupuncture and Cognitive-Behavioral Psychotherapy**
T. Ots, Austria
- 11:50 **Depression and Dementia – Integrative Nutrition and Chinese Dietetics**
U. Siedentopp, Germany
- 12:15 **Psychotonik Glaser® – A Body Therapy Based on the System of Acupuncture**
N. Behrens, Germany
- 12:40 **Acupuncture Versus Patient Education: A Nonrandomized, Open-Label, Controlled, Longitudinal Observational Study**
M. Tesfaye, Ethiopia
ICMART-3B Young Scientists Travel Award 2018

Room: Symposium 26
Ballroom B  11:00 - 12:30

S26 Digging Deep in the Tradition of Acupuncture and TCM

Chairs: R. Pothmann, Germany
T. Dawid, Uruguay

This Symposium aims to gain deeper insights into the tradition of acupuncture and Chinese medicine. It will start with a lecture about the Ben cao gang mu which marks the apex of the development of Chinese pharmaceutical literature prior to the confrontation of Chinese Medicine with modern Western medicine. This encyclopedia is based on literary sources from the previous two millennia and on knowledge gathered by Li Shizhen himself during his travels through China. Lecturer Paul U. Unschuld has edited the dictionary of the Ben cao gang mu (volume I and II). As the first reliable English translation it was highlighted during the celebrations commemorating the 500th anniversary of Li Shizhen in China.

Then we dig even deeper and take a look into the tombs of Laoguan shan 老官山 in Chengdu. Excavations during 2012 and 2013 unveiled many medical manuscripts as well as a wooden figurine with acupuncture points and channels dating back to the reign of emperor Jing 景 und Wu 武 of the Western Han-Dynasty (156 – 86 BC). These finding are considered an important link between the contents of the Mawangdui tombs and the more mature medical acupuncture theory of later times and shed new light on the origins of acupuncture.

Then we turn back into the clinical use of ancient knowledge. One of the legacies of ancient Chinese acupuncture are the 13 demon gates given by the scholar Sun Si-Miao. Their meaning can be reconstructed from ancient textbooks and instructions from contemporary masters of acupuncture. As a kind of symbolic therapy on the one hand and an somatopsychic approach on the other, the knowledge of the background for selecting these 13 gates can be developed as a powerful tool in dissolving emotional conflicts in a patient.

- 11:00 **The Ben Cao Gan Mu**
P.U. Unschuld, Germany
- 11:30 **New Insights Into the Origins of Acupuncture – The Archaeological Findings in the Han-Tombs of Laoguan Shan**
U. Engelhardt, Germany
- 12:00 **Modern Understanding of Sun Si-Miaos 13 Demon Points and Their Clinical Use**
M. Hammes, Germany

Room: Symposium 27
Ballroom C 11:00 - 13:00

**S27 Acupuncture Without Borders –
How to Improve Health After Disasters**

Symposium in Collaboration with the National Acupuncture Detoxification Association (NADA)

Chairs: R. Raben, Germany,
H. Luxenburger, Germany

Acupuncture is used worldwide to treat trauma through environmental disasters and devastation, low medical resources, war, violence and refugee crises. We want to take a closer look at the various initiatives and their background based on first-hand witnesses.

11:00 **Introduction**

R. Raben, Germany

11:10 **In Nepal after the Earthquake**

E. Wenus, USA

11:30 **Acupuncture Training in Disaster Areas Promotes
„Helping People, Help Themselves“**

J. Pimentel-Paredes, the Philippines

11:50 **Acupuncture and Massage Therapies for Disaster Victims**

S. Takayama, Japan

12:10 **Refugees Welcome – NADA Acupuncture and Qigong
with Refugees and Helpers in Germany**

E. Friedrichs, Germany

12:30 **Acupuncture without Borders**

W. Henry

12:50 **Discussion**

Room: Symposium 28
Cezanne 11:00 - 12:30

S28 Acupuncture in Gynecology and Reproduction Medicine

Chairs: F. Lozano, Mexico
J. Stör, Germany

Since drug treatments are often contraindicated in mothers-to-be, non-medical treatment approaches are of particular importance during pregnancy, childbirth and reproduction medicine. However, especially during pregnancy particularly well-trained experienced hands are needed in order minimize risks of side effects for both the mother and the child.

Can pregnancy rates be improved by treating the expecting mothers and fathers with acupuncture? Can complications during pregnancy be prevented by acupuncture? These questions are intensively and conversely discussed. Four experienced practitioners will share their reasoned opinions based on clinical observation and their latest research results.

11:00 **Acupuncture Integral Treatment of Women
Depending on the Stage of Their Menstrual Cycle**

F. Lozano, Mexico

11:20 **Prevention of Preeclampsia by Acupuncture**

A. Pelletier-Lambert, France

11:40 **Effectiveness of Acupuncture on Pregnancy Success Rates for Women
Undergoing in Vitro Fertilization: A Randomized Controlled Trial**

Y. Cayir, Turkey

12:00 **Treating Male Infertility with Acupuncture:
From Case Reports to a Clinical Trial**

M. Martin, France

12:20 **Discussion**

Room: Symposium 29
 Van Gogh 11:00 - 12:30

S29 New Insights into Neural Therapy

Symposium in Collaboration with German Society for Acupuncture and Neural Therapy (Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V., DGfAN)

Chairs: F. Saha, Germany
 P. Piehler, Austria

This symposium will present new insights into characteristics, diagnostic and therapeutic effects of neural therapy based on latest studies. Felix Joyonto Saha will present latest data to the inter-rater-reliability of Adler-Langer (neck-reflex) points that are commonly used as a diagnostic tool. Hüseyin Nazlıkul will show his recent results on neural therapy in neurogenic detrusor overactivity in multiple sclerosis. Heidemarie Haller will present insights gained from a qualitative study on patient experiences during neural therapy that help to understand how neural therapy works and how treatment can be optimized. Finally, Fatma Gülcin Ural reports about the efficacy of neural therapy in lateral epicondylitis.

- 11:00 **The Inter-Rater Reliability and Reproducibility of Neck-Reflex-Points (Adler-Langer-Points) as a Diagnostic Instrument in Neural Therapy**
 F. Saha, Germany
- 11:20 **Efficacy of Peripheral Lidocaine Application (Neural Therapy) in the Treatment of Neurogenic Detrusor Overactivity in Multiple Sclerosis Patients**
 H. Nazlıkul, Turkey
- 11:40 **Emotional Release and Physical Symptom Improvement: A Qualitative Analysis of Therapeutic Mechanisms of Neural Therapy**
 H. Haller, Germany
- 12:00 **Evaluation of Neural Therapy Effects in Patients with Lateral Epicondylitis: A Randomized Controlled Trial**
 F. Ural, Turkey
- 12:20 **Discussion**

Room: Symposium 30
 Picasso/Dalí 11:00 - 12:30

S30 Acupuncture Science: From Mechanism towards Clinical Effectiveness

Projects Funded by the Scientific Chapter of the German Medical Acupuncture Association (DÄGfA)

Chairs: W. Banzer, Germany
 J. Audette, USA

This symposium is supported by the Scientific Chapter of the German Medical Acupuncture Association (DÄGfA).

Since 1997 DÄGfA has granted more than 700,000 € to enroll and conduct research projects examining the underlying mechanisms of acupuncture and determining its clinical effectiveness. This session will highlight four of the granted projects which represent the wide range of funding. Hereby, DÄGfA funding aimed to widen indications, to meet new challenges and to search for new paths in research projects which are generally not supported by public research funding. We invite you to follow up on the results of these clinical trials, one in neonates and one of the few trials performed in acute herpes zoster. In basic research you will hear results on epigenetics and on sports medicine.

- 11:00 **Introduction und Overview of Granted DÄGfA Projects in the Last 20 Years**
 W. Banzer, Germany
- 11:10 **Laser Acupuncture on LI 4 Compared with Oral Glucose Administration for Pain Prevention in Healthy Term Neonates Undergoing Routine Heel Lance**
 W. Raith, Austria
- 11:30 **Acupuncture in Acute Herpes Zoster (AcuZoster)**
 P. Bäuml, Germany
- 11:50 **Acupuncture-Induced Mobilization of Stem Cells with Neurogenic Potential in Patients With Spinal Cord Injuries**
 S. Moldenhauer, Germany
- 12:10 **Acupuncture on Symptoms and Muscle Function in Delayed-Onset Muscle Soreness**
 W. Banzer, Germany

Room: Guided Poster Session 7
Rumford 12:30 - 13:00

PO7 Advances in Diagnosis and Treatment of Musculoskeletal Disorders

Chairs: S. Popat, Germany
H. Ayati, Iran

PO7.1 Development of New Acupotomy Device Based on Acupotomy Clinical Trials

J. Kim, H.J. Lee, J.H. Lee, S. Jun, H.M. Gong, Y.J. Chung, J.R. Kim,
J.H. Kim (South Korea)

PO7.2 Medical Level Scheme with Neural Therapy, Acupuncture, Complementary Medicine to Treat Treatment-Resistant Ankle Pain after Trang

T. Nguyen, T.T. Nguyen, B. Lange, C.R. Pohl, W. Vogelsberger (Germany)

PO7.3 Accuracy of Diagnostic Criteria for Myofascial Trigger Points – A Prospective Cross-sectional Study in Chronic Pain Patients

K. Hupe, P. Bäuml, D. Irnich (Germany)

PO7.4 Diagnosis of Myofascial Pain Syndrome in Chronic Pain Patients in Daily Clinical Practice

H. Pott, P. Bäuml, D. Irnich (Germany)

PO7.5 The Effectiveness and Safety of Electroacupuncture (EA) for Nonspecific Chronic Low Back Pain: A Systematic Review

D.Y. Choi, J.R. Park, N. Dongwoo (South Korea), P. Bäuml, D. Irnich (Germany)

PO7.6 Electroacupuncture in Ankylosing Spondylitis Pain Control: Preliminary Results of a Single-arm Pilot Study

W.L. Lam, W.F. Yeung, C.S. Lau, H. Chen, L. Lau (Hong Kong)

Room: Guided Poster Session 8
Rumford 12:30 - 13:00

PO8 Applications of Acupuncture in Neurology

Chairs: P. Sautreuil, France
M.S. Lee, South Korea

PO8.1 NADA-Auriculoacupuncture as a Symptomatic Treatment for Agitation in People with Dementia: A Randomized, Controlled, Rater-Blind Pilot Study

C. Colling, V. Holthoff-Detto (Germany)

PO8.2 Acupuncture for Spasticity after Stroke: A Systematic Review and Meta-Analysis

S. Lim (South Korea)

PO8.3 With Acupuncture More Quality of Life for Patients Suffering from Parkinson Disease

D. Zeise-Süss (Germany)

PO8.4 Acupuncture in Chorea Huntington

D. Zeise-Süss (Germany)

PO8.5 Intraoperative, Real-time Monitoring of Cerebral PtiO2 during a Cerebral Artery Aneurysm Clipping and Simultaneous Electroacupuncture Stimulation

P. Zogopoulos, G. Tsanis Georgios, N. Papageorgiou, N.E. Chatzidakis,
G. Vretakos, D. Rologis (Greece)

PO8.6 Nerve Entrapment through Myofascial Taut Bands and Trigger Points – A Commonly Underestimated Cause of Neuropathic Pain

D. Irnich (Germany)

Room: Guided Poster Session 9
Rumford 12:30 - 13:00

PO9 New Trends in Research on Acupuncture and Traditional Herbal Medicine

Chairs: K.H. Kim, South Korea
Yamamura, Brazil

PO9.1 Comparison of Migraine Herbal Prescription Mechanisms Using Network Pharmacology: Protocol

H. Chu, C. Kim, J. Seo, J.K. Kim, Y. Gwangju Moon, K.K. Gwangju Sung, S. Lee (South Korea)

PO9.2 Validation of the High-Resolution Electrical DermaScan (Hi-REDS) as a Tool for Measuring Electrical Skin Resistance over Acupuncture Points

A. Karvounis, P. Bäuml, D. Irnich (Germany)

PO9.3 Effects of Daegangwhal-Tang Hot Aqueous Extract on Anti-inflammation and Anti-Oxidation in RAW 264.7 Macrophage

J. Lee, C. K. Lee, E. Y. Lee (South Korea)

PO9.4 Influence of Washing Hands and Using Gloves during Hygienic Operations Involving Acupuncture Needles: Observation of Bacteriological Tests

M. Tsunematsu, M. Imai Motoyuki, K. Imai Kenji (Tokyo)

PO9.5 Analytical Method Validation of KCHO-1 (Mecasin) and a Study on Its Chronic Toxicity

M. Yang, M. Yang, S. Lee, S. Kim (South Korea)

PO9.6 Natural Compounds Potentially Suppressible Corona Virus Infection Disease

S. Kwon, J. Lee, G.W. Kim, D.E. Kim, Y.H. Jin, S. Kim, H.R. Kim (Korea)

Room: Assembly
to be announced 13:00 - 14:00

Meeting Berufsverband Deutscher Akupunktur-Ärzte

Room: Ballroom A/B/C 14:00 - 15:00

C1 – Closing Ceremony and Awards

- Summary of the most important key messages
- Outlook to ICMART 2019, 25-27 October 2019 at the Gold Coast of Australia
- Presentation of the Poster Awards

Room: Master Workshop 1
Ballroom A 15:00 - 16:30

MW1 Neural therapy for Acupuncture Non Responders – Headache Conference

R. Wander, Germany

Whenever acupuncture and analgesics fail to control cephalgias it is worthwhile deleting peripheral over stimulation conditions with neural therapy. Peripheral stimuli are conducted through the spinal, sympathetic, parasympathetic, and vascular systems. The most frequent stimuli originate in the internal organs located within the head. These are: the paranasal sinuses, the teeth within the maxilla or the mandibula, the tonsils, and the ears. The diagnosis of the stimulation sources is based on the pressure points of the neck, the Adler-Langer-pressure points. The neural therapeutic arsenal encompasses segmental therapy, expanded segmental therapy and interference field therapy. Trigeminal stimuli can be switched off via “the crown of thorns”, in other words: the frontal and occipital neural exit points, or the temporomandibular block. Various highly effective injection patterns will be demonstrated, such as: the frontal, lateral, and posterior magical triangle, together with its neurological connections. If no positive effects are thus achieved, targeted injections within the framework of an expanded segmental therapy can cut off the control centers of the stimuli conduction. These are injections given at sympathetic and parasympathetic ganglia, as well as at accessible arteries. If, however, these local stimuli interruptions should fail, then you should look for and treat any interference fields. Approximately 70 - 90% of all fields of interference are located within the head region; this circumstance explains the high effectiveness of deleting cephalic interference fields with the appropriate injections given at the following sites: paranasal sinuses, teeth, tonsillar poles, and ears, or lower abdominal organs in men and women. Neural therapy should be combined with manual medicine. In this way you can interrupt stimuli originating in the vertebrae and irradiating into the head. This targeted stimuli reduction controls 70% of all therapeutic refractory cephalgias. All diagnostic procedures and injections will be explained and commented in the conference. The workshop will provide opportunity to practice these techniques.

Room: Master Workshop 2
Ballroom B 15:00 - 16:30

MW2 Microsystems and Beyond – The Trauma-Dissolving Approach

J. Gleditsch, Germany

The microsystems of acupuncture (MAPS = Micro-Acu-Point-Systems) are organized and interconnected cybernetically, whilst meridian-acupuncture depends on the body’s energy flow. Treatment of posttraumatic disorders has become an acute need in psychotherapy. Obviously shock-traumata are engrammed not only in the psyche but also somatically in the outer tissues of the organism, i.e. the haptic system. This is the same tissue and network where informative MAPS-acupuncture works. MAPS therapy, therefore, is most suitable for finding and dispersing the somatic site in question where the shock has been bodily fixed and engrammed. Ear-acupuncture as suggested by the NADA-protocol was applied effectively in hundreds of traumatized children following the 9-11-shock in New York. The vertical line of Shu-points is informatively linked with the MAPS-network. Acupuncture experience teaches that all kinds of psychological ballast mainly burdens man’s back. The paravertebral region and the Shu-points are affected in the first place. Another very effective approach for overcoming psychological disorders is treatment of specific hand points, especially of metacarpale V. It is beneficial to combine points of ear (and/or skull, hand, oral) points with Shu-points. The points in question can be detected and pricked precisely by means of the Very-point-Technique®. In therapy of children pearls or soft-laser may be applied instead of needles.

Room: Master Workshop 3
Cezanne 15:00 - 16:30

MW3 Auricular Causative Diagnosis: Approach for the Treatment of Acute and Chronic Locomotor Conditions

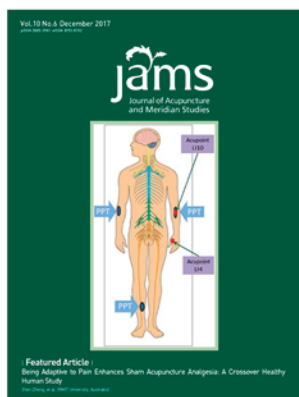
N. Volf, France

„A Bad Doctor sees the symptom and relieves it; a Good Doctor finds the inner cause of the pathological condition and treats the illness; The Best Doctor discovers the fragility of the body before the symptom appears and prevents the illness.“

The aim of Auricular Causative Diagnosis (ACD) is to discover the inner cause of the pathological condition. It is based on the visualization and the analysis of the pathological marks in auricular points. ACD allows the physician not only to precisely identify an existing illness, but more than that, to determine which inner organ is fragile and therefore, responsible for the development of the symptom. ACD can even anticipate and reveal developing pathological processes before their clinical manifestation and therefore can prevent illnesses.

The stimulation of this Causative Auricular Point tremendously increases therapeutic success, leads to immediate relief of the pathological symptom, helps to recover organ functions, and can prevent illnesses.

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Journal of Acupuncture and Meridian Studies is a bimonthly, peer-reviewed, open access journal featuring high-quality studies related to basic and clinical acupuncture and meridian research. It includes a new paradigm of integrative research, covering East and West, and traditional and modern medicine. The journal also covers areas of integrative biomedical research and health science in general, as well as other modalities.

Topics covered include anatomy and functions of meridians, basic and clinical research on acupressure, electroacupuncture, laser acupuncture, pharmacopuncture (herbal acupuncture, acupoint injection), and related studies in human and animals. Articles on general health science and other modalities, such as anthroposophy, ayurveda, bioelectromagnetic therapy, chiropractic, herbology (herbal medicine), homeopathy, neural therapy and meditation, are also eligible for consideration if the articles are related to acupuncture and meridian studies. Manuscripts types accepted include topical reviews, original research, brief reports and case reports.

EDITOR-IN-CHIEF
Pan-Dong Ryu
Seoul National University, Korea

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This is why many common conditions can and should be treated with the help of ACD. Since different causes can be at the origin of identical symptoms, the discovery of the true inner problem through ACD, helps physicians treat the root of symptom and improves the efficiency of the treatments.

Room: Master Workshop 4
Ballroom C  15:00 - 16:30

MW4 Leitbahnenergetik

C.H. Hempen, Germany
Workshop in German, no translation

Die Leitbahnen, auf denen die Akupunkturpunkte zu finden sind, unterliegen einer eigenen Ordnung und einer eigenen energetischen Bewertung. Die energetische Beurteilung einer Leitbahn (ob „öffnend“, „schließend“ oder „angelpunktartig“) hat für die Praxis der Chinesischen Medizin eine zentrale Bedeutung. Grundlegend dafür ist ebenso, welchen Füllungszustand an Qi und Xue die einzelnen Leitbahnen aufweisen. Nur mit diesem Rüstzeug und Wissen kann man in der Folge einer chinesischen Diagnose die korrekte, therapeutisch relevante Leitbahn aussuchen. Dieser Workshop hat einen engen Bezug zum ärztlichem Alltag mit einer hohen klinischen Bedeutung.

Room: Master Workshop 5
Van Gogh 15:00 - 16:30

MW5

A special guests' workshop.
Will be announced

Room: 16:30 - 17:30
Foyer of the Congress Venue

Farewell Party with Finger Food & Music

Meet up with your old and new friends, exchange the last business cards and enjoy some snacks while listening to music before your departure.

Raum:
Ballsaal B 

Symposium 2
09:00 - 10:30 Uhr

S2 Die Bedeutung der Akupunktur, der TCM und komplementärer medizinischer Verfahren in der multimodalen Schmerztherapie – Drei Modellprojekte

Vorsitz: J. Audette, USA
G. Dobos, Deutschland

Die Häufigkeit chronischer Schmerzen wird weltweit auf 30 bis 50% geschätzt, und die Global Burden of Disease Study der WHO zeigt deutlich, dass die Prävalenz von Schmerz-erkrankungen trotz des medizinischen Fortschritts weiter ansteigt. Des Weiteren konnte gezeigt werden, dass das Risiko für die Entwicklung einer chronischen Schmerz-erkrankung stark mit der unzureichenden Behandlung akuter Schmerzen zusammenhängt. Laut der International Association for the Study of Pain ist die Verfügbarkeit der Akutschmerztherapie nach Verletzungen und Traumata in vielen Teilen der Welt nicht ausreichend. Analgetika sind in den meisten Entwicklungsländern zu teuer oder gar nicht verfügbar. Bei chronischen Schmerz-erkrankungen ist die Wirksamkeit einer Langzeitmedikation außerdem nicht nachgewiesen.

Im Gegensatz dazu besteht für die Akupunktur und andere Therapien der TCM sowie der Komplementär- und Alternativmedizin (CAM) ein hoher Grad an wissenschaftlicher Evidenz für deren Wirksamkeit bei akuten und chronischen Schmerzen. Dies spiegelt sich auch in der immer häufigeren Empfehlung in nationalen und internationalen Leitlinien wieder. Goldstandard für die Behandlung chronischer Schmerzen ist die interdisziplinäre, multimodale Schmerztherapie (IMST), die auf einem bio-psycho-sozialen Verständnis von Schmerz-erkrankungen beruht. Sie umfasst mindestens psychologische und physiotherapeutische Maßnahmen und wird häufig in Gruppenprogrammen angeboten.

Akupunktur sowie andere Verfahren der TCM und CAM können wertvolle Therapieelemente bei der IMST sein. Denn diese Therapieansätze wirken schmerzlindernd, haben positive Effekte auf die körperliche Funktionsfähigkeit und die Balance des vegetativen Nervensystems (z.B. Qigong, TaiChi, Yoga) und steigern die Selbstwirksamkeit der Patienten (z.B. Akupressur, Wickel und Auflagen der klassischen Naturheilkunde). In diesem Symposium erhalten Sie Einblicke in 20 Jahre Erfahrung bei der Implementierung von Akupunktur, TCM und CAM sowie die interdisziplinäre, multimodale konventionelle Schmerztherapie. Auch die komplementäre Behandlung akuter Schmerzen wird Thema sein.

09:00 **Einführung: Bedeutung komplementärer Verfahren in der Schmerztherapie**
J. Audette, USA

09:15 **Komplementäre und integrative Schmerzmedizin – “Das Essen-Model”**
W. Kohl, Deutschland

09:40 **Integrierte chinesische und westliche Therapien in der Behandlung von akutem Kreuzschmerz in einem öffentlichen Krankenhaus in Hong Kong**
V. Hau, Hong Kong

10:05 **Das Münchner Naturheilkundliche Schmerzintensivprogramm (MNS) – Konzept und Langzeitergebnisse**
D. Irnich, Deutschland

Raum:
Ballsaal B 

Symposium 8
14:00 – 15:45 Uhr

S8 Der überempfindliche Patient: Kann die Forschung uns lehren, ihn mit Akupunktur zu behandeln?

Vorsitz: R.D. Treede, Deutschland
R. Harris, USA

Jeder Arzt kennt diese Patienten: Sie reagieren überempfindlich auf sensorische Reize. Ist es ratsam diese Patienten mit Akupunktur zu behandeln? Und wenn ja, welche Stimulationsart ist die beste? In diesem Symposium werden wir uns diesen Fragen von Seiten der Wissenschaft nähern. Als erstes wird Joseph Audette, Harvard Medical School, einen Überblick darüber geben, wie Akupunktur wirksam myofasziale Schmerzen reduziert und zentralen Sensibilisierungsprozessen der Schmerzverarbeitung entgegenwirkt. Im Anschluss daran stellt Jiang-Ti Kong, Stanford-Universität, den Zusammenhang zwischen der Druckschmerzschwelle und anderen klinischen Parametern bei chronischen Schmerzpatienten dar. Sie wird außerdem ihre neuesten Forschungsergebnisse zum prädiktiven Wert verschiedener sensorischer Schwellen für die Wirksamkeit der Elektroakupunktur bei Rückenschmerzen vorstellen. Dann beschreibt Oliver Cuignet, Präsident der Belgischen Gesellschaft für Ärztliche Akupunktur, eine Studie, die manuellen Akupunktur mit Elektroakupunktur vergleicht und gleichzeitig untersucht die Druckschmerzschwelle deren Erfolg vorhersagt. Abschließend gibt Petra Bäumler vom Klinikum der LMU München einen Überblick über die sensorische Schwellen als Indikatoren und Prädiktoren für die Akupunkturwirkung.

Vorsitzende in diesem Symposium sind Richard Harris, Direktor der Abteilung für Bildgebung am Chronic Pain and Fatigue Research Center, University Michigan und Rolf-Detlef Treede, ehemaliger Präsident der International Association for the Study of Pain (IASP).

14:00 **Einleitung zur zentralen Sensibilisierung**
R.D. Treede, Deutschland

14:15 **Myofasziale Schmerzen und zentrale Sensibilisierung: Evidenzbasierte Behandlung mit Akupunktur**
J. Audette, USA

14:40 **Untersuchungen zur Rolle der Quantitativ Sensorischen Testung: Biomarker für chronischen Schmerz und Prädiktor für die klinische Akupunkturwirkung**
J.T. Kong, USA

15:05 **Effekte der Elektroakupunktur an myofaszialen Triggerpunkten auf den Schmerz und die sensorischen Schwellen bei chronischen Kreuzschmerzpatienten**
O. Cuignet, Belgien

15:25 **Sensorische Schwellen als Indikatoren und Prädiktoren für die klinische Akupunkturwirkung**
P. Bäumler, Deutschland

Raum:
Ballsaal A/B/C 

Plenarvortrag 1
16:15 - 17:00 Uhr

P1 Rolle der Akupunktur und verwandter Techniken angesichts der Opiat-Krise

G. Dobos, Deutschland eingeführt von S. Popat, Germany

Die Opiatkrise führte in den USA zu 40.000 Toten im Jahr 2016, Tendenz deutlich steigend. Dies ist eine besondere Situation, die nicht auf Deutschland zu übertragen ist, aber auch hierzulande sind bedenkenswerte Anstiege beim Gebrauch von starken Opioiden bei chronischen Nicht-Tumorschmerzen beschrieben.

Als effektive Alternative oder zur Dosisreduktion sind Akupunktur und verwandte Methoden zu diskutieren. Sie stellen akut und langfristig wirksame Therapien zur Behandlung chronischer Schmerzen dar und senken damit die Notwendigkeit einer Opiattherapie. In diesem Plenarvortrag werden die wissenschaftliche Evidenz sowie klinische Erfahrungen mit Akupunktur und verwandten Methoden wie der Neuraltherapie, Tuina, Guasha, Taiji und Qigong als zentrale Komponenten der komplementären und integrativen Schmerztherapie vorgestellt.

Prof. Dr. Gustav Dobos ist Direktor der Klinik für Naturheilkunde und Integrative Medizin, Kliniken Essen-Mitte und Lehrstuhlinhaber der Alfred Krupp von Bohlen und Halbach-Stiftungsprofessur für Naturheilkunde, Medizinische Fakultät der Universität Duisburg-Essen. Er hat über 250 wissenschaftliche Publikationen verfasst sowie 7 Bücher über Komplementärmedizin und body mind Medizin. Er ist 1. Vorsitzender der Deutschen Gesellschaft für Naturheilkunde.

Raum:
Ballsaal A/B/C 

Plenarvortrag 2
17:15 - 18:00 Uhr

P2 Kann Akupunktur das Bewusstsein beeinflussen?

C.R. Chapman, USA eingeführt von H.J. Ebell, Deutschland

Körperliche Wahrnehmung und Wohlbefinden werden von unserem Bewusstsein gesteuert, welches sich selbst konstant in Wandlung befindet. Bewusstsein ist das Produkt unbewusster Prozesse, die sich auf das autonome Nervensystem (Blutkreislauf, Organfunktion), die Hypothalamus-Hypophysen-Nebennierenrinden-Achse, das Immunsystem und auf die Zytokinproduktion auswirken. Dysregulation dieser Systeme können Beschwerden und Krankheiten auslösen oder verstärken. Richard Chapman zeigt auf wie Akupunktur verschiedene Ebenen des (Unter-) Bewusstseins beeinflussen und mitunter regulieren kann, dass sich daraus eine Verbesserung des körperlichen Bewusstseins ergibt.

Prof. C. Richard Chapman ist Psychologe und Professor emeritus für Anaesthesiologie am Schmerzforschungszentrum der Universität von Utah, ein Pionier der Schmerzmedizin. Er hat über 45 Jahre zu Schmerz und verwandten Themen geforscht. Er ist Zeuge und Begleiter der modernen Schmerztherapie seit Anbeginn und hat diese entscheidend mit beeinflusst. Seine unzähligen Arbeiten und Publikationen beinhalten psychophysiologische Forschungsprojekte, klinische Studien zu Tumorschmerzen, chronischen und akuten Schmerzen. Sein Interesse gilt der Methodik der Schmerzmessung, Facetten des Leidens, multivariante Verfahren des Studiendesigns und der Datenanalyse, Opioidtherapie und in den letzten Jahren hat er sich insbesondere mit dem Thema Schmerz und Bewusstsein auseinander gesetzt.

Raum:
Ballsaal A/B/C 

Plenarvortrag 3
09:00 - 10:30 Uhr

P3 Kann die TCM globale Bedeutung erlangen?

09:00 **P.U. Unschuld, Deutschland** eingeführt von W. Stör, Deutschland

In gewisser Weise ist TCM bereits global, denn sie wird in zahlreichen Ländern aller Kontinente praktiziert. Im Vergleich zur sogenannten westlichen Medizin steht die TCM hinsichtlich ihrer globalen Durchdringung jedoch noch deutlich zurück. Die Gemeinschaft der westlichen Medizin ist eine Weltgemeinschaft, deren Mitglieder alle einen vergleichbaren Zugang zu Ressourcen und Wissen haben und die gleiche Terminologie verwenden.

Jeder, unabhängig von seinem kulturellen oder geographischen Hintergrund, ist berechtigt zum Fortschritt der westlichen Medizin beizutragen. Das ist für die TCM Therapeuten bei weitem nicht der Fall. Es wurde bislang keine international standardisierte Terminologie festgelegt. Chinesische TCM Therapeuten erkennen selten, wenn überhaupt, wissenschaftliche Erkenntnisse zur TCM aus anderen Ländern an. Der Zugang zu historischen Quellen ist denjenigen vorbehalten, die klassisches Chinesisch sprechen können. Übersetzungen der klassischen Texte in westliche Sprachen durch chinesische Autoren sind aus philologischer Sicht häufig unzureichend, um den wirklichen Charakter der klassischen Chinesischen Medizin darzustellen. Die Gründe für das Interesse an TCM sind sehr unterschiedlich. Es gibt diejenigen, die eine Alternative zur westlichen Medizin suchen und solche, die TCM als Teil einer modernen Bio-Medizin sehen. Die globale Realität der TCM ist somit hochgradig vielschichtig. Es bleibt zu hoffen, dass der ICMART-iSAMS Kongress 2018 einige Stimuli gibt, um die Globalisierung der TCM voranzubringen.

P3 Kann die TCM globale Bedeutung erlangen?

09:45 **N. Robinson, UK** eingeführt von N.N

Evidenzbasierte Medizin basiert auf Forschungsergebnissen, die es ermöglicht effektive Therapiemaßnahmen zu identifizieren und als klinischen Leitlinien zusammengefasst werden. Je nach Land sind unterschiedliche Organisationen und verschiedenen Entscheidungsträger an der Erstellung beteiligt. Obwohl sie sich theoretisch auf die gleiche wissenschaftliche Evidenz stützen sind Leitlinien teilweise deutlich unterschiedlich. Die Forschung zur Akupunktur hat in den letzten 20 Jahren stark zugenommen und wird in klinischen Leitlinien häufig nicht adäquat wiedergegeben. Beispiele hierfür sind die Indikationen Schlaganfall, Kreuzschmerz, Ischialgie und Kniegelenksarthrose. Hinzu kommen die großen Abstände, in denen Leitlinien aktualisiert werden. Auch sind selten Experten im Bereich der Akupunktur in den Gremien vertreten. Aktuellste Forschung lässt vermuten, dass es in Zukunft weit mehr positive Empfehlung zum Einsatz der Akupunktur in Leitlinien geben wird als Ärzte, Wissenschaftler und Akupunkteure erwarten.

Raum:
Ballsaal B 

Symposium 14
11:00 - 12:30 Uhr

S14 Akupunktur in der Anaesthesiologie – Implementierung und neue Wege

Vorsitz: B. Zwißler, Deutschland
R. Chapman, USA

Akupunktur spielt in der Anaesthesiologie eine zunehmend große Rolle. In der Prävention von post-operativer Übelkeit und Erbrechen besteht für die P6-Akupunktur Evidenz des Levels 1a. Außerdem wächst die Zahl positiver Studien zur Akupunktur in der Behandlung post-operativer Schmerzen. Bei diesen zwei Indikationen stehen wir vor der Herausforderung, die Akupunktur in laufende Systeme zu integrieren.

Außerdem hat hochwertige klinische und Grundlagenforschung neue spannende Erkenntnisse zu weiteren Indikationen hervorgebracht. So zeigten klinische Studien eine antiarrhythmische Wirkung der Akupunktur, die einem meta-analytischen Vergleich mit den Standard-Antiarrhythmika unterzogen wurden. Im Bereich der Grundlagenforschung zeigt die Akupunktur anti-inflammatorische Wirkung und Verbesserung der Organfunktion im Sepsismodell.

Dieses Symposium erfüllt die höchsten wissenschaftlichen Ansprüche und gibt gleichzeitig praktische Hinweise.

11:00 **Einführung**

B. Zwißler, Deutschland

11:10 **Akupunktur für perioperative Analgesie – Evidenz und Praxis**

T. Usichenko, Deutschland

11:30 **Implementierung der P6 Akupunktur im perioperativen Setting**

D. Irnich, Deutschland

11:50 **Vergleichende Wirksamkeit von Akupunktur und Antiarrhythmika zur Prävention von Herzrhythmusstörungen: Eine systematische Review und Meta-Analyse von randomisierten kontrollierten Studien**

Y. Xing, China

12:10 **Akupunktur in einem Sepsismodell – vom peripheren neuronalen Stimulus zur anti-inflammatorischen Wirkung**

R. Torres Rosas, Brasilien

Raum:
Ballsaal B 

Symposium 20
14:00 - 15:45 Uhr

S20 Die beste Art zu forschen

Vorsitz: C. Witt, Schweiz
V. Napadow, USA

Die Suche nach dem Stichwort "acupuncture" in Pubmed, der führenden Datenbank der medizinischen Forschung, ergibt über 28,000 Artikel; die Suche nach "research methodology" mehr als 120,000 Artikel. Dieser Umstand verursacht bei den meisten nicht forschend Tätigen das Gefühl der Hilflosigkeit, und viele Fragen bleiben unbeantwortet.

Wie kann man die Qualität wissenschaftlicher Studien beurteilen? Wie sind die Resultate zu interpretieren? Warum sind die Ergebnisse qualitativ hochwertiger klinischer Studien mitunter gar nicht auf die tägliche Praxis anwendbar? Beeinflusst allein das Design der Studie schon das Ergebnis? Und spielt klinische Erfahrung per se heute überhaupt noch eine Rolle?

Um diese Fragen zur Akupunkturforschung zu beantworten, sind exzellente Kenntnisse sowohl in Akupunktur als auch in Forschungsmethodik und vor allem viel Erfahrung im Design, in der Durchführung und bei der Publikation klinischer Studien notwendig.

Das Symposium schließt ganz im Sinn des Themas mit einer herausragenden Leistung im Bereich der Akupunkturforschung, die Vorstellung der Arbeit, die mit dem ICMART Science Award 2018 ausgezeichnet wurde.

14:00 **Studien zur Efficacy und Effectiveness – Wo stehen wir, und was bleibt zu tun?**

C. Witt, Schweiz

14:25 **Quasiexperimentelle Beobachtungsstudien im Bereich Akupunktur**

D. Carr, USA

15:50 **Akupunktur in Studien mit Scheinakupunkturkontrolle scheint weniger wirksam zu sein als Akupunktur im klinischen Alltag: Eine vorläufige Netzwerk-Metaanalyse**

M.S. Lee, Südkorea

15:15 **Laudatio ICMART Science Award**

D. Irnich, Deutschland

15:20 **Vorstellung der mit dem ICMART Science Award 2018 ausgezeichneten Studie**

Raum:
Ballsaal A/B/C 

Plenarvorträge 5/6/7
16:15 - 18:00 Uhr

**P5/6/7 Die Acupuncture Trialists' Collaboration:
Die weltweit größte Datenbasis zu Akupunktur und Schmerz –
Wir präsentieren Ihnen alle Ergebnisse**

Symposium in Memoriam George Lewith

Vorsitz B. Brinkhaus, Deutschland
D. Irnich, Deutschland

Der Acupuncture Trialists' Collaboration (ATC) verdanken wir die bislang solideste Evidenz für die Wirksamkeit der Akupunktur bei der Behandlung chronischer Schmerzen. Hierzu wurden die Ergebnisse großer randomisiert kontrollierter Studien mittels eleganter und robuster statistischer Methodik zusammengefasst. Über 30 hochwertige randomisierte klinische Studien mit weit über 20.000 Patienten (individuelle Daten) bieten die Grundlage für diese Analysen. Damit erreicht die klinische Akupunkturforschung ein Niveau welches selbst in der Erforschung konventioneller medizinischer Verfahren in der Regel nicht erreicht wird. Erfahren Sie mehr über diese bahnbrechenden Ergebnisse, und was sie für die tägliche Akupunkturpraxis bedeuten. Diese Plenarvorträge sind dem Gedenken an George Lewith gewidmet; einem der bedeutendsten Gründungsmitglieder der ATC und Pionier der Akupunkturforschung

16:15 **Einführung und Gedenken an George Lewith**
B. Brinkhaus, Deutschland

16:30 **Hauptergebnisse des aktuellen Updates**
K. Linde, Deutschland

17:15 **Der Einfluss der Eigenschaften von Patient und Therapeut und Kontrollgruppe**
C. Witt, Schweiz

Raum:
Ballsaal: A/B/C 

Plenarvorträge 10/11/12
09:00 - 10:30 Uhr

P8/9/10 Die Spuren der Akupunktur im Gehirn

T. Burgoon, USA

Vorsitz: Y. Chae, Südkorea
T. Burgoon, USA

Bildgebende Techniken haben substantiell zum Verständnis der Akupunktur beigetragen. Drei der bedeutendsten Forscher auf diesem Gebiet werden einen aktuellen Überblick dazu geben, wie Akupunktur Neuroplastizität beeinflusst, das autonome Nervensystem reguliert und wie diese Erkenntnisse dem Praktiker helfen, seine Behandlung zu optimieren.

09:00 **Mit Akupunktur den somatosensorischen Kortex von Patienten mit Carpal tunnel syndrome neu verkabeln**
V. Napadow, USA

Neuroplastizität bezeichnet die Fähigkeit des Gehirns sich während des gesamten Lebens anzupassen. Zum Beispiel kann die Gehirnaktivität, die einer bestimmten Funktion zugeordnet wird, Ihre Lokalisation ändern, der Anteil der grauen Substanz ist variabel, und Synapsen können neu entstehen und verschwinden. In diesem Symposium werden bahnbrechende Ergebnisse präsentiert, die das Potential der Akupunktur bestätigen, an zentraler Ebene tiefgreifende therapeutische Wirkungen zu entfalten.

09:30 **Selbst-Akupressur gegen Schmerz und andere Begleitsymptome bei Krebsüberlebenden**
R. Harris, USA

Viele Krebsüberlebende leiden unter Symptomen wie Schmerz, Abgeschlagenheit sowie Gemüts-, Schlaf- und kognitiven Störungen. Neueste Daten funktioneller und chemischer Bildgebung helfen, die zerebralen Vorgänge, die diese Symptome reflektieren, besser zu verstehen und wie Akupressur individuell angepasst werden kann, um diese zu lindern.

10:00 **Wirkung der Akupunktur auf das autonome Nervensystem – Evidenz Gehirnforschung mittels bildgebender Verfahren**
F. Beißner, Deutschland

Wie können die primär somatosensorischen Signale, die die Akupunktur im Gehirn verursacht, therapeutische Effekte auslösen? Die Neurowissenschaften haben sich in den letzten Jahrzehnten intensiv mit dieser Frage beschäftigt. So konnten traditionelle Theorien in die Sprache neurophysiologischer Mechanismen der Akupunktur übersetzt werden. Die bildgebenden Verfahren der Gehirnforschung haben essentiell dazu beigetragen zu belegen, dass durch Akupunktur eine Balance des autonomen Nervensystems erreicht werden kann.

5 TYPES OF PYONEX



Raum:
Ballsaal B

Symposium 26
11:00 - 12:30 Uhr

S26 Tiefe Einblicke in die Tradition der Akupunktur und TCM

Vorsitz: R. Pothmann, Deutschland
T. Dawid, Uruguay

Ziel dieses Symposiums ist es, das Verständnis der Tradition der Akupunktur und Chinesischer Medizin zu vertiefen. Begonnen wird mit einem Vortrag zu, der den Höhepunkt der Entwicklung der Chinesischen pharmazeutischen Literatur vor der Konfrontation mit der modernen westlichen Medizin markiert.

Das Ben cao gang mu ist eine Enzyklopädie mit Quellen der vorangegangenen zwei Jahrtausende die Li Shizhen auf seinen Reisen durch China zusammentrug. Er ist eine Sammlung von Wissen und theoretischen Ansätzen, die keinesfalls ausreichend erforscht ist.

Der Vortragende Paul. U. Unschuld ist Herausgeber des Lexikons des Ben cao gang mu, was dessen erste verlässliche englische Übersetzung darstellt. Diese Übersetzungsleistung wurde während der Feierlichkeiten zum 500. Jubiläum von Li Shizhen selbst in China gewürdigt.

Dieses Symposium führt noch weiter in die Vergangenheit, nämlich zu den Gräbern von Laoguan shan 老官山 in Chengdu. In den 2012 und 2013 ausgegrabenen Stätten verbargen sich viele medizinische Manuskripte sowie hölzerne Figuren mit Akupunkturpunkten und Meridianen. Diese Funde stellen die Ursprünge der Akupunktur in einem völlig neuen Licht dar, denn sie gehen auf die Regierungszeit der Herrscher Jing 景 und Wu 武 of der westlichen Han-Dynastie (156 – 86 BC) zurück. Damit stellen sie ein entscheidendes Bindeglied zwischen den archäologischen Funden der Mawangdui-Gräber und dem späteren medizinischen Theoriegebäude der Akupunktur dar.

Abschließend widmen wir uns wieder der klinischen Bedeutung der alten Weisheiten. Eines der Vermächtnisse der Chinesischen Akupunktur sind die 13 Dämonentore des Meisters Sun Si-Miao. Die Bedeutung dieser 13 Tore kann aus den antiken Standardwerken und aus den Lehren zeitgenössischer Meister hergeleitet werden. Als eine Art symbolischer Therapie auf der einen und als ein somatopsychischer Ansatz auf der anderen Seite, können die 13 Tore als ein wertvolles Werkzeug zur Lösung emotionaler Konflikte von Patienten beitragen. Das Konzept der Dämonentore zeigt die Zusammenhänge somatischer Strukturen mit emotionalen und psychischen Konflikten auf und bietet somit einen speziellen therapeutischen Zugang innerhalb der Akupunkturpraxis.

11:00 **Das Ben Cao Gan Mu**
P. U. Unschuld, Deutschland

11:30 **Neue Einblicke in die Ursprünge der Akupunktur – Archäologische Funde der Han-Gräber von Laoguan Shan**
U. Engelhardt, Deutschland

12:00 **Das moderne Verständnis der 13 Dämonenpunkte des Sun Si Mao und deren klinischen Nutzen**
M. Hammes, Deutschland

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Ahn Byung Soon, O.M.D, PhD (South Korea)

Byung Soon Ahn serves as President of the Korean Pharmacopuncture Institute (KPI)

Alp Hayriye, Ass. Prof. Dr. (Turkey)

Hayriye Alp has completed her PhD at Necmettin Erbakan University School of Medicine, Anesthesiology. She is the director of GETAT CENTER and has published more than 5 papers in reputed journals.

Amarell Catharina, Dr. med. (Germany)

Catharina Amarell is a senior physician at the Children Hospital St. Marien in Landshut responsible for general pediatrics, emergency ward, pain ambulatory and integrative medicine. She has specialized in acupuncture and traditional Chinese medicine as well as classical naturopathy.

Arnstadt Nike, MD (Germany)

Nike Arnstadt works in a private practice in Munich. She has been working in Pain Therapy, Physical medicine and Palliative care. She was trained at multiple national and international institutions, for example at the Helms Medical Institute, Berkeley, USA.

Audette Joseph F., Ass. Prof. MA, MD (USA)

Joseph F. Audette, Assistant Professor, Harvard Medical School is board certified in PM&R and Pain and trained at the Tristate School of Traditional Chinese Medicine. For the last 20 years he has been active in research, as well as clinically, integrating Chinese and CAM. He is currently the chief of the Department of Pain Medicine at Atrius Health. He is also the course director of an internationally recognized physician training course in acupuncture: "Integrated Structural Acupuncture". His research interests include myofascial pain, Chinese medicine, Japanese acupuncture and chronic pain and he has lectured nationally and internationally on these topics.

Ayati Mohammad Hossein, Ass Prof. MD (Iran)

Mohammad Hossein Ayati obtained his medical degree in 2001 at the Mashhad University of Medical Sciences and a PhD in Chinese Medicine from the Beijing University of Medical Sciences. Since 2011, he has been serving as an assistant professor at the School of Traditional Medicine of Tehran University of Medical Sciences which is the first school of traditional medicine in Iran and the largest medical university of the country. He is active in research, teaching and is a tutor for postgraduate students. He is also responsible for international affairs of the Office for Traditional Medicine in the Ministry of Health and Medical Education of Iran.

Bachmann Jürgen, Dr. med. (Germany)

Jürgen Bachman has practiced acupuncture for four decades and combines both Chinese and Western approaches in orthopedics and traumatology. He is specialized in the integration of acupuncture, manual medicine, tuina and neural therapy into the conventional treatment of the musculoskeletal system. He was taught acupuncture in the 90s in China and has been a member of the faculty staff of DÄGfA for decades. Already in 1993 he established a multimodal outpatient care setting rehabilitation and now focuses on integrative approa-

ches in pain care. He serves as board member of the professional association of pain specialists (BVSD e.V.).

Bäumler Petra, Dr. rer. biol. hum. MSc MPH (Germany)

Petra Bäumler holds a Master's degree in Molecular Biotechnology and in Public Health. She works as a research assistant at the Multidisciplinary Pain Center, City Centre, Department of Anesthesiology at the University Hospital of the Ludwig-Maximilians-University Munich where she also obtained her doctorate degree in 2017. She has won six scientific awards since 2011 (a.o. Excellence in Integrative Medicine Research Award 2016 of ESIM and Johannes Bischof Award 2015 of ÖGA). In addition, she is a member of the Scientific Chapter of the German Acupuncture Association (DÄGfA).

Bahr Frank, Prof. mult. h. c. China Dr. med. (Germany)

Frank Bahr started his studies on acupuncture in the 1970s and has become one of the leading pioneers in acupuncture, ear acupuncture and laser medicine. For his outstanding achievements he has received multiple professor titles from the Nanjing University in China and the Chinese Academy of Sciences. He is author of numerous acupuncture textbooks and high ranked scientific publications. He has been serving as president of the DAA (German Academy of Acupuncture) and serves as president-elect of the European Academy of Traditional Chinese Medicine (EATCM e.V.)

Banzer Winfried, Prof. Dr. med. Dr. phil. (Germany)

Winfried Banzer is a specialist in sports medicine as well as manual medicine and acupuncture. He has been a professor of sports medicine at the Johann Wolfgang Goethe University in Frankfurt since 1995 and dean of the Faculty of Psychology and Sports Sciences until 2017. Currently he is head of the scientific committee of the German Medical Association of Acupuncture (DÄGfA). Winfried Banzer has over 100 publications in various peer reviewed national and international journals.

Behrens Nicolas, Dr. med. (Germany)

Nicolas Behrens is a specialist in physical medicine and rehabilitation and currently works in a private practice. For more than 30 years he has been DÄGfA lecturer with a particular focus on pain therapy, locomotor system, trigger points, somato-psychic and holistic approach as well as integrative acupuncture.

Beyens François, Dr. MD (Belgium)

François Beyens studied Chinese and acupuncture in Hong Kong and Taiwan in the 70s. He is founding member of the Belgian Association of Medical Acupuncturists and founding member, general secretary (1983-2010) as well as Honorary President of the International Council of Acupuncture and Related Techniques (ICMART).

Beissner Florian, Prof. Dr. phil. nat. (Germany)

Florian Beissner holds an endowed Professorship for Somatosensory and Autonomic Therapy Research at the Hannover Medical School, Institute for Diagnostic and Interventional Neuroradiology. He is a physicist by training and obtained his doctorate degree from the Max-Planck-Institute for Biophy-

sics and the Brain Imaging Center Frankfurt and performed a postgraduate study program for TCM at the University of Porto. He was also post-doctorate fellow at the University of Jena and at the Harvard Medical School. He has published more than 30 original research articles and reviews and has been repeatedly awarded for his outstanding work.

Bidon Sylvie, MD (France)

Sylvie Bidon is treasurer of the French Acupuncture Federation For Research and Medical Care (FAFORMEC) as well as secretary of the French College of Acupuncture (CFA-MTC). She currently also serves as president of the Normandy Society of Acupuncture (SAHN).

Bijak Michaela, Dr. med. (Austria)

Michaela Bijak has been serving as a board member and senior lecturer at the Austrian Acupuncture Society (ÖGA) since 1995. She has performed research at the Johannes Bischof Institute for Acupuncture in Vienna. She is editor of the German Journal of Acupuncture and Related Techniques (DZA) and ICMART board member.

Blum Sandra, cand. Med. (Austria)

Sandra Blum is a medical student at the Medical University in Graz, Austria and has joined the Research Group for Pediatric Traditional Chinese Medicine at the TCM Research Centre in Graz (Acupuncture Research) in order to work on her doctorate degree. Mrs. Blum is laureate of the ICMART Young Scientists Travel Award 2018.

Brinkhaus Benno, Prof. Dr. med. PhD (Germany)

Benno Brinkhaus, MD is Professor of Internal Medicine and Clinical Epidemiology. He is currently Head of the project division for Complementary and Integrative Medicine (CIM) and Head of the Charité outpatient clinic for CIM at the Institute for Social Medicine, Epidemiology and Health Economics, Charité Universitätsmedizin Berlin, Germany. He has been the principal investigator of several projects including more than 20 RCTs in the field of CAM and acupuncture (e.g. the large German acupuncture ART and ARC trials, ACUSAR study). His research projects were funded a.o. by the EU-FP7 program, the German Research Foundation (Deutsche Forschungsgemeinschaft, DFG), German ministries (BMBF, BMFSFJ) and German health insurance companies. He is member of different medical and acupuncture societies and reviewer of national and international medical journals.

Bromme Sabine, Dr. med. (Germany)

Sabine Brommer has been working for over 20 years in a practice for internal medicine in Munich with a focus on CM. She had training in Chinese Medicine as CPC (Certified Physician of Chinese Medicine) at the SMS- International Society for Chinese Medicine and she is a Master of Science for CM at the Technical University Munich.

Burgoon Thomas, MD (USA)

Thomas S. Burgoon's work focuses on the use of medical acupuncture for common but difficult-to-treat medical conditions as well as health maintenance and disease prevention. He is past president of the American Academy of Medical

Acupuncture (AAMA) and is still in the editorial board of the AAMA's Journal Medical Acupuncture. He is also chair of the Institutional Review Board at the New York College of Traditional Chinese Medicine and advisor for the non-profit organization Unite for Her, which supports women with breast cancer by providing complementary therapies.

Cabioglu Mehmet Tuğrul, Prof. Dr. (Turkey)

Starting in the year 2000 Mehmet Tuğrul Cabioglu has been repeatedly elected as a member of the "Acupuncture Scientific Institution for the Ministry of Health". Most recently he became part of the supreme council of "Contemporary and Complementary Medical Science and Technology for the Ministry of Health" where his duties still continue. He is vice president of the Acupuncture and Complementary Medical Association of Ankara and a board member of the World Federation of Acupuncture – Moxibustion Societies.

Cameron Silke, PD Dr. med. MA (Germany)

Silke Cameron studied medicine, literature and history of art (M.A.) in Aachen and Munich. After a postdoctoral fellowship in Tokyo, she completed her specialization in internal medicine and gastroenterology at the University of Göttingen. She habilitated 2015 (PD) on gastrointestinal stromal tumors. Since 06/2017 she is serving as a director of the Department of Gastroenterology and General Internal Medicine at the Teaching Hospital Hann in Münden and has a research position at the University Göttingen.

Carr David, MD PhD (USA)

David Carr is an academic obstetrician with subspecialist expertise in Maternal Fetal Medicine and additional training and experience in Western Medical Acupuncture. He currently works at the University of Vermont and is Editor-in-Chief of the BMJ specialty journal „Acupuncture in Medicine“, the highest impact acupuncture-only academic publication. He has particular research, educational and clinical interests in the use of acupuncture and related techniques in pregnancy and childbirth.

Cayir Yasemin, Assoc. Prof. (Turkey)

Yasemin Cayir is associate professor at the Ataturk University Faculty of Medicine, Department of Family Medicine and Acupuncture Unite in Erzurum. Her areas of research are primary care and integrative medicine. In particular she has focused on non-medical treatment options in pregnancy care and during labor.

Chaibún Guillermo, MD (Uruguay)

Guillermo Chaibún is founder and director of the Outpatient Acupuncture Clinic at the University Hospital in Montevideo, Uruguay (Hospital de Clínicas-Universidad). He has been serving as a head professor of the postgraduate courses for medical acupuncture of the Uruguayan Acupuncture Association since 2005 and as a president of the Uruguayan Acupuncture Association since 2016. He is also coordinator of the southern region of FILASMA (Federación Ibero Latinoamericana de Sociedades Médicas de Acupuntura).

Chan Chin, MD (Australia)

Chin Chan is a specialist in the treatment of neuropathic pain and clinical research of acupuncture. For decades he has

been serving for ICMART (board member since 2007, General Secretary of ICMART since 2015, President of ICMART 2010 – 2012) and the Australian Medical Acupuncture College, AMAC (Federal President 2006 – 2010, Federal Secretary 1995 – 2005, board member since 1995).

Chapman C. Richard, PhD (USA)

Professor C. Richard Chapman, Ph.D., a psychologist, is a Professor Emeritus in Anesthesiology at the Pain Research Center, Department of Anesthesiology, University of Utah and a pioneer in Pain Medicine. He has engaged in research on pain and related subjects for more than 45 years. This work includes psychophysical and psychophysiological research on human subjects as well as clinical studies on cancer related pain, chronic pain and acute pain. Enduring themes in his research across the decades include measurement of pain, the nature of suffering, multivariate approaches to study design and data analysis, opioid pharmacotherapy, and a systems approach to mind-body issues.

Chizhykova Maryna, MD (Ukraine)

Maryna Chizhykova studied at the Zaporizhivskiy State Medical University, Medical Department 1993-2000 and attended acupuncture courses at the International Department of the Beijing University of Traditional Chinese Medicine (2013, 2014, 2016). She works as a Neurologist and Acupuncturist at the Rehabilitation Department, Clinical Hospital "Feofaniya", Kyiv and is a Ph.D. candidate of the Department of Internal Medicine/Neurology at the State Scientific Institution "Scientific and Practical Center".

Choi Moon-Seok Prof. (South Korea)

Moon Seok Choi serves as Vice President of The Association of Korean Medicine.

Cuignet, Olivier, MD (France)

Oiver Cuignet is an anesthesiologist and pain specialist. He obtained his medical degree at the Facultés Notre-Dame de la Paix à Namur and the Université Catholique de Louvain en Woluwe. At the Réanimation à l'Université Catholique de Louvain en Woluwe he trained as an anaesthetist. He also performed basic as well as clinical research at the University of Washington, Seattle USA. He studied acupuncture at the Association Belge des Médecins Acupuncteurs and currently serves as president of the Belgian Association for Medical Acupuncture.

Conzen Peter, Prof. Dr. (Germany)

Vice Director, Department of Anaesthesiology, University Hospital, Ludwig-Maximilians University Munich and Senator of the LMU Munich

Colling Christoph, MD (Germany)

Christoph Colling works as a resident in psychiatry and psychotherapy. He is member of the DÄGfA faculty staff and has been trained in different acupuncture approaches, including dry needling, communication, leadership, psychosomatic medicine and healing. He is currently working on a research project about the effects of acupuncture in gerontopsychiatry.

Dawid Thomas, MD (Uruguay)

Tomas Dawid has a managerial position in the National Health Service and serves as Director in a Regional Blood Bank in Punta del Este. He graduated in Superior Courses of Traditional Acupuncture in 1986 (Program of the Nanjing University) and in Medical Homeopathy (LMH). He has completed several Superior Studies in Western Contemporary Neurofunctional Acupuncture. He has his own private Medical Acupuncture Clinics in Punta del Este and Montevideo. He is currently Head Professor of the Postgraduate Courses of Medical Acupuncture in Uruguay, Secretary General of the Uruguayan Acupuncture Association, Secretary General FILASMA and a lecturer in national or international Medical Acupuncture Congresses.

Díaz Rojas Rosalía, MD (Mexico)

Medical Degree at Universidad Anáhuac Mexico Norte, Acupuncture and Herbal Medicine Course at University of Traditional Chinese Medicine of Beijing, Specialist in Human Acupuncture at Instituto Politécnico Nacional, General Coordinator of Academic Events at Colegio Mexicano de Acupuntura Humana, A.C.. Vice President of FILASMA

Dobos Gustav, Prof. Dr. med. (Germany)

Gustav Dobos is Professor for Internal Medicine and Director of the Department for Internal and Integrative Medicine at Kliniken Essen-Mitte in Essen, Germany, a model institution for CAM of the county of North Rhine-Westphalia in 1999. He was trained at multiple renowned institutions in medical and basic science, in acupuncture, physical therapy, nutritional and complementary medicine as well as in Mind-Body Medicine (MBM). In 2004 he was appointed to the Chair of Complementary and Integrative Medicine of the Alfred Krupp von Bohlen und Halbach-Foundation at the University of Duisburg-Essen, Germany. His scientific interest lies in classical naturopathic medicine, Chinese and MBM and in the development of EBM-based guidelines in the field of CAM. This interest results in more than 250 scientific articles listed in medline and 7 books on CAM and MBM. He is president of the German Society for Naturopathic Medicine.

Ebell Hansjörg, MD, Psychotherapist (Germany)

Hansjörg Ebell has worked as an anaesthetist at the Department of Anaesthesiology, University Hospital, LMU Munich. He specialized in Pain Therapy and later on in Psychotherapy. As Psychotherapist he worked in a private practice in Munich. He gained special acknowledgment as teacher and author in hypnotherapy.

Eberz Arnim, Dr. jur. (Germany)

Arnim Eberz is a German lawyer, who specializes in medical law and represents doctors in legal issues. Over the years he has worked on many cases regarding acupuncture.

Elenkova Silvia, Dr. (Bulgaria)

Silvia Elenkova is chief medical manager of the Center of Integrative Medicine in Sofia. Her main activities cover acupuncture, homeopathy, general medicine, prevention, laser therapy and medical management. She is a certified specialist in family medicine. She serves as Scientific Editor of the journal "Acu-

puncture", Bulgaria and has published over 30 publications in Bulgarian and foreign scientific medical journals. She has been serving in different medical associations for many years and is a current member of the ICMART board.

Elsheikh Mai, PhD (Egypt)

Mai Elsheikh is a researcher at the Complementary Department of the National Research Center in Cairo. She obtained a pediatric master from the Medical Faculty of Ain Shams (2013) and her PhD from the National Institute of Enhanced Laser Science (2017) at the Cairo University. Her focus of research is complementary and integrative medicine. Mai Elsheikh was awarded with the Young Scientists Travel Award.

Enev Encho, Dr. med. (Bulgaria)

Encho Enev is founder of the International Fractal Medicine Organisation and member of Board of Directors der BDTCM – Bulgarian Association of Traditional Chinese Medicine. He is manager of endo-med Ltd.

Engelhardt Ute, Dr. phil. (Germany)

Ute Engelhardt is a sinologist, vice president of the International Society of Chinese Medicine (Societas Medicinae Sinensis, SMS) and chief editor of the Journal Chinesische Medizin. She lectures Chinese medicine at the Technical University Munich and at the Department of Asian Studies at the Ludwig Maximilians University, Munich.

Fiala Petr, Prof. MD (Czech Republic)

Petr Fiala is a Professor at Charles University, Prague and head of the Rehabilitation Hospital „LRS Chvaly“. He has experience in practicing acupuncture and TCM for more than 25 years. He is head of the Dept. of Acupuncture and TCM, Institute for the postgraduate training of physicians, Prague, CZ. He is serving as a Co-president of the ECPM, Brussels, as an international delegate of the Czech Medical AP Society and as an advisor to several Prime Ministers and Ministers of Healthcare in Czech Republic.

Fildan Ladislav, MD (Czech Republic)

Ladislav Fildan serves as president of the Czech Medical Acupuncture Society. He has 37 years of practical experiences in anesthesiology and intensive care as well as 30 years of experience in pain treatment. He has practiced acupuncture for 30 years and uses electroacupuncture according to Voll along with homeopathy, Bach Flowers and phytotherapy.

Fiorini Gabriele, MD (Germany)

Gabriele Fiorini obtained a Master of Acupuncture and TCM and was assistant of Prof. Wong at the University of Hong Kong. She is still a member of the Chinese Acupuncture Research Society, Hong Kong. She performed her PhD studies at the University for Complementary Medicines of Colombo, Sri Lanka. She also studied psychology at the City University of Los Angeles, USA and got involved in several pain research projects at the Ludwig-Maximilians University, Munich.

Friedrichs Elisabeth, Dr. med. (Germany)

Elisabeth Friedrichs is a family doctor and acupuncturist in Augsburg, Germany. She is member of the board of the

Medizinische Gesellschaft für Qigong Yangsheng e.V. and associate editor of the journal Zeitschrift für Qigong Yangsheng. She is a member of the German Medical Acupuncture Association (DÄGfA) and NADA. Elisabeth has practiced and taught Qigong for at least two decades.

Genschow, Fernando, Dr. (Brazil)

Fernando Genschow serves as President of the Brazilian Medical College of Acupuncture, CMBA.

Gleditsch Jochen, Dr. med. (Germany)

Jochen Gleditsch is a dentist and ENT specialist. He was lecturer at the University of Munich (LMU) for 25 years and has initiated multiple scientific studies on acupuncture. He is laureate of conventional as well as complementary medicine awards and served as president of ICMART and DÄGfA (Honorary president). He specialized in microsystem acupuncture and in psychosomatics, including the interpretation of the idea of man (Menschenbild). He developed the Very Point Technique®, which is applied all over the world. Jochen Gleditsch is one of the most influential western acupuncturists of the last five decades and has published a huge amount of articles and books.

Günter Uwe, Dr. med. (Germany)

Uwe Günter has specialized in holistic orthopedics and runs a private practice in Berlin.

Haller Heidemarie, MSc (Germany)

Heidemarie Haller is working as a research fellow at the Department of Internal and Integrative Medicine, University of Duisburg-Essen. She has studied psychology and will have completed her PhD in Medical Science in 2018. Her research interests are regulation therapies, emotions, chronic pain, and quantitative and qualitative research methodology.

Hammes Michael, Dr. med. (Germany)

Michael Hammes was supported by a DAAD-grant for four years for studying Chinese language and culture as well as postgraduate studies of TCM at the University of TCM in Beijing, China. He published several scientific publications on basic research and clinical application of acupuncture in pain therapy, as well as reference books on acupuncture and Chinese Medicine. He works in a private practice for neurology, acupuncture, Chinese medicine and pain therapy. He has been serving in DÄGfA and ICMART as a board member, delegate, co-convenor and member of the chairman advisory group of Joint-Working-Group of DIN mirror committee to ISO-TC-249/ ISO-TC-215. He has an appointment as a visiting professor at the First Teaching Hospital of University of TCM Tianjin, PR China.

Harris Richard E., Assoc. Prof. PhD (USA)

Richard Harris is an Associate Professor in the Department of Anesthesiology as well as the Department of Internal Medicine at the University of Michigan, where he is also Director for Neuroimaging at the Chronic Pain and Fatigue Research Center. He received his B.S. degree in Genetics from Purdue University in 1992, his Ph. D. in Molecular and Cell Biology from UC Berkeley in 1997 and completed a postdoctoral

fellowship at NIH. He is a graduate of the Maryland Institute of Traditional Chinese Medicine and has received an MS degree in Clinical Research Design and Statistical Analysis at the University of Michigan. He is a member of the American Pain Society and a past co-President for the Society for Acupuncture Research. He serves as Associate Editor of and Scientific Advisor for the Journal of Acupuncture and Meridian Studies, and is an ad hoc reviewer for several other scientific publications.

Hau Vincent, Dr. FRCSEd (Orth)

Vincent Hau is an orthopedic surgeon specialized in spinal surgery. He is associate consultant at the Department of Orthopaedics & Traumatology in Pamela Youde Nettersole Eastern Hospital in Hong Kong. His research focuses on the evaluation of the efficacy of integrated Chinese medical therapies (acupuncture, Tui-Na, vacuum cupping and Chinese medicine) and western medical treatments on patients with acute low back pain in an orthopedic unit.

Hauswald Bettina, Dr. med (Germany)

Bettina Hauswald is an otorhinolaryngologist since 1985 and is also specialized in allergology and acupuncture. Between 1982 and 2015 she was head of the Department of Allergology at the University Hospital in Dresden, Germany (Universitätsklinik Dresden) and still lectures on gustology and olfactology. Since 2015 she has focused on research mainly in the field of allergology. Mrs. Hauswald is a lecturer for the German Medical Acupuncture Association (DÄGfA) and co-founder of the German Consortium for Allergology, Immunology and Environmental Medicine of the German ENT Society.

Hempfen Carl-Herrmann, Prof. Dr. med. (Germany)

Carl-Herrmann Hempfen, internist, was president of SMS – International Society for Chinese medicine for many years. He founded „Dr. Hempfen & Colleagues“, one of the largest clinics for CM in Germany in 1984. He is head of Europe's first Master of Science-Program for TCM for doctors at the TU München (www.tcm.sg.tum.de). He is author of several textbooks for CM, e.g. dtv-Atlas für Akupunktur and created a software tool for CM called TCMSOFT.

Henry Wendy, DAOM MSTOM Lac (USA)

Wendy Henry is a Registered Trainer for the National Acupuncture Detoxification Association. Ms Henry co-founded the group Community Relief and Rebuilding through Education and Wellness (CRREW). She developed a program for the Fire Department of New York after „9/11“ and organized NADA services for firefighter and EMS unions. Most recently she has collaborated with the group in Puerto Rico Salud Y Acupuntura para el Pueblo.

Hildenbrand Gisela, Prof. Dr. med. (Germany)

Gisela Hildenbrand is assistant professor at the University of Bonn and is considered an outstanding pioneer of qigong in Germany. She was taught by Prof. Jiao Guorui and teaches his methods of Qigong Yangsheng. She is instructing mentor and board member of the Medical Association for Qigong Yangsheng, Bonn (Medizinische Gesellschaft für Qigong Yangsheng e.V.).

Hong Seungug, Prof. PhD (South Korea)

Seungug Hong is Professor at the Department of Ophthalmology, Otorhinolaryngology & Dermatology, College of Oriental Medicine, Dongguk University Hospital at Ilsan in Gyeonggi-do, Korea. He serves as Chairman of the Korean medicine Ophthalmology, Otorhinolaryngology & Dermatology.

Hor Ting, MD (PR China)

Director of Academy and Museum of Western Studies on Chinese Medicine, Yunnan University of TCM ASMAF (Association Scientifique des Médecins Acupuncteurs de France)

Hummelsberger Josef, Dr. med. (Germany)

Josef Hummelsberger has been serving as vice-president of the International Society for Chinese Medicine (SMS) since 2008. He has also served as president of the SMS for six years (2002-2008). He is a specialist in internal medicine, naturopathy and acupuncture and works in a private clinic in Munich. He was trained among others in Chengdu and since two decades he has been teaching acupuncture and herbal medicine at the SMS, but also nationally and internationally as an invited teacher. He has co-authored some of the key papers in acupuncture, e.g. the large-scale German trials, and he is advisor of different study groups.

In Sul-In, Prof. PhD (South Korea)

Prof. In Sul-In has been working at the Daegu Gyeongbuk Institute of Science and Technology (DGIST) since 2012. He was Dean of External and International Affairs at DGIST from 2016 to 2017. He received his Ph.D. in Chemistry from the University of Cambridge in 2008. He then became a postdoctoral research associate at the Technical University of Denmark in 2010. He also joined the Department of Chemistry at Pennsylvania State University as a postdoctoral fellow before joining DGIST.

Irnich Dominik, PD Dr. med. (Germany)

Dominik Irnich is head of the Multidisciplinary Pain Center, Department of Anaesthesiology at the University Hospital, LMU Munich, City Center and serves as president of the German Medical Acupuncture Association (DÄGfA). As medical acupuncturist he tries to understand the essentials of acupuncture. As researcher, with a high scientific and multiple awarded output, he focuses on the effects of acupuncture and CAM on nociception, sensory perception and clinical outcomes. He is board member of different organizations (ICMART, ZAEN, Hufelandgesellschaft) and member of the Acupuncture Trialists Collaboration (ATC). The Munich Outpatient Program in Complementary and Alternative Medicine for Chronic Pain (MOCAM), which was implemented in 2001, serves as a model for Integrative Medicine in Pain Medicine.

Kang Beomku (South Korea)

Beomku Kang is a medical student at the Acupuncture & Meridian Science Research Center at the College of Korean Medicine, Kyung Hee University in Seoul.

Kara Hasan Hüseyin Prof. Dr. (Turkey)

Hasan Hüseyin Kara is assistant professor and academic staff member at the Department of Nutrition and Dietetics at the Faculty of Health Sciences, Necmettin Erbakan University.

Kim Kyeong Han, Ass. Prof. MD PhD (South Korea)

Prof. Kyeong Han Kim serves as Assistant Professor in Preventive medicine at Woosuk University, Republic of Korea. From 2013 – 2017 he worked as Public Health Doctor, Researcher and Senior Researcher among others at Researcher Korea Health Promotion Foundation and the National Development of Institute of Korea Medicine.

Kohl Wiebke, Dr. med. (Germany)

From 2013 onwards, Wiebke Kohl has been working as a physician and researcher in the team of Prof. Gustav Dobos at the Department for Complementary and Integrative Medicine at Kliniken-Essen-Mitte, Germany, the leading hospital for complementary pain medicine in Germany. As an expert for complementary pain medicine, Wiebke Kohl has special expertise in neural therapy, traditional western herbal therapy, traditional Chinese medicine and manual therapy. She has been invited as lecturer on the topics of complementary and integrative pain medicine on several occasions.

Kong Jiang-Ti, MD (USA)

Jiang-Ti Kong specializes in the treatment of chronic pain syndromes with expertise in the clinical management and scientific investigation of low back pain and fibromyalgia. In addition to teaching and practicing conventional pain management, Dr. Kong also leads the acupuncture service at the Stanford Pain Management Center, offering effective treatment alternatives for patients suffering from chronic pain. Dr. Kong has developed a strong interest in the interdisciplinary study of chronic pain mechanisms and alternative treatment modalities such as acupuncture. She currently leads two NIH-funded projects investigating the mechanisms of electro-acupuncture for the treatment of chronic low back pain.

Kovalenko Olga, DMSc PhD MD (Ukraine)

Olga Kovalenko holds a medical degree as well as a degree in psychology. She is now professor at the Department of Family Medicine and Outpatient Care at the P.L.Shupyk National Medical Academy of Postgraduate Education as well as senior scientific consultant at the Scientific and Practical Center of Preventive and Clinical Medicine in Kiev.

Kretschmann Dorothea Eleonore, cand. med. (Germany)

Mrs. Dorothea Kretschmann is a medical student at the TU Dresden. The study that she is going to present forms part of her doctoral thesis performed by the ENT department of the University Hospital in Dresden.

Langhorst Jost, Prof. Dr. med. (Germany)

Jost Langhorst is director of the Center for Integrative Gastroenterology & Program Director CAM in Medical Guidelines at the Department of Internal and Integrative Medicine, Kliniken Essen-Mitte, University of Duisburg-Essen. Besides his clinical and research activities in gastroenterology, herbal medicine, acupuncture, naturopathy and neural therapy, he is dedicated to foster the acknowledgement of evidence for CAM therapies in medical guidelines.

Lao Lixing, Prof. PhD (Hongkong)

Lixing Lao currently holds a Vivian Taam Wong Endowed

Professorship for Integrative Medicine and serves as director of the School of Chinese Medicine at the University of Hong Kong. He is also an adjunct professor of family medicine and the director of the TCM Research Program in the Center for Integrative Medicine of the School of Medicine, University of Maryland, Baltimore (UMB), USA. He has practiced acupuncture and Chinese herbal medicine for over 30 years. He is investigator of over 20 clinical trials and pre-clinical studies funded by the National Institutes of Health (NIH) and by the Department of Defense, USA. He is currently serving as advisory board member of the Society for Acupuncture Research (SAR) as elected vice president of the World Federation of Acupuncture and Moxibustion Societies (WFAS) and an appointed Secretary General of the Consortium for Globalization of CM (CGCM). He was recently awarded the Qi-Huang International Award by China Association of Chinese Medicine and has published over 200 peer-reviewed scientific papers and over 10 book chapters.

Lee Bong Hyo, PhD (South Korea)

Bong Hyo Lee is doctor and researcher of Korean medicine. In 2006, he received his PhD (on Acupuncture and Meridians) at Daegu Haany University. He serves as an investigator of a Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education.

Lee Hyun-Joon, PhD (South Korea)

Hyun-Joon Lee is member of the Medical Committee Korean Volleyball Association, Team doctor of the Korean Volleyball National Team and Financial Director Society of Sports Korean Medicine

Lee Myeong Soo, Prof. PhD (South Korea)

Myeong Soo Lee is a principal researcher of the Korea Institute of Oriental Medicine (KIOM), Daejeon, South Korea. He received his PhD from the Professional Graduate School of Oriental Medicine, Wonkwang University, Korea. He studied evidence based medicine for complementary medicine at Complementary Medicine, Peninsula Medical School for 3 years as visiting researcher. He is adjunct professors of London South Bank University, UK and Tianjin University of Traditional Chinese.

Lee Seunghoon, KMD PhD (South Korea)

Seunghoon Lee is clinical associate professor at the Department of Acupuncture and Moxibustion, Kyung Hee University Korean Medical Hospital, Seoul, South Korea. He is co-author of different high quality studies on acupuncture and moxibustion published in peer review journals.

Liertzer Helmut, Dr. med. (Austria)

Helmut Liertzer is specialized in orthopedics and served as Head of the Department for Orthopaedic Pain Therapy (Herz Jesu Hospital, Vienna) from 1994 – 2007. He had multiple functions in acupuncture and neuraltherapy (1992 - 1994 President of ICMART, 2010 – 2012 Vice President of ICMART, since 2011 President of the ÖNÖ, Austrian Society for Neural Therapy). He is laureate of the Alfred Pischinger Scientific Award and he organized three ICMART world congresses.

Linde Klaus, Prof. Dr. med. (Germany)

Klaus Linde is a physician and epidemiologist. He is research coordinator at the Institute of General Practice, Technische Universität München. He has long-standing experience in meta-analyses, randomized trials, observational studies and surveys in complementary and alternative therapies, and in general practice. He is amongst others, member of the Cochrane Collaboration and the Acupuncture Trialists Collaboration (ATC) and has published highly cited key papers in acupuncture research, CAM and methodology. In recent years, he has developed an interest in qualitative methods and in the social and professional background of medical decisions in situations when no single correct solution is available.

Lozano Francisco, Prof. Dr. (Mexico)

Francisco Lozano is a Professor of Traditional Chinese Medicine, Acupuncture and Moxibustion at the National Polytechnic Institute's School of Medicine and Homeopathy in Mexico City. He has more than 35 years of experience in the study, research and education of acupuncture in TCM and acupuncture. He studied Chinese medicine in China at Beijing University of Chinese Medicine and in Japan at Osaka Medical College's Pain Clinic & Oriental Medicine department, from 1981 to 1987. He is the current president of the Mexican College of Acupuncture (COMAH) and also of the Iberic-Latin American Federation of Medical Acupuncture Societies (FILASMA). He was the Co-Chair of the First ICMART-FILASMA World Medical Acupuncture Congress, that took place in Mexico City, in 2017.

Luxenburger Hedi, MD (Germany)

Hedi Luxenburger is an anaesthesiologist, specialized in pain therapy. She has been serving as a member of the faculty German Medical Acupuncture Association (DÄGfA) since 1994 and as a board member of DÄGfA (Treasurer, International Relations). She is Vice President of ICMART and represents acupuncture within CAMDOC and EUROCAM at the European Union in Brussels. Hedi Luxenburger is Chair of ICMART European chapter and co-chair of the ICMART-ISAMS 2018.

Luzina-Chju Lili, MD (Russian Federation)

Lili Luzina-Chju is General Director and Senior Doctor of the center for Chinese medicine "Sin-Ya-Chju". She graduated from the Conservatory and the Medical Academy and has achieved a PhD from the Russian Federal State Research Center for Recovery Medicine. She has 110 publications and more than 20 years of professional experience in acupuncture.

Marić Sonja, MA (Germany)

Sonja Marić is one of the few experts in Tibetan medicine in Europe. She has studied Tibetan medicine extensively since 1995 as the personal student of Dr. P.Y.Arya T.Sherpa. For the past 25 years, she has implemented and lectured post-graduate courses in Tibetan Medicine for MDs at the Institut für Ost-West Medizin, in cooperation with the DÄGfA. She initiated the '1st Symposium Comparative Asian Medicine' at the University Mainz. She is an active member of the European Working group for Tibetan medicine and lectures

internationally on Tibetan medicine, Buddhist psychology and mind-body medicine.

Martin Marc, MD (France)

Marc Martin is a medical doctor and acupuncturist. He serves as director of acupuncture at the Diu Acupuncture Obstetricale and Diu Initiation Acupuncture Medical of the faculty of medicine in Rouen, France. In addition, he is president of the FAFORMEC (French Acupuncture For Research and Medical Care).

Mazzanti Umberto, MD (Italy)

Umberto Mazzanti is MD, Acupuncturist, and Osteopath DO MROI. He serves as Vice President of AMAB (Association of Medical Acupuncturists of Bologna), Vice Director of AMAB - Italian-Chinese Acupuncture School, Board Member of FISA (Italian Federation of Acupuncture Societies), General Secretary of PEFOTS (Pan European Federation of TCM Societies) and Member of the Council Board of WFCMS (World Federation of Chinese Medicine Societies).

Meyer Anita, Dr. med. (Switzerland)

Dr. med. Anita Meyer has specialized in internal medicine and serves as president of the Association of Medical Acupuncture Societies (Assoziation Schweizer Ärztgesellschaften für Akupunktur und Chinesische Medizin, ASA)

Mietzner Anna, Dr. med. (Germany)

Dr. Anna Mietzner, MD is specialized in TCM. Her main focus is on Chinese Herbal Medicine, Acupuncture and Qigong. She has practiced Qigong since 1988 and completed Zen education from 1996 to 1999. In addition she is being continuously educated by Nei Yang Gong by Liu Ya Fei since 1999. Dr. Mietzner cooperates with the Charite University, Berlin in research projects. As a Co-lecturer and organizer of the Medical Qigong Education with Liu Ya Fei since 2006, she translates from Chinese into German. Dr. Mietzner serves as member of DÄGfA faculty in Chinese Herbal Medicine and Qigong since 2002.

Minguell Martin Francesc, Vet. Dr. (Spain)

Francesc Minguell has graduate in Veterinary Medicine, in Zaragoza University (Spain) in 1982 and qualified Acupuncturist in Barcelona in 1996. Has been working since 1982 in Small Animal's Veterinary Clinic. Currently is Managing Director of "Sabavet, SL", Veterinary reference clinic in Acupuncture and Natural Medicine, in Sabadell (Barcelona, Spain). He is also Professor at Veterinary University in Barcelona, Bogotá and México and lecturer in France, Italy, Belgium, Bulgaria, Greece, Portugal, Brazil, Colombia, Mexico and Spain.

Moldenhauer Sonja, Dr. med. (Germany)

Sonja Moldenhauer obtained two medical degrees; in Germany at the Friedrich-Alexander University in Erlangen-Nürnberg and in the United States at the Harvard Medical School in Boston. She is a certified acupuncturist and was trained in Chinese medicine at the Beijing Union Hospital, the German Medical Acupuncture Association, as well as in Doctor Shu-Miao Moldenhauer's Office for Acupuncture in Erlangen. As of 2004 Sonja Moldenhauer has been focusing on acupuncture in spinal cord injuries.

Jürgen Mücher, MD (Germany)

Jürgen Mücher is a family physician specialized in naturopathy and acupuncture. Since 1979 he has been teaching Chinese and Japanese medicine (also in the USA and in China). Since 1992 he has been lecturing at the DÄGfA, where he implemented a special education on Chinese Herbal Medicine. He is co-author of several standard readings e.g. on Chinese medicine, pain medicine, orthopedics and psychiatry. He is also active as a psychotherapist and trainer for bioenergetics-analytical psychotherapy.

Muraközy Henriette, Dr. med. (Germany)

Henriette Muraközy obtained her medical degree in Budapest and has been practising Germany since 1988. Since 2006 she has been medical chief of the Rheuma-Klinik Dr. Lauen in Bad Oeynhausen. She is specialized in internal medicine, rheumatology, emergency medicine, allergology, physiotherapy and acupuncture. Mrs. Muraközy also holds a diploma in philosophy.

Musil Richard, Dr. med. (Germany)

Richard Musil is currently consultant in psychiatry at the department of Psychiatry and Psychotherapy of the LMU Munich. He is responsible for a specialist ward for patients with borderline-personality disorder and bipolar disorders. He is head of the Tourette-outpatient department. His main research interests are identification of factors related with weight gain of psychotropic medication, pharmacogenetics and clinical studies in Tourette-syndrome. He is specialized in acupuncture.

Napadow Vitaly, PhD Lac (USA)

Vitaly Napadow is Associate Professor at Martinos Center for Biomedical Imaging at Massachusetts General Hospital and Director of the Center for Integrative Pain Neuroimaging (Ci-PNI), Harvard Medical School, Boston, MA, USA. He practices acupuncture at the Pain Management Center at Brigham and Women's Hospital and serves as co-President of the Society for Acupuncture Research. He received his Ph.D. in biomedical engineering from the Harvard-MIT Health Sciences and Technology program and a Masters in Acupuncture from the New England School of Acupuncture (NESA), after which he completed an acupuncture internship at Wan Jing Hospital and Beijing Hospital of TCM in Beijing, China. Dr. Napadow has co-authored more than 120 publications in leading peer-reviewed journals, many of them contributing to acupuncture neuroimaging research.

Nazlikul Hüseyin, Prof. Dr. med. (Turkey)

Hüseyin Nazlikul is a founding member and president of the Turkish Academic Neural Therapy Society (BNR) and of the Turkish Scientific and Regulation of Complementary Medicine Association (BTR). He serves as vice president of the IF-MANT (International Federation of Medical Associations of Neural Therapy e.V.), as president of the Academic Medical Acupuncture Society (BAR) and as a member of the enlarged board of the International Society of neural therapy and regulation medicine (IGNH). Hüseyin Nazlikul has been taught by outstanding experts in Europe over decades and has become himself a pioneer and expert in neural therapy, acupuncture and CAM.

Nepp Johannes, Prof. Dr. med. (Austria)

Johannes Nepp is Senior Physician at the Eye Clinic at the Medical University of Vienna and head of the outpatient clinic for dry-eye syndrome. He serves as board member of the Austrian Association of Acupuncture (ÖGA), the European Society of Dakryology (EAD), and the Austrian Society for Psychosomatics in Ophthalmology (ÖGPA). He is also guest lecturer for the German Medical Acupuncture Association (DÄGfA). His intensive research activities mainly focus on the use of acupuncture in ophthalmology.

Nicolai Ton, Dr. MD (The Netherlands)

Ton Nicolai is the spokesman of EUROCAM in Brussels, which unites umbrella organizations of patients, physicians, veterinarians and practitioners in the European CAM sector. Ton Nicolai practiced as a GP in Rotterdam, the Netherlands for 11 years. After having studied several CAM modalities, he quit his work as a GP and worked as a homeopathic consultant for over 30 years. He was one of the founders of the European Committee for Homeopathy ECH, worked as its political coordinator, Secretary and finally President (2000-2012). For his international work he was appointed Companion of the Order of Orange-Nassau by the Queen of the Netherlands and he received several other awards.

Ogal Hans-Peter, Dr. med. (Switzerland)

Hans-Peter Ogal is specialized in Anaesthesiology, Pain Therapy, Interventional Pain Therapy and Acupuncture(TCM). He has been lecturer at the University of Marburg, Germany. He currently works as a resident at Paramed Clinic in Baar, Switzerland. Hans Ogal is a renowned teacher for acupuncture, naturopathy and pain therapy invited by national and international associations. He is also member of the DÄGfA Faculty. He has published various textbooks on integrative pain therapy, body and ear acupuncture and Yamamoto New Scalp Acupuncture (YNSA). Hans Ogal is a close confidant and student of T. Yamamoto.

Ogal Mercedes, Dr. med. (Switzerland)

Mercedes Ogal is working as a specialized integrative pediatrician since 14 years in a pediatric medical practice in Central Switzerland. She developed her deep knowledge in complementary medicine since 1991 in acupuncture, homeopathy, phytotherapy, medical hypnosis and orthomolecular medicine and owns certificates in acupuncture and traditional Chinese medicine, medical hypnosis and psychosomatic and psychosocial medicine. Furthermore, she is the author of publications and speaker on various conferences.

Oei-Tan Chun-Lee, Dr. MD PhD (The Netherlands)

Chun-Lee Oei-Tan is Director of the Acupuncture Center Clinic in Bunnik/NL since 1977. She has been serving as President of the Dutch Acupuncture Society for Medical Doctors, NAAV since 2005. For continuous efforts in promoting the application of acupuncture in health care in the Netherlands and abroad, as an outstanding acupuncture TCM-specialist and as a recognized medical doctor in the scientific community and in patient care, she knighted „Officer in the Order of Oranje-Nassau“ at the Opening of the international

World Congress of Chinese Medicine WCCM amidst 850 participants in the Hague in October 2010. She is ICMART Vice president.

Ong Too, MD (Malaysia)

Too Ong is consulting family physician in Malaysia and honorary fellow of the Institute for the Study and Treatment of Pain in Vancouver Canada. As an experienced instructor and practitioner for Gunn IMS he founded the Chan Gunn Pain Center in Penang. As a researcher his main focus is also Gunn IMS.

Osztovcics Johanna, Dr. (Austria)

Johanna Osztovcics has been working general practitioner in a teaching practice for Family Medicine in Vienna, Austria since 1990. She is a neurotherapist and instructor of the Austrian Society of Neural Therapy (ÖNR). Her focus is pain-management in acute and chronic cases. She developed the procedure of TPCI together with Dr. Kurt Gold- Szklarski, also member and teacher of the Austrian Society of Neural Therapy (ÖNR).

Ots Thomas, Dr. med. Dr. phil. (Austria)

Tom Ots is lecturer for Traditional Chinese Medicine at the Medical University in Graz and Editor-in-chief of the German Journal of Acupuncture and Related Techniques (Deutsche Zeitschrift für Akupunktur). He has studied acupuncture during extensive journeys throughout China and can look back on decades of clinical experience. Mr. Ots has also been a research fellow at the Harvard Medical School, Dept. of Social Medicine and Health Policy, USA and has held two professorships in Flensburg and Zittau/Görlitz, Germany.

Ozerkan Kemal Nuri, Prof. Dr. med. PhD (Turkey)

Kemal Ozerkan graduated from Istanbul University, Cerrahpasa Medical Faculty. He completed his PhD thesis about „Effect of Acupuncture on Low Back Pain“. In 1992 he participated in an acupuncture course in Beijing. He is a founding member of the Medical Hypnosis Association and Chairman of the Turkish Academic Acupuncture Society.

Panhofer Peter, Prof. Dr. med. (Austria)

Peter Panhofer has the professorship of Complementary Medicine and TCM at the Medical Faculty of the Sigmund Freud University in Vienna and is member of the Executive Board of the Austrian Society of Acupuncture (ÖGA: Österreichische Gesellschaft für Akupunktur). Furthermore, he is a bariatric surgeon in the first IFSO-certified (IFSO: International Federation for the Surgery of Obesity and Metabolic Disorders) Center at the Hospital Göttlicher Heiland in Vienna.

Pelletier-Lambert Annabelle (France)

Annabelle Pelletier-Lambert is a specialist in midwifery acupuncture at La Garde Enseignante au Diu Acupuncture Obstetricale at the medical faculty of medicine in Bobigny, France. She currently serves as vice-president of the Conseil Départemental de l'Ordre des sages-Femmes du Var, France.

Piehler Petja, Dr. med. (Austria)

Medical director of the Community Hospital Wasserburg am Inn and chief consultant of the Department for Internal Me-

dicine; specialist for internal medicine, gastroenterology, diabetology, geriatrics, integrative pain therapy, neural therapy and acupuncture; lecturer for the Austrian Neural Therapy Society since 2006; ICMART and IFMANT board member and treasurer

Pimentel-Parades Janet P., MA (The Philippines)

Janet Pimentel Paredes holds a master degree in guidance and counseling. Since 30 years she has been involved in development work, coordination, management and implementation of acupuncture and TCM, among others as counseling supervisor, at the RMT Center for Family Ministry, Ateneo University, Manila.

Poini Alessandra, MD (Italy)

Alessandra Poini graduated in medicine and surgery at the University of Bologna in 2011. She is doctor of general medicine and teacher for A.M.A.B. (Associazione Medici Agopuntori Bolognesi). Alessandra Poini also serves as counselor for the Italian Federation of Acupuncture Societies (F.I.S.A). She is also member of the Working Committee of Promoting the Regulation of Chinese Medicine of the WFCMS-World Federation of Chinese Medicine Societies. As a researcher (2014-2017) she performed a.o. the Marie Curie funded project "CHETCH-China and Europe taking care of healthcare solutions".

Pollmann Antonius, Dr. med. (Germany)

Antonius Pollmann has been practicing acupuncture for more than 30 years. He teaches as a faculty member of DÄGfA and at the Hamburg Medical Association and at the University of Hamburg. He served as a board member of Hartmannbund and DÄGfA and as president and honorary president of ZAEN (umbrella organisation of Naturopathy associations). He is author and publisher a.e. „Medical Acupuncture“.

Popat Siddhartha, Dr. med. MA (Germany)

Siddhartha Popat is a general practitioner and a specialist for diabetology, acupuncture, Chinese medicine, neuraltherapy and biological medicine in a private practice. He is president-elect of the German Society for Acupuncture and Neural Therapy (DGfAN) and former vice-president of the International Society of Biological Medicine (2006 -2013). He teaches naturopathy and general medicine at the University of Bonn and acupuncture and neuraltherapy for the DGfAN. He is ICMART board member and head of the ICMART education chapter.

Pothmann Raymund, Dr. med. (Germany)

Raymund Pothmann is a neuropediatrician, psychotherapist, pain therapist and specialist in pediatric palliative care. He has been working in a pediatric clinic and hospice in Hamburg and has been teaching integrative pediatric pain therapy including (laser-) acupuncture since 40 years. Raymund Pothmann is a longstanding member of the DÄGfA Faculty and has served as a DÄGfA board member as well. He initiated multiple research projects and scientific events among others Hallig Oland Seminars by Phoenix Team.

Qi Zhang, Dr. MD (Switzerland)

Zhang Qi is the head of Traditional and Complementary Medicine Unit (TCM) in the Department of Service Delivery and

Safety (SDS), at the headquarters of World Health Organization (WHO) in Geneva, Switzerland. He obtained a M.D. degree in the Medical School of Southeast University and further obtained a master's degree focusing on the combination of traditional Chinese medicine (TCM) and western medicine from the China Academy of Chinese Medical Sciences. He also received training in communication skills and WHO working procedures in WHO/WPRO, and received education in public health in the University of California, Los Angeles, USA. Before joining WHO, he was the Director-General of the International Cooperation Department of State Administration of Traditional Chinese Medicine, China. He used to be a doctor, a researcher and an officer in the governmental agency.

Raben Ralph, Dr. med. MD (Germany)

Ralph Raben is specialized in gynecology and obstetrics and has worked in a specialized practice for more than 30 years. Since 1997 he has been serving as president of the German section of National Acupuncture Detoxification Association.

Raith Wolfgang, PD Dr. med. (Austria)

Wolfgang Raith obtained his medical degree in Austria at the University of Graz. He works as a neonatologist at the Department of Pediatrics and Adolescent Medicine in Graz where he completed his habilitation at the Medical University of Graz with the subject laser-acupuncture in neonates. Wolfgang Raith is an acupuncturist certified by the Austrian Medical Association and serves as a board member of the NADA-Acupuncture Austria.

Ramme Bernd, Dr. med. (Germany)

Bernd Ramme is Specialist in general medicine with additional qualification in acupuncture. He has been serving as 1st Chairman of the German Society for Chronic Diseases (DGCE e. V.) since 2003. Since 2014 he has been serving as President of the German Academy of Acupuncture (DAA e.V.) and the professional association DAA-B e.

Reissenweber-Hewel Heidrun, Dr. med. PhD MA (Germany)

Heidrun Reissenweber-Hewel is specialized in internal medicine and gastroenterology at the University Hospital, LMU Munich. For many years she has been head of an outpatient clinic at the University Hospital, LMU Munich. She has also been a Humboldt Research Fellow for Kampo Medicine in Tokyo. Since 2011 she has been head of a private clinic for Japanese Medicine in Gräfelfing near Munich. She is associate lecturer at the Competence Centre for Complementary Medicine and Naturopathy at the Techn. University of Munich and is responsible for the Kampo Education at the German Medical Acupuncture Association (DÄGfA). She is a co-founder and since 2011 the president of the International Society for Japanese Kampo Medicine (ISJKM).

Reiter Thomas, Dr. med. (Germany)

Thomas Reiter is senior resident in the Department of Anaesthesiology, University Hospital, LMU Munich. He is specialized in anaesthesiology, pain medicine and acupuncture.

Reith Michael, Dr. med. (Germany)

Michael Reith is anesthesiologist and general practitioner and was a senior physician at University Hospital, LMU Munich. Since

2015 he works in private practice. Michael Reith is also qualified in pain medicine, emergency medicine, diving medicine and acupuncture (Meister der Akupunktur DÄGfA).

Reither Achim, Dr. med. (Germany)

Achim Reither is senior resident at the Department of Anaesthesiology, University Hospital, LMU Munich. He is specialized in anaesthesiology, intensive care, pain medicine and acupuncture.

Reljanovi Krunoslav, Mr. sc. (Croatia)

Krunoslav Reljanovič serves as president of the Croatian acupuncture association. He has trained in China and France and has long-lasting experiences in Auriculomedicine according to Nogier, using VAS and Frequency as a diagnostic tool.

Riehl Gerhard, Dr. med. (Germany)

Gerhard Riehl a specialist in general medicine, based in his own practice in Wilnsdorf. He is specialized in ear acupuncture and lecturer at the DÄGfA. He has described a micro-system on the upper and lower arm.

Robinson Nicola, Prof. PhD (UK)

Nicola Robinson is a Professor of Traditional Chinese Medicine (TCM) and Integrated Health at London South Bank University. She has a PhD in immunology and experience in health services research in London Medical Schools. She was registered as an acupuncturist in 1982 and awarded a Fellowship of the British Acupuncture Council in 2008. Nicola Robinson serves as Editor in Chief of the European Journal of Integrative Medicine (Elsevier) and has shown excellence in research as active researcher and PhD supervisor with research groups in China and Korea. Her research focuses on integrated health and widening patient choice.

Ryu Pan Dong, Prof. DVM PhD (South Korea)

Pan Dong has been serving as a Professor in Veterinary Pharmacology at Seoul National University since 1991. He is Editor of the Journal of Veterinary Science and the Journal of Acupuncture and Meridian Studies. He also served as Dean of College of Veterinary Medicine Seoul National University from 2011 to 2015. His research interest focuses on the pmo vascular system and its structure and function. Pandong Ryu is co-chair of ICMART-iSAMS 2018.

Saha Felix Joyonto, Dr. med. (Germany)

Felix Joyonto Saha is senior researcher at the Chair of Complementary and Integrative Medicine, Duisburg-Essen University. He serves as vice president of the DGfAN (German Society for Acupuncture and Neural Therapy), as a board member of the IFMANT (International Federation of Medical Associations of Neural Therapy) and as a president of the AFGIM (Academic society of Indian medicine). He is specialized in general medicine, physical medicine and rehabilitation and has achieved additional qualifications in acupuncture, naturopathy, homeopathy and chiropractic.

Santana Antonio Carlos, MSc, MD (Brazil)

Antonio Carlos Santana is a general practitioner, TCM Practitioner and researcher. He practices medical acupuncture for in and out patient care at the Hospital Estadual Bauru. His

independent research focuses on nonlinear measures (fractal geometry, quantum physics, complexity and chaos theory) as well as data basis and software development for medically related nonlinear measures.

Saputra Kosnadi, Prof. MD (Indonesia)

Kosnadi Saputra is senior researcher from the National Institute of Health of Republic Indonesia in Acupuncture Research Laboratory in Health Services and Research Professor from Indonesian Institute of Sciences in acupuncture. He is member of the Indonesian Pain Society, Indonesia Cancer Society, ASEAN Radiology society, Asia Pacific Cancer Society and International Society of Bio Electromagnetism, Academic Working Committee WFAS.

Sautreuil Patrick, MD (France)

Patrick Sautreuil is a specialist in Physical Medicine and Rehabilitation at the Rehabilitation Department, Salpêtrière Hospital, AP-HP, Paris, France. He is a board member of ICMART and of the „Association Scientifique des Médecins Acupuncteurs de France“ (ASMAF). He represents the „Fédération des Acupuncteurs pour leur Formation Médicale Continue“ and serves as Chief Editor of the French revue „Acupuncture & Moxibustion“.

Schaible Hans-Georg, Prof. Dr. med. (Germany)

Hans-Georg Schaible is Professor and Chairman of the Institute of Physiology/Neurophysiology at the University Hospital Jena. He has published groundbreaking studies on the physiology of pain, on inflammation and osteoarthritis pain and the functions of the autonomic nervous systems. His work results in more than 150 medline indexed original publications and numerous chapters on the physiology of pain in standard textbooks e.g. Pain control published at Springer, 2015, which highlights key mechanisms of pain generation and pain chronification. Hans-Georg Schaible serves in addition as editor and reviewer of major journals in the field.

Schottdorf Jürgen, Dr. med. (Germany)

Dr. Jürgen Schottdorf is a general practitioner, working in his own clinic with physicians for osteopathic medicine. He is also an international lecturer, for example at the former Harvard medical school-course „Structural Acupuncture“ and for DÄGfA. Furthermore, he focuses on Palpation based Japanese acupuncture of Kiiko Matsumoto and David Euler, YNSA and ear acupuncture according to Nadia Volf He was also a student of David Euler, Kiiko Matsumoto, Dr. Toshikatsu Yamamoto, Prof. Nadia Volf, Dan Bensky.

Schulz Gesine (Germany)

Gesine Schultz was born in Germany, but went to school in Germany, the US and India. After completing the IB, she took a paramedics course and started medical school at the University of Greifswald. Since 2015 she works as a research assistant at the Department of Anesthesiology, University Greifswald mainly focusing on acupuncture related studies while completing her medical education.

Shelev Krassimir, Dr. med. (Switzerland)

Krasimir Shelev is a consultant for anaesthesiology, Master of Science in Interdisciplinary Pain Medicine, Master of Acu-

puncture (DÄGfA), and Acupuncture in TCM (ASA). Today he runs a pain clinic in Kreuzlingen, is an attending physician and works in the biomedical department at Swiss Biohealth Clinic, Switzerland.

Siedentopp Uwe, Dr. med. (Germany)

Uwe Siedentopp is a doctor of naturopathy, acupuncture and Chinese medicine as well as nutritionist. He works in a private practice with a focus on naturopathy, integrative nutritional medicine, dietetics and Chinese medicine. Uwe Siedentopp is DÄGfA lecturer for acupuncture and TCM, Western nutritional medicine and Chinese dietetics. He is also head of the dietetics section of the German Journal of Acupuncture & Related Techniques (DZA) and has published numerous scientific articles and textbooks.

Simma Irmgard, Dr. med. (Austria)

Irmgard Simma from Bregenz, Austria is specialized in holistic dentistry including oral acupuncture acc. to Gleditsch. She is a lecturer at the Clinic for Medical and Dental Medicine and Oral Health, University of Graz, Austria and organizer of different courses and congresses e.g. the famous “Festspielgespräche“ at Bregenz. She has performed different studies on acupuncture in TMJ and has been awarded for her scientific work (e.g. Slavicek, ICMART, Bischof Award)

Stamer Nicolás (Germany)

Nicolás Stamer is a specialist for orthopaedics and traumatology and works in a private practice since 2014. He also practices chirotherapy and holds a diploma in osteopathy of the German Acupuncture Academy (DAA e.V.). In addition, he is neural therapy master and instructor for the German Association of Acupuncture and Neural Therapy (DGfAN e.V.).

Schierl Sabine MD (Germany)

Sabine Schierl is specialized in pediatrics and acupuncture. She serves as head of the education center in cooperation with Klaus Trinczek and she is board member of the German Medical Acupuncture Association (DÄGfA). She has been practicing acupuncture since 1989 and is also specialized in Qi gong and Chinese dietetics. She has been serving as DÄGfA faculty since 2000. She was taught in acupuncture at the Chengdu University of TCM and at the Guangxi College TCM in Nanning, China

Stephan Jean-Marc, Dr. (France)

Marc Stephan is an officer at ASMAF-EFA (association scientifique des médecins acupuncteurs de France-Ecole française d'acupuncture) and at FA.FOR.MEC (fédération des acupuncteurs pour leur formation médicale). He is coordinator of the “Obstetric & Acupuncture Diploma“, Faculty of Medicine, Lille University 2, France. He also takes responsibility for the education in acupuncture at the Faculty of Medicine at Rouen, serves as president of SNMAF (Syndicat National des Médecins Acupuncteurs Français) and is editor of the Journal Acupuncture & Moxibustion.

Stockert Karin, Dr. MD (Austria)

Karin Stockert serves as President of the Austrian Society of Acupuncture (ÖGA). She has been serving as board mem-

ber of ÖGA since 1995. She was taught in TCM in Tian jin, Beijing and Chengdu. She is lecturer at the medical university at Graz and Vienna. She has performed different research projects and has published scientific articles.

Stör Johanna, Dr. med. (Germany)

Johann Stör is a specialist for obstetrics, gynecology and acupuncture. She studied medicine in Germany, Australia and Italy and completed her doctor thesis on the effects of acupuncture on sensory perception at the Ludwig-Maximilians University Munich. For her specialist training she worked in three hospitals in Berlin: St. Joseph Hospital Tempelhof, DRK Hospital Westend and Fera Clinic. Since 2003 she has been part of the teaching team of the German Medical Acupuncture Association (DÄGfA).

Stör Wolfram, Dr. med. (Germany)

Wolfram Stör teaches acupuncture and TCM for 30 years in several academic settings. He is lecturer of acupuncture and family medicine at the University Hospital LMU Munich. He integrates CAM into his practice at his private family clinic which he has run since 1984. He has worked for German Medical Acupuncture Association (DÄGfA) in several positions, recently as the society's president (2010 to 2016).

Strittmatter Beate, Dr. med. (Germany)

Beate Strittmatter is a general practitioner and specialist for sports medicine, acupuncture and naturopathy. She works in private practice and through her longstanding clinical experience has brought important advances to the treatment of disturbance fields and to ear acupuncture. She is author of several textbook on these topics.

Stübinger Theresa, cand. med. vet. (Germany)

Theresa Stuebinger studied veterinary medicine at the LMU Munich and the Veterinary School of Lyon. Currently she is working on her doctoral thesis in collaboration with the Multidisciplinary Pain Centre (Department of Anaesthesiology) and the Clinic for Ruminants (Centre for Clinical Veterinary Medicine) of the LMU Munich.

Stux Gabriel, Dr. med. (Germany)

Gabriel Stux is the director of the German Acupuncture Society, which he founded in 1978. He has been teaching Chinese medicine and acupuncture for more than 40 years. Gabriel Stux is the author and co-author of standard text books on acupuncture and author of numerous articles on Chinese Medicine. The German 7th edition of “Acupuncture Textbook and Atlas“ and “Basics of Acupuncture“ have been published by Springer Verlag. Gabriel Stux has developed new methods to use acupuncture and energy medicine healing more effectively, these methods include: Chakra Acupuncture, Organ Flow Qi gong Meditation, and Chakra Meditation.

Takayma Shin, Prof. MD (Japan)

Shin Takayama works as associate professor at the Department of Education and Support for Regional Medicine, Department of Kampo Medicine, Tohoku University Hospital. He is activist at the Disaster Acupuncture, Moxibustion and Massage Relief Project (DAMMP).

Tehrani, Bahram, Dr. (Germany)

Bahram Tehrani, born 1965, attended Medical School at Hamburg, specialized in General Medicine and Natural Treatments in Switzerland and Germany. Since 1998 he is clinically active in his private practice in Hamburg. Bahram Tehrani is assessor and instructor for Acupuncture at the Hamburg Medical Association as well as instructor for Acupuncture and TCM at the SMS. In 2018 he was appointed as Professor for the new Master Studies by the International College of the TCM University Shanghai.

Tesfaye Million, PhD student (Ethiopia)

Million Tesfaye is a lecturer and clinician at the Department of Anesthesiology at the Jimma University, Jimma with nearly 10 years of experience. He has been responsible for teaching various anesthesia related courses to undergraduate medical, nursing and anesthesia students since 2008. As of 2017 he is responsible for research advising and teaching of post-graduate anesthesia students. Currently he is finishing his PhD thesis at Center for International Health at the Ludwig-Maximilians-Universität in Munich, Germany.

Theodoratou Konstantina, MD MSc (Greece)

Konstantina Theodoratou currently serves as president of ICMART (International Council of Medical Acupuncture and Related Techniques) and SAMAG (Scientific Association of Medical Acupuncture in Greece). She is the scientific coordinator of the Interdisciplinary Acupuncture Symposium, Athens, related in research matters to the Academy of Athens Biomedica and related to teaching to the Greek Institutes of Medical Acupuncture. She has also specialized in medical psychology, addiction counseling, health coaching, clinical diet, neuroscience and psychological diseases. Now she works in a private clinic in Athens. She frequently participates in research, mostly concerning behavior patterns in relation to acupuncture.

Torres Rosas Raffael, MD, PhD (Brazil)

Raffael Torres Rosas works as researcher at the Universidad Autónoma „Benito Juárez“ de Oaxaca UABJO, Mexico. His research focuses on the anti-inflammatory potential of acupuncture to control local and systemic inflammation, infectious diseases and inflammatory disorders including modulation of systemic inflammatory responses in sepsis. He has published in highly ranked journals as Nature Medicine, PLOS One and Trends in Molecular Medicine.

Trinczek Klaus, Dr. med. (Germany)

Klaus Trinczek serves as head of the education center in cooperation with Sabine Schierl and he is board member of the German Medical Acupuncture Association (DÄGfA). He is specialized in general medicine, chiropractic, acupuncture and Naturopathy and has been working in a private practice within the German health system since 1986. He has been lecturer for acupuncture and complementary medicine at the University Erlangen since 2007. He is member of the DÄGfA faculty and has been presented with the Jochen Gleditsch Award for the implementation of the DÄGfA Summerschool for students.

Truong Tan Trung Henri Yves, MD (France)

Henri Yves Tuong Tan Trung is experienced medical acu-

puncturists and serves as chairman French College of Acupuncture (Academic Society) and coordinator of guidelines „Acupuncture in Onco-Hematology“ for the French Speaking Association for Supportive Care in Cancer (AFSOS) 2015. He is member of FAFORMEC (French Acupuncture Federation For Research and Medical Care).

Unschuld Paul U., Prof. (Germany)

Prof. Paul U. Unschuld, MPH, is Director of the Institute for Chinese Life Sciences founded in 2006 in the Center for Human and Health Sciences of the Charité-Universitätsmedizin Berlin. From 1986 to 2006 he was a member of the board of the Institute for the History of Medicine at the Ludwig-Maximilians-Universität München. He studied Pharmacy, Sinology and Political Science (Dr.phil.) in Munich, earned a Master of Public Health (MPH) at Johns Hopkins University in Baltimore, USA, and received the *venia legendi* in History of Pharmacy from Phillips University of Marburg/Lahn and in Sinology (Dr. phil. Habil.) and History of Medicine (Dr. med. Habil.) at the LMU Munich. He has published numerous books and essays on the history of medicine in China and Europe, as well as on political topics.

Ural Fatma Gülçin, Ass. Prof. MD (Turkey)

Fatma Gülçin Ural is assistant professor at the Physical Medicine and Rehabilitation Department at the Medical School of the Yildirim Beyazit University in Ankara. She is specialized in physical medicine and rehabilitation. Her research focuses on neural therapy and acupuncture.

Usichenko Taras, Prof. Dr. med. (Germany)

Taras Usichenko is staff anesthesiologist and professor of anesthesiology at the University Medicine of Greifswald/Germany and professor at the Department of Anesthesia at the McMaster University in Canada. His research interests include the perioperative use and analgesic mechanisms of acupuncture. He has published key studies including reviews on perioperative analgesia in different indications.

Volf Nadia, Dr. MD PhD (France)

Nadia Volf is the Founder and Head of the Scientific Acupuncture Curriculum at the Paris XI University Medical School. Dr Nadia Volf is an acupuncturist with over 40 years of experience and neurophysiologist who uses modern scientific knowledge to explain and improve the effects of acupuncture. She has developed a method, called „Auricular Causative Diagnosis“, a scientifically proven diagnostic tool to discover and treat the deep internal causes of disease, and not just its symptoms. Dr Nadia Volf has published 13 books, translated in 12 languages, as well as a number of articles in scientific journals. She teaches worldwide, and has regularly been invited to share her unique method at Harvard Medical School.

Wander Reiner, MR Dr. med. (Germany)

Rainer Wander is practicing in general medicine since 1965. He is specialized naturopathy, pain therapy, neural therapy, chiropractic, acupuncture, homeopathy and complex homeopathy. He is co-founder of the German Association of Acupuncture and Neuraltherapy (DGfAN – „Deutsche Gesellschaft für Akupunktur und Neuraltherapie e.V.“ www.dgfan.de) and

has been serving as President from 1999 to 2017 and honorary president since 2017. He is one of the most prominent neural therapists of East Germany. Since 1970 he has been course instructor for neural therapy and a popular lecturer nationwide and abroad for a multitude of naturopathic therapy methods. He is author of numerous publications nationwide and abroad and co-author of the following manuals: „Akupunktur“ (Richter/Becke), „Neuraltherapie, Lehrbuch und Atlas“ (Badke/Mudra), „Naturheilkundliche Untersuchungstechniken“ (Becke/Wagner/Wander).

Watanabe Kenji, Prof. MD, PhD, FACP (Japan)

Kenji Watanabe is one of the leading experts in Kampo Medicine. He is an active researcher with an international list of past and present affiliations. He specialized in internal medicine at the Department of Internal Medicine at the School of Medicine, Keio University from 1984 to 1990 and in immunology at the Department of Immunology at the Tokai University. From 1991-1995 he has worked and performed research at the Department of Genetics at the Stanford University, USA and from 1995 to 2001 at the Oriental Medicine Research Center, Kitasato Institute. 2001 he was appointed associate professor at the Center for Kampo Medicine and in 2013 professor at the Faculty of Environment and Information Studies at the School of Medicine, Keio University, Tokyo.

Wenus Erna, MD (USA)

Erna Wenus studied medicine and specialized as an anesthesiologist in Germany. For more than 20 years she has been working in her own acupuncture practice in the Silicon Valley and has been serving as an active member of Acupuncturists Without Borders.

Wiebrecht Axel, Dr. med. (Germany)

Axel Wiebrecht has been serving as director of the Center for Pharmacovigilance of German Speaking Countries (CTCA) since 2004. As a medical doctor, working in different hospital departments (internal medicine, surgery, naturopathy, and manual medicine) he is qualified in general medicine, naturopathy, and manual medicine. He was trained in acupuncture at DÄGfA (diploma A and B) and in Chinese herbal medicine at the AGTCM (Arbeitsgemeinschaft TCM). Currently he practices as a general practitioner in Berlin. Since 2004 Axel Wiebrecht has been chairperson of the CTCA. This work includes frequent trips to China for pharmacognosy as well as the scientific evaluation and publications on safety issues of Chinese herbal medicine.

Winkler Christina (France)

Christina Winkler is a practitioner of Chinese medicine and holds a World Certificate for Psychotherapy. She experienced private teaching from Master Sun in Beijing and is member of the French Federation for Traditional Chinese Medicine (FNMTTC).

Witt Claudia, Prof. Dr. med. MD MBA (Switzerland)

Claudia M. Witt, is trained as medical doctor, epidemiologist and research methodologist. Being a full professor at the University of Zurich she serves as Vice Dean for Interprofessionalism and as the Director of the Institute for Complementary

and Integrative Medicine at the University Hospital Zurich. In addition, she holds an appointment as Professor of Family and Community Medicine at the Center for Integrative Medicine, School of Medicine at the University of Maryland and leads a research group at the Institute for Social Medicine Epidemiology and Health Economics of the Charité - Universitätsmedizin Berlin.

Xing Yanwei, Prof. MD PhD (China)

Yanwei Xing is director of department of cardiology at Gung'anmen Hospital in Beijing and chief physician and research fellow at the China Academy of Chinese Medical Sciences, PR China. His area of interest is the applied basic research on the prevention and treatment of cardiovascular and brain diseases. He has published several high quality research projects in high ranked scientific journals.

Yamura Marcia, Dr. MD (Brazil)

Vice President of the Brazilian College of Medical Acupuncture (Colegio Medico Brasileiro de Acupuntura – CMBA), Co-Chief at the Traditional Chinese Medicine and Acupuncture Department of the Federal University of São Paulo (Universidade Federal de São Paulo - UNIFESP), Supervisor of the Residency Program of the Federal University of São Paulo (Universidade Federal de São Paulo - UNIFESP), Master Degree in Emotions (Mental Chi) and Acupuncture by Preventive Medicine Department of the Federal University of São Paulo (Universidade Federal de São Paulo - UNIFESP) Doctoral Degree in course, Scientific Director of São Paulo Medical College of Acupuncture (Colegio Medico de Acupuntura de São Paulo - CMAESP)

Yoo Hwaseung, Prof. MD, PhD (South Korea)

Dr. Hwaseung Yoo is a professor at the College of Korean Medicine at Daejeon University and a faculty staff member of EWCC at Daejeon University's Dunsan Korean Medical Hospital. Currently he serves as vice president of the Korean Association of Traditional Oncology and of the Korean Society of Integrative Oncology as well as director of the WBCT Integrative Oncology Research Center (WIORC) in Dunsan at the Korean Medicine Hospital of Daejeon University.

Yu Jun-Sang, Prof. KMD (South Korea)

Jun-Sang Yu graduated from the college of Korean medicine, Sangji University, Rep. of Korea and obtained a master's

and doctorate degree in the field of Korean Medicine. He has worked for the Korean Pharmacopuncture Institute (as the academic member of KPI). Now he is also working as the president of the society of Sasang Constitutional medicine and is vice president of the KPI in aggregate cooperation.

Zhang Jianbian, Prof. MD (China)

Zhang Jianbian, Medical Doctor, is the Professor and the instructor of master and PHD students in Nanjing University of Chinese Medicine. He has extensive clinical, teaching and research experience in the domain of acupuncture in Nanjing University of Chinese Medicine since 2006. He was promoted to Associate Professor and Professor in 2008 and 2015 respectively, and was appointed as Assistant Dean of the 2nd Clinical College and the 2nd affiliated hospital in Nanjing University of Chinese Medicine in 2008 and 2015 respectively. He is also a member in the education committee of the China Association of Acupuncture and Moxibustion and reviewer of the magazine "Chinese Acupuncture and Moxibustion". He has completed 15 researches supported by grants offered by different levels and has published 130+ papers and 12 textbooks. He has conducted intensive and systematic researches in the area of stroke, insomnia and depression and is a specialist in treating painful diseases, hypertension, diabetes, and hyperlipidemia.

Zwinczewska Helena, MD (Poland)

Dr. Helena Zwinczewska obtained a medical degree in Jagiellonian University, Krakow. Since 2016 she is a Vice-President of Polish Traditional Chinese Medicine Association. She has started her adventure with TCM over 10 years ago and completed a 1,5-year program in Compleo, Katowice. Since then she studies in Poland and abroad and has taken part in scientific conferences, and do internships in Israel, Germany, China.

Zwinczewska Wiktoria, MD (Poland)

As an ophthalmologist with over 30 years in clinical practice Mrs. Wiktoria Zwinczewska combines Western medicine, Chinese medicine and hirudology. Her main focus is degenerative eye diseases and vascular diseases.

Zwißler Bernhard, Prof. Dr. med. (Germany)

Bernhard Zwißler is director of the Department of Anaesthesiology at the University Hospital, LMU Munich.



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